



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk ( childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	2 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	3 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1900 Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	4 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR 1:00 Music Bingo 6:00 Movie
5 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1930 Documentary 1	6 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Bingo	7 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	8 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk ( childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	9 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	10 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1900 Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	11 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR 1:00 Music Bingo 6:00 Movie
12 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1930 Documentary 2	13 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Bingo	14 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	15 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk ( childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	16 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	17 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1900 Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	18 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR 1:00 Music Bingo 6:00 Movie
19 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1930 Documentary 3	20 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Bingo	21 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	22 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk ( childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	23 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	24 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1900 Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	25 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR 1:00 Music Bingo 6:00 Movie
26 8:30 Trivia 10:00 Chair Yoga 2:00 Hallway Bowling 3:00 Song of Praise 6:00 1930 Documentary 4	27 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Bingo	28 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	29 Salon Open 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk ( childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	30 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song		

Color Key:  
 Special Events/ Outings  
 Physical Activity  
 Resident Lead  
 Spiritual  
 Social  
 Intellectual  
 Wellness  
 Around the World  
 Purposeful  
 (\$) Requires Money  
 Requires Sing Up

