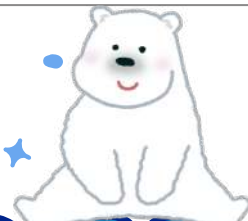


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Uno	2 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Ladies Nails 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	3 8:30 This Day In History 9:00 Cross Word 9:30 Chair Kick Boxing 10:00 Mementos & Memories 10:45 Hot Towels 1:00 Happy Hour 3:00 Horse and Duck Race 3:45 Hot Towels 5:00 Ice Cream	4 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 11:00 Lunch 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	5 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 Scotland Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	6 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Art & Craft 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie Richey Rich's Christmas Wish	
7 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Color and Unwind	8 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Uno	9 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Ladies Nails 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	10 8:30 This Day In History 9:00 Cross Word 9:30 Chair Kick Boxing 10:00 Mementos & Memories 10:45 Hot Towels 1:00 Happy Hour 3:00 Horse and Duck Race 3:45 Hot Towels 5:00 Ice Cream	11 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 11:00 Lunch 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	12 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 Scotland Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	13 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Art & Craft 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie One Magic Christmas	
14 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Color and Unwind	15 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Uno	16 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Ladies Nails 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	17 8:30 This Day In History 9:00 Cross Word 9:30 Chair Kick Boxing 10:00 Mementos & Memories 10:45 Hot Towels 1:00 Happy Hour 3:00 Horse and Duck Race 3:45 Hot Towels 5:00 Ice Cream	18 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 11:00 Lunch 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	19 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 Scotland Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	20 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Art & Craft 3:00 Music Bingo 3:45 Hot Towels 6:00 Home Alone	
21 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Color and Unwind	22 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Uno	23 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Ladies Nails 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	24 8:30 This Day In History 9:00 Cross Word 9:30 Chair Kick Boxing 10:00 Mementos & Memories 10:45 Hot Towels 1:00 Happy Hour 3:00 Horse and Duck Race 3:45 Hot Towels 5:00 Ice Cream	25 8:30 This Day In History 9:00 Trivia 9:30 Chair Cardio 10:45 Hot Towels 11:00 Lunch 2:00 Cup Pong 3:00 Ballon Volleyball 3:45 Hot Towels 6:00 Guest the Song	26 8:30 This Day In History 9:00 Crossword 9:30 Chair Yoga 10:00 Scotland Fun Facts 10:45 Hot Towels 1:00 Reminiscing 2:00 Football/ Soccer 3:00 Music Pary 3:45 Hot Towels 6:00 Qwirkle	27 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Art & Craft 3:00 Music Bingo 3:45 Hot Towels 6:00 Home Alone 2	
28 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Color and Unwind	29 8:30 This Day In History 9:00 Sudoku 9:30 Chair Yoga 10:45 Hot Towels 1:00 Tapple 2:00 Ladies Luxe Nails 3:00 Sing Along 3:45 Hot Towels 6:00 Uno	30 8:30 This Day In History 9:00 Chair Strech 9:30 Chair Stretching 10:00 Short Stories 10:45 Hot Towels 1:00 Ladies Nails 2:00 Hallway Bowling 3:45 Hot Towels 6:00 Bingo	31 8:30 This Day In History 9:00 Cross Word 9:30 Chair Kick Boxing 10:00 Mementos & Memories 10:45 Hot Towels 1:00 Happy Hour 3:00 Horse and Duck Race 3:45 Hot Towels 5:00 Ice Cream				
						Color Key: Special Events/ Outings Physical Activity Resident Lead Spiritual Social Intellectual Wellness Around the World Purposeful (\$) Requires Money Requires Sing Up 	