



2025 October



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Memory Care Calendar	Directory L-Living Room CY-Courtyard AR-Activity Room DR-Dining Room	1 10:30-Sittercise-L 11-Balloon Volleyball-L 1:30-Cornhole-L 3-Giant Connect 4-DR	2 10:30-Sittercise-L 11-Open Sensory-L 1:30-Ring Toss-L 3-Name 3 Game-L	3 10:30-Sittercise-L 11-Easy Trivia-L 2-Faithful Fridays-L 3-Blazing Bingo-DR	4 10-Coffee Chats & Music-L 11-Chair Volleyball-L 1-Saturday Stories-L 3-Courtyard & Sips-CY	5 10-Morning Gospel Listening -L 1-Church Service W/Turning Point -UL 3-Therapeutic Coloring-L
6 10:30-Chair Exercise-L 11-Simon /Deja Says-L 1:30-Giant Tic Tac Toe-L 3-Blazing Bingo-DR	7 10:30-Balloon Game W/Interim-UL 11:30-Open Sensory 1:30-Relaxing Hand Massages-L 3-German Happy Hour W/Butch W-UL	8 10:30-Sittercise-L 11-Giant Tic Tac Toe-L 2-True or False Game-L 3-Popcorn & Popculture-L	9 10:30-Chair Exercise-L 11-Parachute Play-L 1:30-Roll A Topic-L 3-Manicures/Massages-L 5-Evening Tunes-L	10 10:30-Sittercise-L 11-Calm Sensory-L 1-Pet Therapy W/Reuben-L 1:30-Pumpkin Decorating-DR 3-Blazing Bingo-DR	11 10-Coffee Chats & Music-L 11-Chair Volleyball-L 1-Saturday Stories-L 3-Courtyard & Sips-CY	12 10-Morning Gospel Listening -L 1-Church Service W/Turning Point -UL 3-Sing-A-Long Tunes-L
13 <u>National Indigenous Day</u> 10-Walmart Trip-L 10:30-Chair Exercise-L 11-Columbus Day Facts-L 1:30-Columbus Day Art-DR 4-Happy Hour W/Jojo-L	14 10:30-Sittercise-L 1-3:00-Fall Festival-CY 6-Halloween Movie Night-L 	15 10:30-Chair Exercise-L 11-German Flag Craft-DR 1:30-Dementia/Caregiver Support Group-AR 3-Karaoke-L	16 10:30-Chair Exercise-L 11-Wonders Of Germany-L 1:30-Music Bingo/Trivia-L 3-Cornhole-L	17 10:30-Sittercise-L 11-Pumpkin Memory Match-L 2-Faithful Fridays-L 3-Blazing Bingo-DR	18 10-Coffee Chats & Music-L 11-Chair Volleyball-L 1-Saturday Stories-L 3-Courtyard & Sips -CY	19 10-Morning Gospel Listening -L 1-Church Service W/Turning Point -UL 3-Therapeutic Coloring-L
20 10:30-Chair Exercise-L 11-Easy Trivia-L 1:30-Ice Cream Social-DR 3-Blazing Bingo-DR	21 10:30-Sittercise-L 11-Halloween Ring Toss-L 1:30-Popcorn & Popculture-L 2-Calming Sensory-L 3-Happy Hour W/Jojo-UL	22 10-Farm Sip N Paint-L 10:30-Morning Stretches-L 11-Parachute Play-L 1:30-Cup Game 3-Reading Zone-L	23 10:30-Chair Exercise-L 11-Finish The Phrase-L 1:30-Door Decorating Contest-L 3-Cornhole-L	24 10:30-Dance Party W/Dj Doug-DR 1-Pet Therapy W/Reuben-L 2-Faithful Fridays-L 3-Blazing Bingo-DR	25 10-Coffee Chats & Music-L 11-Chair Volleyball-L 1-Saturday Stories-L 3-Courtyard & Sips -CY	26 10-Morning Gospel Listening -L 1-Church Service W/Turning Point -UL 3-Sing-A-Long Tunes-L
27 10-Kroger Trip-L 10:30-Chair Exercise-L 11-Giant Connect 4-L 1:30-Blazing Bingo-DR 3-Fall Snacktivity-DR	28 10-Workout W/Brightmoor-LR 11-Quiz Channel/Trivia-UL 1:30-Ghost Chocolate Milks-DR 3-Happy Hour W/Heidi-UL	29 10-Chair Exercise-L 11-Park Visit/Drive-L 1:30-Paper Plate Pumpkins-L 3-Jumbo Bowling-L	30 10:30-Chair Exercise-L 11-Costume Help/prep 1:30-Therapeutic Coloring-DR 3-Prayers & Hymns-L	31 <u>Happy Halloween!</u> Dress Up Spooky 10:30-Chair Fitness-UL 1:30-Best Costume Contest-L 4-Trunk or Treat-L	 THE CANOPY — AT WESTRIDGE — ASSISTED LIVING & MEMORY CARE	

All Activities Are Subject to Change