

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Color Key: Special Events/ Outings Physical Activity Resident Lead Spiritual Social Intellectual Wellness Through the Decades Purposeful (\$) Requires Money Requires Sing Up	1 8:30 This Day in History 9:30 Mini Golf 10:00 Finish the Lyric 1:00 1990s Trivia 3:00 Sing Along ULV 6:00 Classic TV Night	2 8:30This Day in History 9:30 Hallway Bowling 10:30 Zumba Gold 1:00 Scenic Drive 3:00 Outdoor Walk 6:00 Movie & Popcorn	3 8:30 This Day in History 9:30 Walking Club 10:00 Sing-Along w/ MOD 1:00 Bingo 6:00 Movie
4 8:30 Morning Reflections 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1990 Documentary 1	5 8:30 – This Day in History 9:30 – Chair Yoga 10:30 – What's in the Bag? 1:00 – Memory Match 3:00 – Coffee & Conversation 6:00 – Classic Movie	6 8:30 – This Day In History 9:30 Seated Balloon Volleyball 10:30 Morning Music 1:00 Paint & Sip 3:00 Name That Tune 6:00 Relaxing Music	7 8:30 This Day in History 9:30 Chair Zumba 10:00 Mementos & Memories 11:00 Happy Hour 2:00 Travel Around the Decades 3:00 Outdoor Walk 5:00 Circle Book Read	8 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog 1:00 Halloween Craft 3:00 Sing Along ULV 6:00 Clasic Movie	9 8:30 This Day in History 9:30 Balloon Volleyball 10:30 Guess the Scent 1:00 Sweet Treat Social 3:00 Name That Tune: 50s–70s 6:00 Relaxing Music & Memories	10 8:30 This Day in History 9:30 Memory Match 10:00Chair Yoga w/ MOD 1:00 Music Bingo 6:00 Movie
11 8:30 Morning Music 10:00 Chair Cardio 2:00 Memory Match 3:00 Song of Praise 6:00 1990 Documentary 2	12 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 1970 General Trivia 6:00 Movie Night	13 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Movie Night	14 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Finish the Lyric 3:00 Outdoor Walk 5:00 Sing-Along	15 8:30 This Day in History 9:30 Mini Golf 10:00 Finish the Lyric 1:00 Make your Halloween Mask 3:00 Sing Along ULV 6:00 Classic TV Night	16 8:30This Day in History 9:30 Hallway Bowling 10:30 Zumba Gold 1:00 Scenic Drive 3:00 Outdoor Walk 6:00 Movie & Popcorn	17 8:30 This Day in History 9:30 Walking Club 10:00 Sing-Along w/ MOD 1:00 Bingo 6:00 Movie
18 8:30 Morning Reflections 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1990 Documentary 3	19 8:30 – This Day in History 9:30 – Chair Yoga 10:30 – What's in the Bag? 1:00 – Memory Match 3:00 – Coffee & Conversation 6:00 – Classic Movie	20 8:30 – This Day In History 9:30 Seated Balloon Volleyball 10:30 Morning Music 1:00 Paint & Sip 3:00 Name That Tune 6:00 Relaxing Music	21 8:30 This Day in History 9:30 Chair Zumba 10:00 Mementos & Memories 11:00 Happy Hour 2:00 Travel Around the Decades 3:00 Outdoor Walk 5:00 Circle Book Read	22 8:30 This Day in History 9:30 Mini Golf 10:00 Finish the Lyric 1:00 1990s Trivia 3:00 Sing Along ULV 6:00 Classic TV Night	23 8:30 This Day in History 9:30 Balloon Volleyball 10:30 Guess the Scent 1:00 Sweet Treat Social 3:00 Name That Tune: 50s–70s 6:00 Relaxing Music & Memories	24 8:30 This Day in History 9:30 Memory Match 10:00Chair Yoga w/ MOD 1:00 Music Bingo 6:00 Movie
25 8:30 Morning Music 10:00 Chair Cardio 2:00 Memory Match 3:00 Song of Praise 6:00 1990 Documentary 4	26 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 1970 General Trivia 6:00 Movie Night	27 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Movie Night	28 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Finish the Lyric 3:00 Outdoor Walk 5:00 Sing-Along	29 8:30 This Day in History 9:30 Chair Cardio 10:00 Finish the Lyric 1:00 Sweet Treat Social 3:00 Sing Along ULV 6:00 Classic TV Night	30 8:30This Day in History 9:30 Hallway Bowling 10:30 Zumba Gold 11:00 Trick or Treat Family Day 3:00 Outdoor Walk 6:00 Movie & Popcorn	31 HAPPY HALLOWEEN 8:30 This Day in History 9:30 Walking Club 10:00 Sing-Along w/ MOD 1:00 Bingo 6:00 Movie