

Upcoming Events

Assisted Living & Memory Care

VETERAN'S DAY NOVEMBER 10TH 4:00PM

TASTE OF BOB ROSS NOVEMBER 16TH 12:00 PM

THANKSGIVING FAMILY MEAL NOVEMBER 21ST 12:00PM

ALZHEIMER'S SUPPORT GROUP HOSTED BY NP, KAREN BEDELL NOVEMBER 30TH AT 2:00



Maintenance Update

The bar in the dining room has come down. New flooring is going to be put down soon. This will allow for more seating in the dining room!

New shiplap will be going up in the dining room/bistro area soon to help with noise reduction.

Academy Program



The weather could not have treated us any better this season! October kicked off with a fun Fall Festival with our very own petting zoo! We took advantage of all the perfect weather days, spending time in fellowship outside by the fountains! We've indulged in hot apple cider, Bopping for apples, mini-DIY pizzas, DIY banana nut bread and so much more. Can't wait to see what Bob Ross in November has in store for us!

SPiRiT Program



We are not shy when it comes to throwing parties on Memory Care! We had a great pink out party to honor fighting warriors battling cancer this past month and had the best time celebrating fall! We spent our days daily engaging in multiple cognitive activities, singing praises, and relaxing in our courtyard.

Resident of the Month Murray

Murray Worked at MSU for 30 years in the bookstore and stayed busy with part time jobs after retirement. Murray and Jean have been married for 70 years. Murray will be celebrating his 92nd birthday on the 8th of November. His favorite thing about living here at the Goldtown is being around all the other residents. If you're ever looking for Murray, you can find him in his chair in the fireplace room.



"What side dish do you bring for Thanksgiving dinner when you accidentally sat on the sweet potatoes?"

How long is a fortnight?



Did you know that the U.S. has the highest number of seniors citizens today then in history?! In the United States there are 52 million people 65 and older.

Associate of the Month Helen



Hi! I'm From Macon, Ms. It's such an honor to work here. I love the residents and I enjoy Helping out wherever I can. I enjoy making the residents laugh, and they make my day as much as I try to make theirs.

When I'm not here I'm usually working at MSU! Hail State! In my free time I enjoy watching television and taking care of my grand babies!

THE GOLDTOWN AT ADELAIDE November Newsletter

74 Claiborne Way Starkville, MS 39759
November 1st 2023

Resident's Birthdays

- Murray Linsey 11/8
- Cecil W. 11/16
- Diane W. 11/17
- Lou C. 11/20
- Shirley D. 11/21
- John F. 11/24
- Pat P. 11/ 28
- Carl Livingston 11/24



Don't Forget to set your clocks, November 5th!

Collaborators



Allyson Hudson

Savannah Dombrowsky

It's a Beautiful Day at The Goldton at Adelaide

Robert Norman Ross was an American painter, art instructor, and television host. He was the creator and host of The Joy of Painting, an instructional television program that aired from 1983 to 1994.



He developed an interest in art during his time in the air force. Bob Ross passed July 4, 1995.

Montly Event Pictures

Enjoy last month's throw back!! Don't forget to like us on Facebook!



"We don't know them all, but we care them all."
VETERANS DAY PROGRAM
FRIDAY, NOVEMBER 10TH | 12:00 PM

WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION
Starkville
-NOVEMBER 1, 2023-
2PM AT THE MSU DRILL FIELD

November 2023 Academy Program



THE GOLDTON
AT ADELAIDE

(662) 268-9555
74 Claiborne Wy, Starkville, MS 39759
TheGoldtonAtAdelaide.com

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Family Events
Outing
Exercise
Social
Religion

*Alzheimer
Awareness
Month!*

9:00 Dollar General ¹
Morning News & coffee
12:30-2:30 SCS Students
2:30 Bingo
3:15 Drum Exercise
4:00 Devotion- Jabe Nicholson
Daily Chronicle

9:00 Dominoes in Cove ²
10:00 Thigh & Calf Thur.
2:00 Bunco Practice
2:30 "The Natural"
3:00 Thirsty Thursday
Football Pick em's Due
Daily Chronicle

6:30 Men's Bible Study ³
10:00 Bridge
10:30 Book Club
2:30 Friday Food Bingo
3:30 Disco Seated Exercise
6:00 "The Greatest Game"

9:00 Dominoes & Donuts ⁴
Paint by Numbers
DIY Bee's Wax Bowls
Daily Chronicle
Laps or Loops

10:00 Sunday School ⁵
Hydration Station
D.E.A.R
4:00 First Methodist Church
Daily Chronicle Available

10:00 Walmart ⁶
Daily Chronicle
1:00 Sizzling Seniors
2:00 Fox Therapy
2:30 Bingo
3:30 Book Club

9:00 Ladies Bible Study ⁷
11:00 Tai Chi
12:00 Monthly Birthday!
2:30 Bunco w/ Prizes
4:00 Manicures

10:00 Pail of Paint ⁸
OPEN GYM
1:00 Town Hall
2:00 Cottage Meeting
2:30 Bingo
4:00 Devotion

9:00 Dominoes ⁹
10:00 Memory Magic
2:00 Better Together Group
3:00 Thirsty Thursday
Football Pick em's Due
Daily Chronicle

6:30 Men's Bible Study ¹⁰
10:00 Bridge
10:00 DIY Christmas Wreaths
2:30 Friday Food Bingo
3:30 Daily Exercise
4:00 Veterans' Day Program
6:00 Movie & Popcorn

All Day Creative Stations ¹¹
9:00 Dominoes
2:00 Indoor Corn Hole
6:00 Patio Social

10:00 Sunday School ¹²
1:00 Hydration Station
2:30 D.E.A.R
3:00 Courtyard Stroll
4:00 First Presbyterian

10:00 Kroger ¹³
10:30 Morning News
1:00 Sizzling Seniors
2:30 Bingo
3:30 Friendship Bread

9:00 Ladies Bible Study ¹⁴
11:00 Tai Chi MSU
2:30 Bunco w/ Prizes
3:30 Manicures
6:00 Puzzle of the Month

10:00 Dollar Tree ¹⁵
10:30 Morning News
1:00 The Mill- Christmas Shop
2:00 Fox Therapy
2:30 Bingo
4:00 Devotion- Jabe Nicholson

9:00 Dominoes ¹⁶
10:00 Daily Exercise
1:00 Open Theater
12:00 Taste of Bob Ross
3:00 Thirsty Thursday
Football Pick em's Due

6:30 Men's Bible Study ¹⁷
10:00 Bridge
2:30 Friday Food Bingo
3:30 Disco Seated Exercise

All Day Creative Stations ¹⁸
2:00 Bob Ross Scavenger Hunt
1:00 Puzzle Social

10:00 Sunday School ¹⁹
2:30 D.E.A.R
3:00 Lader Toss
4:00 First Baptist Church

9:00 Lake Tiakota! ²⁰
2:00 Fox Rehabilitation
2:30 Bingo
4:00 Hot Chocolate Bar

Family Thanksgiving! ²¹
9:00 Ladies Bible Study
12:00 Thanksgiving Meal
2:30 Bunco Practice
3:30 Manicures
4:00 Book Club

10:00 Micheal's ²²
2:30 Bingo
3:30 Warrior Wednesday
2:30 Bingo
4:00 Tyler Hunt

9:00 Dominoes ²³
10:00 Memory Magic
10:30 Balloon Volleyball
3:00 Irish Coffee Cart
Football Pick em's Due

6:30 Men's Bible Study ²⁴
10:00 Bridge
11:00 Book Club
2:30 Bingo
3:30 Twister
6:00 Movie Night

All Day Creative Stations ²⁵
2:00 Paint and Sip
1:00 Puzzle Social
6:00 Patio Social

10:00 Sunday School ²⁶
1:00 Hydration Station
2:30 D.E.A.R
3:00 Walking Club
6:00 St Lyon Midnight Church

9:00 Joy Ride ²⁷
1:30 Sizzling Seniors
2:30 Bingo
3:30 Sit and be Fit.

9:00 Ladies Bible Study ²⁸
10:00 Book Club
11:00 Tai Chi
3:00 Let's Get Crafty
4:00 Manicures

10:00 Walmart ²⁹
11:00 Lader Toss
2:30 Bingo
4:00 Butch Simmons
6:00 Puzzle Social

9:00 Dominoes ³⁰
10:00 Comfort Care
2:00 Balloon Volleyball
3:00 Soda Cart
6:00 Patio Social
Football Pick em's Due