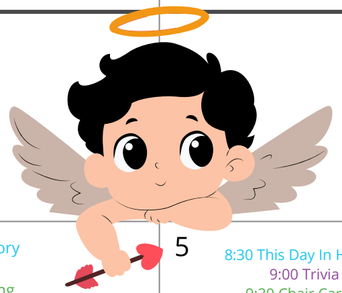
February

Spirit

Love Wins



HAPPY Valentines DAY

Color Key:
- Special Events/ Outings
- Physical Activity
- Resident Lead
- Spiritual
- Social
- Intellectual
- Wellness
- Around the World
- Purposeful
- ($) Requres Money
- Requires Sing Up

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 1910 Documentary 1	2 8:30 This Day In History 9:00 Soduku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Uno	3 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	4 8:30 This Day In History 9:00 Cross Word 9:30 Chair Kick Boxing 10:00 Mementos & Memories 10:45 Hot Towels 1:00 Happy Hour 3:00 Horse and Duck Race 3:45 Hot Towels 5:00 Ice Cream	5 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	6 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1900 Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	7 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Art & Craft 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie
8 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 1910 Documentary 2	9 8:30 This Day In History 9:00 Soduku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Uno	10 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	11 8:30 This Day In History 9:00 Cross Word 9:30 Chair Kick Boxing 10:00 Mementos & Memories 10:45 Hot Towels 1:00 Happy Hour 3:00 Horse and Duck Race 3:45 Hot Towels 5:00 Ice Cream	12 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	13 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1900 Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	14 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Art & Craft 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie
15 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 1910 Documentary 3	16 8:30 This Day In History 9:00 Soduku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Uno	17 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Men's Grooming 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	18 8:30 This Day In History 9:00 Cross Word 9:30 Chair Kick Boxing 10:00 Mementos & Memories 10:45 Hot Towels 1:00 Happy Hour 3:00 Horse and Duck Race 3:45 Hot Towels 5:00 Ice Cream	19 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	20 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 1900 Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	21 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Art & Craft 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie
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