

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Spirit 80s SEPTEMBER		1 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo Roller Skates	2 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	3 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Scenic Drive 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	4 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1950 Fun Facts 1:00 Bingo (\$) 2:00 Football/ Soccer 3:00 Music Pary 6:00 Qwirkle Boombox	5 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
6 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1980 Documentary 1	7 8:30 This Day In History 9:00 Soduku 9:30 Chair Yoga 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 6:00 Uno	8 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	9 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	10 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Scenic Drive 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	11 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1950 Fun Facts 1:00 Bingo (\$) 2:00 Football/ Soccer 3:00 Music Pary 6:00 Qwirkle	12 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
13 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1980 Documentary 2	14 8:30 This Day In History 9:00 Soduku 9:30 Chair Yoga 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 6:00 Uno	15 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	16 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 11:00 Back to the 80's Family Day 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	17 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Scenic Drive 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	18 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1950 Fun Facts 1:00 Bingo (\$) 2:00 Football/ Soccer 3:00 Music Pary 6:00 Qwirkle	19 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
20 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1980 Documentary 3 Rubik's Cube	21 8:30 This Day In History 9:00 Soduku 9:30 Chair Yoga 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 6:00 Uno	22 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	23 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	24 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Scenic Drive 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song Woman	25 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1950 Fun Facts 1:00 Bingo (\$) 2:00 Football/ Soccer 3:00 Music Pary 6:00 Qwirkle	26 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
27 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1980 Documentary 4	28 8:30 This Day In History 9:00 Soduku 9:30 Chair Yoga 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 6:00 Uno	29 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	30 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	StarRETROTriangle Color Key: Special Events/ Outings Physical Activity Resident Lead Spiritual Social Intellectual Wellness Through the Decades Purposeful (\$) Requires Money Requires Sing Up		