



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	2 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 1:00 Brain Boost 3:00 Sing Along ULV 6:00 Rummy	3 8:30 This Day in History 9:30 Chair Cardio 11:30 4th of July Family Day 3:00 Chess	4 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
5 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1960 Documentary 1	6 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 General Trivia 6:00 Dominoes	7 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	8 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	9 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 1:00 Brain Boost 3:00 Sing Along ULV 6:00 Rummy	10 8:30 This Day in History 9:30 Chair Cardio 10:00 Trip to Walmart 1:00 Bingo (\$) 3:00 Chess	11 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
12 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1960 Documentary 2	13 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 General Trivia 6:00 Dominoes	14 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR 	15 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	16 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 1:00 Brain Boost 3:00 Sing Along ULV 6:00 Rummy	17 8:30 This Day in History 9:30 Chair Cardio 10:00 Dollar Tree 1:00 Bingo (\$) 3:00 Chess	18 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
19 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1960 Documentary 3	20 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 General Trivia 6:00 Dominoes	21 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	22 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	23 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 1:00 Brain Boost 3:00 Sing Along ULV 6:00 Rummy 	24 8:30 This Day in History 9:30 Chair Cardio 1:00 Bingo (\$) 3:00 Chess	25 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR w/ MOD 1:00 Music Bingo 6:00 Movie
26 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1960 Documentary 4 	27 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 General Trivia 6:00 Dominoes	28 8:30 This Day in History 9:30 Mini Golf 1:00 Resident Town Hall 2:00 Resident Council 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	29 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	30 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 1:00 Brain Boost 3:00 Sing Along ULV 6:00 Rummy	31 8:30 This Day in History 9:30 Chair Cardio 1:00 Bingo (\$) 3:00 Chess	Color Key: Special Events/ Outings Physical Activity Resident Lead Spiritual Social Intellectual Wellness Around the World Purposeful (\$) Requires Money Requires Sing Up

