

## October Comments



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Assisted Living Calendar	Directory  DR-Dining Room  AR-Activity Room  CY-Courtyard  UL-Upstairs Living Room	THE CANOPY  AT WESTRIDGE  ASSISTED LIVING & MEMORY CARE	<ul> <li>10:30-Sittercise-UL</li> <li>11-Terry the Poker Guy-AR</li> <li>1-After Lunch Walk-L</li> <li>1:30-Trivia On Germany</li> <li>3:00-Bingo Blitz-AR</li> </ul>	2 10:30-Pastor Jim Sings-UL 1-Afternoon Walk-L 1:30-Simon /Jay Says-UL 3:00-Cornhole-UL	3 10:30-Buckner's Outing-L 1-Afternoon Walk-L 2-Fridays Of Faith-UL 3-Balloon Volleyball-UL	4 National Golf Lovers Day 11-Chair Exercise-UL 1-Men's Tee/Golf Time-CY 2-Bingo Blitz-DR 3-Puzzles For All-L
5 10-Online Service -L 1-Church Service W/Turning Point -UL 3-Courtyard Chats-CY	National German American  Day  10:30-Chair Exercise-UL  11-Wonders Of Germany-UL  2-Left,Right,Center-UL  3-Name 5 Game-UL	7 10:30-Sittercise-UL 11-Christmas Choir Rehearsal-UL 1:30-Connect 4-UL 3-German Happy Hour W/Butch W-UL	8 10:30-Sittercise-UL 11-Pictionary Game- UL 2-German Quiz Channel-UL 3:00-Bingo Blitz-AR	9 10:30-Sittercise-UL 11-Bible Study W/Lamont-UL 1-Afternoon Walk-L 2-Minute to Win It-UL 3-Cornhole-UL	10 <sub>10:30</sub> -Chair Exercise -UL 11-Roll A Topic-UL 1-Pet Therapy W/Reuben-L 1:30-Pumpkin Decorating -AR 3-Fridays Of Faith-UL	11 National Chess Day 11-Balloon Volleyball-UL 1-Afternoon Walk-L 2-Bingo Blitz-DR 3-Chess Games-L
12 10-Online Service -L 1-Church Service W/Turning Point -UL 2-Afternoon Stroll-L 3-TV &Tunes -L	Columbus Day 10-Trip to Walmart-L 10:30-Self-Lead Chair Exercise-UL 1:30-Fraud /Scam Prevention-AR 3-Happy Hour W/Jojo-UL		15 10:30-Chair Exercise-UL 11-Worship W/Craig-UL 1:30-Dementia/Caregiver Support Group-AR 3:00-Bingo Blitz-AR	16 10:30-Chair Exercise -UL 11-Guess in 10 Game-UL 1:30-Popcorn & Popcorn-UL 3-Cornhole-UL	17 10:30-Chair Exercise -UL 11-Terry the Poker Guy-AR 1-Afternoon Walk-L 2-Fridays Of Faith-UL 3:30-Family Fued-UL	18 11-Chair Exercise-UL 1-Giant Connect 4-L 2-Bingo Blitz-DR 3-Dominos Group-L
19 10-Online Service -L 1-Church Service W/Turning Point -UL 3-Puzzles For All-L	20 10:30-Games W/Eternal  Hospice-UL  1-Afternoon Walk-L  2-Memories & Mementos-UL  3-Christmas Choir  Rehearsal-UL	21 10:30-Sittercise-UL 11-Dear Abby-UL 1-Afternoon Walk-L 1:30-Fall Craft-AR 3-Happy Hour W/Perrin-UL	22 10-Farm Sip N Paint-L 1-Afternoon Walk-L 1:30-Pumpkin Tasting W/Meredith-AR 3:15*-Bingo Blitz-AR	23 10:30-Chair Exercise-UL 11-Fun Discussions-UL 1:30-Door Decorating Contest-L 3-Cornhole-UL	24 10:30-Dance Party W/Dj  Doug-DR 1-Pet Therapy W/Reuben-L 2-Fridays Of Faith-UL 3:30-Monthly Bingo  Store-DR	25 11-Balloon Volleyball-UL 1-Afternoon Walk-L 2-Bingo Blitz-DR 3-Book Club Reading-UL
26 10-Online Service -L 1-Church Service W/Turning Point -UL 3-Dominos for All-L	27 10-Trip to Kroger-L 10:30-Self-Lead Chair Exercise-UL 1-Afternoon Walk-L 1:30-Word Games-UL 3-Fall Snacktivity-AR	10:30-Sittercise-UL 11-Christmas Choir Rehearsal-UL 1:30-Fall Mystery Activity 3-Happy Hour W/Heidi-UL	29 10:00*-Chair Fitness-UL 1:30-Resident Council-AR 2:00-Dining Council-AR 3:00-Bingo Blitz-AR	30 10:30-Chair Fitness-UL 11-Christmas Choir Rehearsal-UL 2-Dirty Soda /Witches Brew-AR 3-Giant Tic-Tac-Toe-UL	31 Happy Halloween! Dress Up Spooky 10:30-Chair Fitness -UL 1:30-Best Costume Contest- DR 4-Trunk or Treat-L	hello.