

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November		Color Key: Special Events/ Outings Physical Activity Resident Lead Spiritual Social Intellectual Wellness Around the World Purposeful (\$) Requires Money Requires Sing Up				
2 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Australia Documentary 1	3 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 Wheel of Fortune 6:00 Dominoes	4 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	5 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	6 Salon Open 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Ollie) 10:30 Rosary PDR 1:00 Spanish Lasson w/ Jeffrey 3:00 Sing Along ULV 6:00 Rummy	7 8:30 This Day in History 9:30 Chair Cardio 1:00 Bingo (\$) 3:00 Chess 6:00 Gentlemen's Poker (\$)	8 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR 1:00 Music Bingo 6:00 Movie
9 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Australia Documentary 2	10 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 Wheel of Fortune 6:00 Dominoes	11 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	12 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	13 Salon Open 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 10:30 Rosary PDR 1:00 Spanish Lasson w/ Jeffrey 3:00 Sing Along ULV 6:00 Rummy	14 8:30 This Day in History 9:30 Chair Cardio 1:00 Bingo (\$) 3:00 Chess 6:00 Gentlemen's Poker (\$)	15 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR 1:00 Music Bingo 6:00 Movie
16 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Australia Documentary 3	17 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 Wheel of Fortune 6:00 Dominoes	18 8:30 This Day in History 9:30 Mini Golf 1:00 Bingo (\$) 3:00 Heart to Heart Visit 6:00 Hand & Foot PDR	19 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	20 Salon Open 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Ollie) 10:30 Rosary PDR 1:00 Spanish Lasson w/ Jeffrey 4:00 Family Night	21 8:30 This Day in History 9:30 Chair Cardio 1:00 Bingo (\$) 3:00 Chess 6:00 Gentlemen's Poker (\$)	22 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR 1:00 Music Bingo 6:00 Movie
23 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Australia Documentary 3	24 8:30 This Day in History 9:30 Chair Cardio 10:00 Mini Golf 1:00 Heart To Heart Visits 3:00 Wheel of Fortune 6:00 Dominoes	25 8:30 This Day in History 9:30 Mini Golf 1:00 Town Hall 2:00 Resident Council 3:00 Bingo 6:00 Hand & Foot PDR	26 8:30 This Day in History 9:00 Zumba Gold 9:30 Chair Yoga 10:00 Mementos & Memories 1:00 Happy Hour with Entertainer DR 2:00 Group talk (childhood memory) 3:00 Outdoor Walk 5:00 Circle Book Read	27 Salon Open 8:30 This Day in History 9:30 Mini Golf 10:00 Therapy Dog (Molly) 10:30 Rosary PDR 1:00 Spanish Lasson w/ Jeffrey 3:00 Sing Along ULV 6:00 Rummy	28 8:30 This Day in History 9:30 Chair Cardio 1:00 Bingo (\$) 3:00 Chess 6:00 Gentlemen's Poker (\$)	29 8:30 This Day in History 9:30 Walking Club 10:00 Hand and Food PDR 1:00 Music Bingo 6:00 Movie
30 8:30 Trivia 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Song of Praise 3:45 Hot Towels 6:00 Australia Documentary 4						