



November

SPIRIT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are Subject to Change. Activities are held in the Memory Care, with the exception of special events which are in the Main Dining Room.</p> <p>Special Dates:  Veteran's Day 11th Thanksgiving 28th</p>			<p>Color Key: Special Events/ Outings Physical Activity Spiritual Social Cognitive Wellness National Parks</p>		<p>1 8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Reminiscing 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 3:45 Hot Towels 6:00 Water Painting</p>	<p>2 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Arts & Crafts 3:00 Music Bingo 3:45 Hot Towels 6:00 Documentary: Yellowstone</p>
<p>3 8:30 Trivia 9:00 Service w/ Pastor Rick 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Songs of Praise 3:45 Hot Towels 6:00 Color & Unwind</p>	<p>4 8:30 This Day In History 9:00 Sudoku 9:30 Chair Dancing 10:00 Caring K9 Therapy Dog 2:00 Ladies Luxe Nails 3:00 Sing Along w/ Amy 3:45 Hot Towels 6:00 Go Fish!</p> 	<p>5 8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Mock Election 10:45 Hot Towels 2:00 Gentlemens Grooming 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>6 8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 10:00 Qwirkle 10:45 Hot Towels 1:00 Outing-Scenic Drive 3:00 Familiar Faces Bingo 3:45 Hot Towels 5:00 Rootbeer Floats</p>	<p>7 8:30 This Day In History 9:00 Wordle 9:30 Noodle Ball 10:00 Hungry Hippos 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Sing Along 3:45 Hot Towels 6:00 Duck Race</p>	<p>8 8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Reminiscing 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 3:45 Hot Towels 6:00 Water Painting</p>	<p>9 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Arts & Crafts 3:00 Music Bingo 3:45 Hot Towels 6:00 Documentary: Yellowstone</p>
<p>10 8:30 Trivia 9:00 Service w/ Pastor Rick 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Songs of Praise 3:45 Hot Towels 6:00 Color & Unwind</p>	<p>11 8:30 This Day In History 9:00 Sudoku 9:30 Chair Dancing 10:00 Caring K9 Therapy Dog 11:00 Veteran's Day Luncheon DR 2:00 Ladies Luxe Nails 3:00 Fall Craft w/ Denise 3:45 Hot Towels 6:00 Crazy 8's</p>	<p>12 8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Twister Toss 10:45 Hot Towels 2:00 Gentlemens Grooming 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>13 8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 10:00 Veteran Pinning Ceremony 10:45 Hot Towels 1:00 Outing-Scenic Drive 3:00 Familiar Faces Bingo 3:45 Hot Towels 5:00 Smores</p>	<p>14 8:30 This Day In History 9:00 Wordle 9:30 Noodle Ball 10:00 Cup Pong 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Sing Along 3:45 Hot Towels 6:00 Duck Race</p>	<p>15 8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Think Tank-Armchair Travel 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 3:45 Hot Towels 6:00 Water Painting</p>	<p>16 8:30 This Day In History 9:00 Mini Crossword 9:30 Cup Stacking 10:00 Chair Dancing 10:45 Hot Towels 2:00 Arts & Crafts 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie: Mountain Men</p>
<p>17 8:30 Trivia 9:00 Service w/ Pastor Rick 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Songs of Praise 3:45 Hot Towels 6:00 Color & Unwind</p>	<p>18 8:30 This Day In History 9:00 Sudoku 9:30 Chair Dancing 10:00 Caring K9 Therapy Dog 10:45 Hot Towels 2:00 Ladies Luxe Nails 3:00 Birdhouses w/ Justin 3:45 Hot Towels 6:00 Uno</p>	<p>19 8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Twister Toss 10:00 VIP Welcome Event 10:45 Hot Towels 2:00 Gentlemens Grooming 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>20 8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 10:00 Qwirkle 10:45 Hot Towels 11:00 Outing-Cookout in the Park w/ John 3:00 Familiar Faces Bingo 3:45 Hot Towels 5:00 Hot Chocolate</p>	<p>21 8:30 This Day In History 9:00 Wordle 9:30 Noodle Ball 10:00 Hungry Hippos 10:45 Hot Towels 3:00 Sing Along 3:45 Hot Towels 6:00 Duck Race</p> 	<p>22 8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Reminiscing 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 3:45 Hot Towels 6:00 Water Painting</p>	<p>23 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Arts & Crafts 3:00 Music Bingo 3:45 Hot Towels 6:00 Documentary: Nat Geo Yellowstone</p>
<p>24 8:30 Trivia 9:00 Service w/ Pastor Rick 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Songs of Praise 3:45 Hot Towels 6:00 Color & Unwind</p>	<p>25 8:30 This Day In History 9:00 Sudoku 9:30 Chair Dancing 10:00 Caring K9 Therapy Dog 10:45 Hot Towels 2:00 Ladies Luxe Nails 3:00 Qwirkle w/ Karen 3:45 Hot Towels 6:00 Go Fish!</p>	<p>26 8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Twister Toss 10:45 Hot Towels 2:00 Mock Staff Meeting 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>27 8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 10:00 Qwirkle 10:45 Hot Towels 1:00 Outing-Scenic Drive 3:00 Familiar Faces Bingo 3:45 Hot Towels 5:00 Build Your Own Apple Pie</p>	<p>28 9:00 Macy's Thanksgiving Day Parade 11:00 Thanksgiving Dinner DR 12:30 Chicago Bears v Detroit Lions 6:00 Duck Race</p>	<p>29 8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Reminiscing 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 4:00 Tree Lighting DR 6:00 Water Painting</p> 	<p>30 8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Arts & Crafts 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie: Yellowstone</p>