August 2025 Goldton Woodlands Ac	tivities						created SOGELU
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE GOLDTON AT JONES FARM	August cont'd 10:00	THE GOLDTON AT JONES FARM				9:00 → Motown Movers 9:30 → Corn Hole 10:00	10:00 Morning Nourishment with Coffee and Trivia
2238 Cecil Ashburn Dr SE Huntsville, AL 35802 (256) 429-3008	10:00	9:15 → Music and Movement 10:00 ♦ Morning Nourishment with "American Dialect through the Ages" 10:30 → Badminton 11:15 ↑ "Spiritual Sticks" 2:30 → Beachball Toss 3:15 ♣ "Manicure Monday" 6:00 ♦ Evening Nourishment	9:15 ↔ Shakercises 10:00 ❖ Morning Nourishment with Happening Humor 10:30 ↔ RESTORE Balance with Bobby 11:15 ❖ "Journey Across America" 1:30 ❖ Afternoon Nourishment with Active Attributes 2:30 ↔ Bottle Shot 3:15 ❖ "Historical Events in England" 4:00 ↔ "Fabulous Fifties Decaders Exercise" 6:00 ❖ Evening Nourishment and Categorical Trivia	9:15 Water-Weights 10:00 Morning Nourishment with "England through the Ages" 10:30 Human Ringer 11:15 War "21 or Bust" 1:30 Beat the Banker 2:30 Jazzercise 3:15 Crafty Couponing Cut-Out Cluster" 4:15 Range of Motion Exercises 6:00 Evening Nourishment	9:45 → Scarf Stretches 10:30 ↑ Chicken Soup for the Soul Collections 11:15 → Beanbag Baseball 1:30 ② Watercolor Wonder Guild 4:00 → Supper Stretches 6:00 ❖ Thirsty Thursday Trivia	9:00 → Motown Movers 9:30 → English Corn Hole with twist 10:00 → Morning Nourishment with Chicken Soup for the American Soul 10:45 → "Singing with the British" 1:30 → "Toss and Talk Trivia Ball Toss" 3:15 → LG Dice Yahtzee 4:00 → Game Show Trivia on IN2U Computer 6:00 → Evening Nourishment	10:00 Morning Nourishment with Coffee and Trivia 11:00 Hulacises 1:00 Afternoon Nourishment with Find a Word (Whiteboard) 2:30 BINGO with Care Associates 6:00 Evening Nourishment with Movie Matinee
	10:00	9:15 → Music and Movement 10:00 ❖ Morning Nourishment with "English Dialect through the Ages" 10:30 → Badminton 11:15 ↑ "Spiritual Sticks" 2:30 → Beachball Toss 3:15 ※ "Manicure Monday" 6:00 ❖ Evening Nourishment	9:15 ↔ Shakercises 10:00 ❖ Morning Nourishment with Happening Humor 10:30 ↔ RESTORE Balance with Bobby 11:15 ❖ "Journey Across England" 1:30 ❖ Afternoon Nourishment with Active Attributes 2:30 ↔ Bottle Shot 3:15 ❖ "Historical Events in England" 4:00 ↔ "Fabulous Fifties Decaders Exercise" 6:00 ❖ Evening Nourishment and Categorical Trivia	9:15 Water-Weights 10:00 Morning Nourishment with "England through the Ages" 10:30 Human Ringer 11:15 12 21 or Bust" 1:30 Beat the Banker 2:30 Atsate of England Party 2:30 Jazzercise 3:15 7crafty Couponing Cut-Out Cluster" 4:15 Range of Motion Exercises 6:00 Evening Nourishment	9:45 Scarf Stretches 10:30 Chicken Soup for the Soul Collections 11:15 Beanbag Baseball 1:30 Watercolor Wonder Guild 4:00 Supper Stretches 6:00 Thirsty Thursday Trivia	10:00 Morning	10:00 Morning Nourishment with Coffee and Trivia 11:00 Hulacises 1:00 Afternoon Nourishment with Find a Word (Whiteboard) 2:30 BINGO with Care Associates 6:00 Evening Nourishment with Movie Matinee
	10:00 → Morning Nourishment with Flower Arranging 11:00 → Rhythm Sticks 1:00 ↑ Afternoon Nourishment with Name that Tune 2:30 ↑ Hymn Singalong 6:00 ➤ Evening Nourishment and Adult Coloring Pages	9:15 → Music and Movement 10:00 Morning Nourishment with "American Dialect through the Ages" 10:30 → Badminton 11:15 Beachball Toss 3:15 Manicure Monday" 6:00 Evening Nourishment	9:15 → Shakercises 10:00 ❖ Morning Nourishment with Happening Humor 10:30 → RESTORE Balance with Bobby 11:15 ❖ "Journey Across America" 1:30 ❖ Afternoon Nourishment with Active Attributes 2:30 ↔ Bottle Shot 3:15 ❖ "Historical Events in England" 3:15 ❖ "Historical Events in England" 4:00 ↔ "Fabulous Fifties Decaders Exercise" 6:00 ❖ Evening Nourishment and Categorical Trivia	9:15 Water-Weights 10:00 Morning Nourishment with "England through the Ages" 10:30 Human Ringer 11:15 "21 or Bust" 1:30 Beat the Banker 2:30 Jazzercise 3:15 "Crafty Couponing Cut-Out Cluster" 4:15 Range of Motion Exercises 6:00 Evening Nourishment	9:45 Scarf Stretches 10:30 Chicken Soup for the Soul Collections 11:15 Beanbag Baseball 1:30 Watercolor Wonder Guild 4:00 Supper Stretches 6:00 Thirsty Thursday Trivia	9:30 ↔ Corn Hole 10:00	10:00 ♦ Morning Nourishment with Coffee and Trivia 11:00 ↔ Hulacises 1:00 ♦ Afternoon Nourishment with Find a Word (Whiteboard) 2:30 ♣ BINGO with Care Associates 6:00 ♦ Evening Nourishment with Movie Matinee
	10:00	10:00 ♦ Morning Nourishment with "British Dialect through the Ages" 10:30 → Badminton 11:15 ♣ "Spiritual Sticks"	Happening Humor 10:30 ↔ RESTORE Balance with Bobby	9:15 Water-Weights 10:00 Morning Nourishment with "Being all things British through the Ages" 10:30 Human Ringer 11:15 March "21 or Bust" 1:30 Beat the Banker 2:30 Jazzercise 3:15 Crafty Couponing Cut-Out Cluster" 4:15 Range of Motion Exercises 6:00 Evening Nourishment	9:45 → Scarf Stretches 10:30 ↑ Chicken Soup for the Soul Collections 11:15 → Beanbag Baseball 1:30 ◇ Watercolor Wonder Guild 4:00 → Supper Stretches 6:00 ❖ Thirsty Thursday Trivia	10:00 Morning	10:00 ♦ Morning Nourishment with Coffee and Trivia 11:00 ↔ Hulacises 1:00 ♦ Afternoon Nourishment with Find a Word (Whiteboard) 2:30 ► BINGO with Care Associates 6:00 ♦ Evening Nourishment with Movie Matinee