

September 2025
Assisted Living Activities



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div>2238 Cecil Ashburn Dr SE Huntsville, AL 35802 (256) 429-3008</div> <div>Resident Birthdays</div> <div><div>Doria C.9/6</div><div>Ramona L.9/6</div><div>Peggy D.9/6</div><div>Maxine S.9/15</div><div>Sylvia B.9/16</div></div>	<div><div>Location Keys:</div><div>Activities Center: AC</div><div>Club Room: CR</div><div>Dining Room: DR</div><div>Movie Theater: MT</div></div>	<div><div>#worldletterwritingday</div><div>Labor Day</div><div>9:30👉🏻Stretch It Out!: Exercise- AC</div><div>10:30🎲Let's Play Bingo!- AC</div><div>11:00🎵Music Performance with Morgan- DR</div><div>1:30🎵Name That TUNE!- AC</div><div>2:30🎵Write a letter to your Past Self!- AC</div><div>3:00🎲Mocktail Monday! + Labor Day History-CR</div><div>3:30👉🏻Frisbee- CR</div></div> <div>1</div>	<div><div>9:30👉🏻RESTORE Balance with Bobby for bucks- AC</div><div>10:30🎵Lets Go to Scotland!: Edinburgh Castle- AC</div><div>1:30💡Scrabble- AC</div><div>2:30🎵Decorate your Door for Fall! (winner will be announced at the end of the month)-AC</div><div>3:00🎲Movie Matinee and popcorn- MT</div></div> <div>2</div>	<div><div>9:30💡Bird Watching Club!- AC</div><div>10:30👉🏻Fitness FUN!- AC</div><div>11:00💡Trivia Talk!- AC</div><div>1:30🎵ART CLUB: Arts and Crafts movement in Scotland 1880s-1920s- AC</div><div>2:30💡Mad Libs!- CR</div><div>3:30🎲Wine Time!-CR</div></div> <div>3</div>	<div><div>9:30👉🏻Primetime Fitness!- AC</div><div>10:00🎵Music Therapy: The Everly Brothers-AC</div><div>11:00🕍Bible Study with David Dye- DR</div><div>1:30💡Today in History-AC</div><div>2:00💡Study the States: Montana- AC</div><div>3:00🎲Pamper Yourself!: Nail Spa- AC</div></div> <div>4</div>	<div><div>9:30👉🏻Vibrant Moves!: Exercise- AC</div><div>10:00👉🏻Walk and Talk!- AC</div><div>10:30🎲Let's Play Bingo!- AC</div><div>1:30💡Bridge Club- AC</div><div>1:30💡Dominoes Club!- AC</div><div>3:00💡Food Trivia- AC</div><div>3:30💡Fun Fact Friday- AC</div></div> <div>5</div>	<div><div>#Readabookday</div><div>9:30👉🏻Community Walk with Friends</div><div>10:30💡Brain Teasers</div><div>11:00🎵Music Throwback!</div><div>1:30🎲Puzzle with Friends</div><div>2:00🎲Movie and Popcorn</div></div> <div>6</div>						
	<div><div>#nationalgrandparentsday</div><div>9:30🕍Worship and Hymn Singalong</div><div>10:00🕍Virtual Church Service</div><div>11:00🎵Card Making for Grandchildren!</div><div>1:30💡Bible Trivia</div><div>2:00🎲Tea time at 2!</div><div>2:30🎲Reminisce: Tell a Story with Friends</div></div> <div>7</div>	<div><div>National Assisted Living Week!: Theme: To the Moon and Back!</div><div>Wear Your Best Space outfit!</div><div>9:30👉🏻Stretch It Out!: Exercise- AC</div><div>10:30🎵Space and Rocket Center Outing!</div><div>1:30🎵Name That TUNE!- AC</div><div>3:00🎲Mocktail Monday!- CR</div><div>3:30👉🏻Horseshoes-CR</div></div> <div>8</div>	<div><div>National Assisted Living Week!:Theme: In our Neck of the Woods!</div><div>Wear Your best Huntsville themed outfit!</div><div>9:30👉🏻RESTORE Balance with Bobby for bucks- AC</div><div>10:30🎵Lets Got to the Historic Cambron Covered Bridge!</div><div>1:30💡Scrabble- AC</div><div>2:30👉🏻Walk and Talk!- AC</div><div>3:00🎲Movie Matinee and popcorn- MT</div></div> <div>9</div>	<div><div>National Assisted Living Week!:Theme: Fall Food Festival</div><div>Wear Your Favorite Food outfit!</div><div>9:30💡Bird Watching Club!- AC</div><div>10:30👉🏻Fitness FUN!- AC</div><div>11:00💡Trivia Talk!- AC</div><div>12:15🎵Soup Cook Off: Residents Judge!- DR</div><div>1:30🎵ART CLUB: Scotland's Glasgow Boys and Realism- AC</div><div>2:30💡A-Z Game- AC</div><div>3:30🎲Scotland Party!!- CR</div></div> <div>10</div>	<div><div>#patriotday</div><div>National Assisted Living Week!: Theme: Farmers Market FUN!</div><div>Wear Your Best Farm Outfit!</div><div>9:30👉🏻Primetime Fitness!- AC</div><div>10:00🎲Coffee and Fellowship + Patriot Day History- AC</div><div>10:30🎵Music Therapy: Patsy Cline- AC</div><div>1:30🎵Resident Council: ALL RESIDENTS WELCOME- AC</div><div>3:00🎲Pamper Yourself!: Nail Spa- AC</div></div> <div>11</div>	<div><div>#nationaldayofencouragement</div><div>National Assisted Living Week!:Theme: GAME Extravaganza</div><div>Wear Your Best Mixed Matched patterns!</div><div>9:30👉🏻Vibrant Moves!: Exercise- AC</div><div>10:00👉🏻Walk and Talk!- AC</div><div>10:30🎲Let's Play Bingo!- AC</div><div>1:30💡Bridge Club- AC</div><div>1:30💡Dominoes Club!- AC</div><div>3:00💡Family Fued- AC</div><div>3:30💡Fun Fact Friday- AC</div></div> <div>12</div>	<div><div>9:30👉🏻Community Walk with Friends</div><div>10:30💡Brain Teasers</div><div>11:00🎵Music Throwback!</div><div>1:30🎲Puzzle with Friends</div><div>2:00🎲Movie and Popcorn</div></div> <div>13</div>						
		<div><div>9:30🕍Worship and Hymn Singalong</div><div>10:00🕍Virtual Church Service</div><div>11:00🕍Bible Verse of the Day</div><div>1:30💡Bible Trivia</div><div>2:00🎲Tea time at 2!</div><div>2:30🎲Reminisce: Tell a Story with Friends</div></div> <div>14</div>	<div><div>9:30👉🏻Stretch It Out!: Exercise- AC</div><div>10:30🎲Let's Play Bingo!- AC</div><div>11:00🎵Music Performance with Morgan- DR</div><div>1:30🎵Name That TUNE!- AC</div><div>3:00🎲Mocktail Monday!- CR</div><div>3:30👉🏻Bowling- CR</div></div> <div>15</div>	<div><div>9:30👉🏻RESTORE Balance with Bobby for bucks- AC</div><div>10:30🎵Lets Go to Scotland!: Scottish Traditions- AC</div><div>1:00🎲Health Fair! (1-4 PM)</div><div>1:30💡Scrabble- AC</div><div>3:00🎲Movie Matinee and popcorn- MT</div></div> <div>16</div>	<div><div>Wear Your Best Plaid Day!</div><div>9:30💡Bird Watching Club!- AC</div><div>10:30👉🏻Fitness FUN!- AC</div><div>11:00🎲Chat with DEB!- AC</div><div>12:00🎵Scotland Themed Meal!- DR</div><div>1:30🎵ART CLUB: Scotland's Contemporary Art- AC</div><div>2:30💡Hearts: Card Game- AC</div><div>3:30🎲Meet Our New Neighbours!: Social- CR</div></div> <div>17</div>	<div><div>9:30👉🏻Primetime Fitness!- AC</div><div>10:00🎵Music Therapy: Aretha Franklin- AC</div><div>11:00🕍Bible Study with David Dye- DR</div><div>1:30🎵Activities Calendar Meeting-AC</div><div>3:00🎲Pamper Yourself!: Nail Spa- AC</div></div> <div>18</div>	<div><div>#nationaldaughtersday</div><div>9:30👉🏻Vibrant Moves!: Exercise- AC</div><div>10:00👉🏻Walk and Talk!- AC</div><div>10:30🎲Let's Play Bingo!- AC</div><div>1:30💡Bridge Club- AC</div><div>1:30💡Dominoes Club!- AC</div><div>3:00🎵MUSIC CLUB!: 1930-40s- AC</div><div>3:30💡Fun Fact Friday- AC</div></div> <div>19</div>	<div><div>9:30👉🏻Community Walk with Friends</div><div>10:30💡Brain Teasers</div><div>11:00🎵Music Throwback!</div><div>1:30🎲Puzzle with Friends</div><div>2:00🎲Movie and Popcorn</div></div> <div>20</div>					
		<div><div>9:30🕍Worship and Hymn Singalong</div><div>10:00🕍Virtual Church Service</div><div>11:00🕍Bible Verse of the Day</div><div>1:30💡Bible Trivia</div><div>2:00🎲Tea time at 2!</div><div>2:30🎲Reminisce: Tell a Story with Friends</div></div> <div>21</div>	<div><div>First Day of Fall!</div><div>Wear Your Favorite Fall Attire!</div><div>9:30👉🏻Stretch It Out!: Exercise- AC</div><div>10:30🎲Let's Play Bingo!- AC</div><div>1:30🎵Name That TUNE!- AC</div><div>3:00🎲Mocktail Monday!: Fall Inspired- CR</div><div>3:30👉🏻Balloon Swat- CR</div></div> <div>22</div>	<div><div>#nationalpotpieday</div><div>9:30👉🏻RESTORE Balance with Bobby for bucks- AC</div><div>10:30🎵Lets Go to Scotland!: Scotland's Rich History- AC</div><div>1:30💡Scrabble- AC</div><div>2:30👉🏻Walk and Talk!- AC</div><div>3:00🎲Movie Matinee and popcorn- MT</div></div> <div>23</div>	<div><div>9:30💡Bird Watching Club!- AC</div><div>10:30👉🏻Fitness FUN!- AC</div><div>1:30💡ART CLUB: Recap and Trivia: AC</div><div>2:30💡What Am I: Game- AC</div><div>3:30🎲Resident Birthday Social-CR</div></div> <div>24</div>	<div><div>9:30👉🏻Primetime Fitness!- AC</div><div>10:00🎵Music Therapy: The Temptations-AC</div><div>10:30🎵Walmart Outing!</div><div>1:30🎵Dining Room Meeting- AC</div><div>3:00🎲Pamper Yourself!: Nail Spa- AC</div></div> <div>25</div>	<div><div>9:30👉🏻Vibrant Moves!: Exercise- AC</div><div>10:00👉🏻Walk and Talk!- AC</div><div>10:30🎲Let's Play Bingo!- AC</div><div>1:30💡Bridge Club- AC</div><div>1:30💡Dominoes Club!- AC</div><div>3:00💡Wheel of Fortune!- AC</div><div>3:30💡Fun Fact Friday- AC</div></div> <div>26</div>	<div><div>9:30👉🏻Community Walk with Friends</div><div>10:30💡Brain Teasers</div><div>11:00🎵Music Throwback!</div><div>1:30🎲Puzzle with Friends</div><div>2:00🎲Movie and Popcorn</div></div> <div>27</div>					
		<div><div>9:30🕍Worship and Hymn Singalong</div><div>10:00🕍Virtual Church Service</div><div>11:00🕍Bible Verse of the Day</div><div>1:30💡Bible Trivia</div><div>2:00🎲Tea time at 2!</div><div>2:30🎲Reminisce: Tell a Story with Friends</div></div> <div>28</div>	<div><div>9:30👉🏻Stretch It Out!: Exercise- AC</div><div>10:30🎲Let's Play Bingo!- AC</div><div>1:30🎵Name That TUNE!- AC</div><div>3:00🎲Mocktail Monday!- CR</div><div>3:30👉🏻Beach Ball Toss- CR</div><div>4:00💡Book Club!- CR</div></div> <div>29</div>	<div><div>9:30👉🏻RESTORE Balance with Bobby for bucks- AC</div><div>10:30🎵Lets Go to Scotland!: Recap and Trivia- AC</div><div>12:30🎵Decorate your Door for Fall!: Winner Revealed!- DR</div><div>1:30🎵Cooking Demo!- CR</div><div>2:30👉🏻Walk and Talk!- AC</div><div>3:00🎲Movie Matinee and popcorn- MT</div></div> <div>30</div>									

💡Intellectual

👉🏻Physical

🎵Purposeful

🎲Social

🕍Spiritual

- 🧠 Intellectual
- 🏃🏻‍♂️ Physical
- 🎯 Purposeful
- 👥 Social
- ✝️ Spiritual