



2025

September



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 <u>Happy Labor Day!</u> 10:30-National Anthem-LR 12-Family Visits-DR 3-Patio Pals-DR Puzzles for all-AL	2 10-Dance Exercise W/Jasmine-LR 11-Get to know your Neighbor-LR 2-Giant Connect 4-LR 3-Happy Hour W/Perrin-UL	3 10:30-Chair Yoga-LR 11-Music Bingo/Trivia-LR 2-Mocktail Social-CY 3-Finger Print Painting -DR	4 10:30-Morning Stretches-LR 11-Pictionary Game-LR 2-Open sensory-LR 1:30-Parachute Play-LR 3-Group Uno Game-LR	5 10:30-Daily Sittercise-LR 11-Roll A topic-LR 2-Faithful Fridays-LR 3-Blazing Bingo-DR	6 10-Coffee Chats & Music-DR 11-Chair Volleyball-LR 1-Saturday Short Stories-LR 3-Courtyard & Sips-CY	7 <u>National Grandparents Day</u> 10-Morning Gospel Listening-LR 2-Sunday Service W/Turning Point Church-UL 3-Therapeutic Coloring-DR
8 10-Trip to Walmart-L 10:30-Daily Sittercise-LR 1-Puzzles-DR 2-Karaoke-LR 3-Blazing Bingo-DR	9 10:30-Morning Stretches-LR 11-Finish the phrase -LR 1:30-Pop corn & Pop Culture-LR 3-Happy Hour W/Butch-UL	10 <u>10-Farm Sip & Paint-L</u> 10:30-Morning Stretches-LR 11-Simon /Deja Says-LR 1-Open Sensory Time-LR 2-Beach Volleyball-LR 4-TV or Tunes-LR	11 10:30-Sittercise-LR 11-Roll A topic-LR 1:30-Parachute Play-LR <u>3-Scotland Craft-DR</u>	12 10:30-Daily Sittercise-LR 11-Manicures-DR 2-Faithful Fridays-LR 2:30-Pet Visit -LR 3-Blazing Bingo-DR <u>7-Braves Game !-LR</u>	13 10-Coffee Chats & Music-DR 11-Chair Volleyball-LR 1-Saturday Short Stories-LR 3-Courtyard & Sips-CY	14 10-Morning Gospel Listening-LR 2-Sunday Service W/Turning Point Church-UL 3-Sing a-Long-Tunes-LR
15 10-Trip to Publix-L 10:30-Seated Yoga-LR 2-Ice Cream Social-CY 3-Blazing Bingo-DR 5:30-Monday Movie Night-LR	16 10-Dance Exercise W/Jasmine-LR 11-Giant Tic -Tac -Toe-DR 2-Manicures-DR 4-Happy Hour W/Jojo-UL	17 10:30-Chair Dancing-LR <u>11-Facts About Scotland-LR</u> 1-Stickman-LR 3-Cup Game /Minute to win it-DR	18 10:30-Morning Stretches-LR 11-Morning Prayer Group-LR 1:30-Pop corn & Pop Culture-LR 2-Puzzles-DR 3-Karaoke-LR	19 10:30-DJ Doug Dance Party-AL 2-Faithful Fridays-LR 3-Blazing Bingo-DR 5:30-Tv or Tunes-LR	20 10-Coffee Chats & Music-DR 11-Chair Volleyball-LR 1-Saturday Short Stories-LR 3-Courtyard & Sips-CY	21 10-Morning Gospel Listening-LR 2-Sunday Service W/Turning Point Church-UL 3-Therapeutic Coloring-DR
22 10:30-Daily Sittercise-LR 11-Hymns &Prayers-LR 1-Open Sensory Time-LR 3-Blazing Bingo-DR	23 10:30-Morning Stretches-LR 11-1 On 1 Visits-L 1-Show and Share-LR 2-True or False Game-LR 3-Happy Hour W/Nancy-UL	24 10:30-Sittercise-LR <u>11-Park Visit/Drive-L</u> 2-Reading Zone-LR 3-Cornhole-CY	25 10:30-Chair Dancing-LR <u>11-Wonders of Scotland-LR</u> <u>12-Lunch Outing: Cravings /Combined Trip</u> 2:30-Easy Trivia-LR 4-TV or Tunes-LR	26 10:30-Daily Sittercise-LR 11-Board Games-LR 2-Faithful Fridays-LR 2:30-Pet Visit -LR 3-Blazing Bingo-DR	27 10-Coffee Chats & Music-DR 11-Chair Volleyball-LR 1-Saturday Short Stories-LR 3-Courtyard & Sips-CY	28 10-Morning Gospel Listening-LR 2-Sunday Service W/Turning Point Church-UL 3-Sing a-Long-Tunes-LR
29 10:30-Seated Yoga-LR 11-Manicures/Massages-LR 1:30-Jumbo Bowling 3-Blazing Bingo-DR 5:30-Monday Movie Night-LR	30 10:30-Morning Stretches-LR 11-Giant Connect 4-DR 1:30-Parachute Play-LR 3-Happy Hour W/Heidi-UL		Directory LR-Living Room Dr-Dining Room CY-Courtyard L-Lobby		Memory Care Calendar	 THE CANOPY — AT WESTRIDGE — ASSISTED LIVING & MEMORY CARE