

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  				Color Key: Special Events/ Outings Physical Activity Resident Lead Spiritual Social Intellectual Wellness Through the Decades Purposeful (\$) Requires Money Requires Sing Up		1 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
2 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1970 Documentary 1	3 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 General Trivia 6:00 Dominoes	4 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	5 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	6 8:30 This Day in History 9:30 Mini Golf 10:00 Menu Chat W/ John 1:00 Craft W/ Sandra (Activity Room) 3:00 Sing Along ULV 6:00 Rummy	7 8:30 This Day in History 9:30 Chair Cardio 10:00 Trip to Walmart 1:00 Bingo (\$) 3:00 Chess	8 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
9 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1970 Documentary 2	10 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 General Trivia 6:00 Dominoes	11 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	12 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	13 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 2:00 Music Bingo (Dining Room) 3:00 Sing Along ULV 6:00 Rummy	14 8:30 This Day in History 9:30 Chair Cardio 10:00 Dollar Tree 1:00 Bingo (\$) 3:00 Chess	15 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
16 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1970 Documentary 3	17 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 General Trivia 6:00 Dominoes	18 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	19 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	20 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 1:00 1970 Friendship Bracelets craft W/ Jeff 3:00 Sing Along ULV 6:00 Rummy	21 8:30 This Day in History 9:30 Chair Cardio 1:00 Bingo (\$) 3:00 Chess	22 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
23 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1970 Documentary 4	24 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 General Trivia 6:00 Dominoes	25 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	26 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	27 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 1:00 Out To Eat Ice Cream 3:00 Sing Along ULV 6:00 Rummy	28 8:30 This Day in History 9:30 Chair Cardio 10:00 Trip to Walmart 1:00 Bingo (\$) 3:00 Chess	29 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie