



# FEBRUARY 2025

| Sun   | Mon   | Tue   | Wed   | Thu   | Fri  | Sat   |
|---|---|---|---|---|--|---|
|  <p><b>THE CANOPY</b><br/>AT WESTRIDGE<br/>ASSISTED LIVING &amp; MEMORY CARE</p>               | All Activities Are Subject to Change  |   |   |   |  | <p>1</p> <p>10:00 AM - Exercise<br/>11:00 AM - "Sorry" Party<br/>1:30 PM - Cards Party<br/>2:30 PM - Paint n' Sip Party<br/>3:30 PM - Bingo With Jasmine!</p> |
| <p>2</p> <p>10:00AM - Morning Meditation<br/>11:00 AM - All Church Services<br/>1:30 PM - Board Games<br/>2:30 PM - Puzzle Time<br/>3:30 PM - Coffee and Current Events</p>     | <p>3</p> <p>10:00 AM - Exercise<br/>11:00 AM - Board Games<br/>1:30 PM - Dominoes<br/>2:30 PM - Large Crosswords<br/>3:30 PM - Tea &amp; Get To Know You &amp; Me</p>                 | <p>4</p> <p>10:00 AM - Exercise<br/>11:00 AM - Learn About Iceland<br/>1:30 PM - Resident Council Meeting<br/>2:30 PM - Ice Cream Sundae Social<br/>3:30 PM - Bingo With Jasmine!</p> | <p>5</p> <p>10:00 AM - Exercise<br/>11:00 AM - Learn About Iceland<br/>1:30 PM - Resident Council Meeting<br/>2:30 PM - Ice Cream Sundae Social<br/>3:30 PM - Bingo With Jasmine!</p> | <p>6</p> <p>10:00 AM - Exercise<br/>11:00 AM - Board Games<br/>1:30 PM - Show n' Tell<br/>2:30 PM - Decorating Doughnuts With Daylin!<br/>3:30 PM - Bingo With Jasmine!</p>                     | <p>7</p> <p>10:00 AM - Exercise<br/>11:00 AM - Iceland Trivia<br/>1:30 PM - Men's Group Social<br/>2:30 PM - Coffee With Kevin!<br/>3:30 PM - Happy Hour!</p>  | <p>8</p> <p>10:00 AM - Exercise<br/>11:00 AM - Shuffleboard<br/>1:30 PM - Cards Party<br/>2:30 PM - Paint n' Sip Party<br/>3:30 PM - Bingo With Jasmine!</p>  |
| <p>9</p> <p>10:00AM-Morning Meditation<br/>11:00 AM - All Church Services<br/>1:30 PM - Cards Party<br/>2:30 PM - Large Word Search<br/>3:30PM-Coffee and Current Events</p>    | <p>10</p> <p>10:00AM - Exercise<br/>11:00 AM - Family Feud<br/>1:30 PM - Puzzle Time<br/>2:30 PM - Coloring Book Fun<br/>3:30 PM - Tea &amp; Get To Know You &amp; Me</p>             | <p>11</p> <p>10:00AM - Exercise<br/>11:00 AM - Iceland Themed Arts n' Crafts<br/>1:30 PM - Board Games<br/>2:30 PM - Cupcake Decorating Fun!<br/>3:30 PM - Bingo With Jasmine!</p>    | <p>12</p> <p>10:00AM - Exercise<br/>11:00 AM - Mini Manicures<br/>1:30 PM - Women's Group Social<br/>2:30 PM - Wine Down<br/>Wednesday on the Lawn<br/>3:30 PM - Name That Tune</p>   | <p>13</p> <p>10:00AM - Exercise<br/>11:00 AM - Board Games<br/>1:30 PM - Show n' Tell<br/>2:30 PM - Tea With Stacey!<br/>3:30 PM - Bingo With Jasmine<br/>*5:00 PM - GRAND OPENING PARTY!!!</p> | <p>14 </p> <p>10:00AM - Exercise<br/>11:00 AM - "Hearts on Fire" Card Making Craft<br/>1:30 PM - Men's Group Social<br/>2:30 PM - Valentine's Day Cookies<br/>3:30 PM - Valentine's Day Happy Hour!</p> | <p>15</p> <p>10:00AM - Exercise<br/>11:00 AM - "UNO" Party<br/>1:30 PM - Board Games<br/>2:30 PM - Paint n' Sip Party<br/>3:30 PM - Bingo With Jasmine!</p>   |
| <p>16</p> <p>10:00AM - Morning Meditation<br/>11:00 AM - All Church Services<br/>1:30 PM - Board Games<br/>2:30 PM - Puzzle Time<br/>3:30 PM - Coffee and Current Events</p>    | <p>17</p> <p>10:00AM - Exercise<br/>11:00 AM - Board Games<br/>1:30 PM - Dominoes<br/>2:30 PM - Presidents' Day Fun Facts Social<br/>3:30 PM - Tea &amp; Get To Know You &amp; Me</p> | <p>18</p> <p>10:00AM - Exercise<br/>11:00 AM - Arts n' Crafts<br/>1:30 PM - Shuffleboard<br/>2:30 PM - Baking Cinnamon Rolls<br/>3:30 PM - Bingo With Jasmine!</p>                    | <p>19</p> <p>10:00AM - Exercise<br/>11:00 AM - Mini Manicures<br/>1:30 PM - Women's Group Social<br/>2:30 PM - Wine Down<br/>Wednesday on the Lawn<br/>3:30 PM - Legacy Lesson</p>    | <p>20</p> <p>10:00AM - Exercise<br/>11:00 AM - Board Games<br/>1:30 PM - Show n' Tell<br/>2:30 PM - Biscuits With Brittiney<br/>3:30 PM - Bingo With Jasmine!</p>                               | <p>21</p> <p>10:00AM - Exercise<br/>11:00 AM - Board Games<br/>1:30 PM - Men's Group Social<br/>2:30 PM - Jello With Joey!<br/>3:30 PM - Happy Hour!</p>   | <p>22</p> <p>10:00AM - Exercise<br/>11:00 AM - Battleship<br/>1:30 PM - Cards Party<br/>2:30 PM - Paint n' Sip Party<br/>3:30 PM - Bingo With Jasmine!</p>    |
| <p>23</p> <p>10:00AM - Morning Meditation<br/>11:00 AM - All Church Services<br/>1:30 PM - Cards Party<br/>2:30 PM - General Trivia<br/>3:30 PM - Coffee and Current Events</p> | <p>24</p> <p>10:00 AM - Exercise<br/>11:00 AM - Family Feud<br/>1:30 PM - Puzzle Time<br/>2:30 PM - Jenga Tower Fun<br/>3:30 PM - Tea &amp; Get To Know You &amp; Me</p>              | <p>25</p> <p>10:00 AM - Exercise<br/>11:00 AM - Snow Globes Arts n' Crafts<br/>1:30 PM - Board Games<br/>2:30 PM - Making Rice Krispy Treats<br/>3:30 PM - Bingo With Jasmine!</p>    | <p>26</p> <p>10:00 AM - Exercise<br/>11:00 AM - Mini Manicures<br/>1:30 PM - Women's Group Social<br/>2:30 PM - Wine Down Wednesday on the Lawn<br/>3:30 PM - Name That Tune</p>      | <p>27</p> <p>10:00 AM - Exercise<br/>11:00 AM - Board Games<br/>1:30 PM - Show n' Tell<br/>2:30 PM - Monthly Birthday Party!<br/>3:30 PM - Bingo With Jasmine<br/>5:00 PM - Family Night!</p>   | <p>28</p> <p>10:00 AM - Exercise<br/>11:00 AM - Hand &amp; Foot<br/>1:30 PM - Men's Group Social<br/>2:30 PM - Bingo Store<br/>3:30 PM - Happy Hour!</p>   | <p><b>Assisted Living Calendar</b></p>  |

