

# SPIRIT

# OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are Subject to Change. Activities are held in the Memory Care, with the exception of special events which are in the Main Dining Room.</p> <p>Special Dates: Fall Festival 17th Spooktacular Stroll 24th Halloween Party 31st</p>		<p>1</p> <p>8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Twister Toss 10:45 Hot Towels 2:00 Gentlemens Grooming 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>2</p> <p>8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 1:00 Outing-Scenic Drive 3:00 Familiar Faces Bingo 3:45 Hot Towels 5:00 Ice Cream Social</p>	<p>3</p> <p>8:30 This Day In History 9:00 Wordle 9:30 Noodle Ball 10:00 Cup Pong 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Sing Along 3:45 Hot Towels 6:00 Duck Race</p>	<p>4</p> <p>8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Reminiscing 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 3:45 Hot Towels 6:00 Water Painting</p>	<p>5</p> <p>8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Arts &amp; Crafts 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie: City Slickers DLV</p>
	<p>6</p> <p>8:30 Trivia 9:00 Service w/ Pastor Rick 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Songs of Praise 3:45 Hot Towels 6:00 Color &amp; Unwind</p>	<p>7</p> <p>8:30 This Day In History 9:00 Sudoku 9:30 Chair Dancing 10:00 Caring K9 Therapy Dog 2:00 Ladies Luxe Nails 3:00 Sing Along w/ Amy 4:00 Birthday Cake Courtesy of Coastal Cremations 3:45 Hot Towels 6:00 Go Fish!</p> 	<p>8</p> <p>8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Twister Toss 10:45 Hot Towels 2:00 Gentlemens Grooming 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>9</p> <p>8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 10:00 Qwirkle 10:45 Hot Towels 1:00 Outing-Scenic Drive 3:00 Familiar Faces Bingo 3:45 Hot Towels 5:00 Rootbeer Floats Bistro</p> 	<p>10</p> <p>8:30 This Day In History 9:00 Wordle 9:30 Noodle Ball 10:00 Hungry Hippos 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Decorating for Halloween 3:45 Hot Towels 6:00 Duck Race</p>	<p>11</p> <p>8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Reminiscing 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 3:45 Hot Towels 6:00 Water Painting</p>
<p>13</p> <p>8:30 Trivia 9:00 Service w/ Pastor Rick 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Songs of Praise 3:45 Hot Towels 6:00 Color &amp; Unwind</p>	<p>14</p> <p>8:30 This Day In History 9:00 Sudoku 9:30 Chair Dancing 10:00 Caring K9 Therapy Dog 10:45 Hot Towels 2:00 Ladies Luxe Nails 3:00 Halloween Suncatcher Craft w/ Denise 3:45 Hot Towels 6:00 Crazy 8's</p> 	<p>15</p> <p>8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Twister Toss 10:45 Hot Towels 2:00 Gentlemens Grooming 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>16</p> <p>8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 10:00 Qwirkle 10:45 Hot Towels 1:00 Pumpkin Painting w/ John DR 3:00 Familiar Faces Bingo 3:45 Hot Towels 5:00 Ice Cream Social Bistro</p>	<p>17</p> <p>8:30 This Day In History 9:00 Wordle 9:30 Noodle Ball 10:00 Cup Pong 10:45 Hot Towels 2:00 Hallway Bowling 3:45 Hot Towels 4:00 Fall Festival</p> 	<p>18</p> <p>8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Think Tank-Armchair Travel 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 3:45 Hot Towels 6:00 Water Painting</p>	<p>19</p> <p>8:30 This Day In History 9:00 Mini Crossword 9:30 Cup Stacking 10:00 Chair Dancing 10:45 Hot Towels 2:00 Arts &amp; Crafts 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie: Close Encounters of the Third Kind DLV</p>
<p>20</p> <p>8:30 Trivia 9:00 Service w/ Pastor Rick 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Songs of Praise 3:45 Hot Towels 6:00 Color &amp; Unwind</p>	<p>21</p> <p>8:30 This Day In History 9:00 Sudoku 9:30 Chair Dancing 10:00 Caring K9 Therapy Dog 10:45 Hot Towels 2:00 Ladies Luxe Nails 3:00 Painting Halloween Squishies w/ Justin 3:45 Hot Towels 6:00 Uno</p>	<p>22</p> <p>8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Twister Toss 10:00 VIP Welcome Event 10:45 Hot Towels 2:00 Gentlemens Grooming 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>23</p> <p>8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 10:00 Qwirkle 10:45 Hot Towels 11:00 Outing: Central Park Restaurant 3:00 Magnet Fishing 3:45 Hot Towels 5:00 Root Beer Floats Bistro</p>	<p>24</p> <p>8:30 This Day In History 9:00 Wordle 9:30 Noodle Ball 10:00 Hungry Hippos 10:45 Hot Towels 1:00 Spooktacular Stroll 3:45 Hot Towels 6:00 Duck Race</p> 	<p>25</p> <p>8:30 This Day In History 9:00 4 Pics, 1 Word 9:30 Chair Yoga 10:00 Reminiscing 10:45 Hot Towels 2:00 Chair Kickball 3:00 Bingo 3:45 Hot Towels 6:00 Water Painting</p>	<p>26</p> <p>8:30 This Day In History 9:00 Mini Crossword 9:30 Chair Dancing 10:00 Cup Stacking 10:45 Hot Towels 2:00 Arts &amp; Crafts 3:00 Music Bingo 3:45 Hot Towels 6:00 Movie: The Shining DLV</p>
<p>27</p> <p>8:30 Trivia 9:00 Service w/ Pastor Rick 10:00 Chair Yoga 10:45 Hot Towels 2:00 Hallway Bowling 3:00 Songs of Praise 3:45 Hot Towels 6:00 Color &amp; Unwind</p>	<p>28</p> <p>8:30 This Day In History 9:00 Sudoku 9:30 Chair Dancing 10:00 Caring K9 Therapy Dog 10:45 Hot Towels 2:00 Ladies Luxe Nails 3:00 Pay Day Game w/ Karen 3:45 Hot Towels 6:00 Go Fish!</p>	<p>29</p> <p>8:30 This Day In History 9:00 7 Little Words 9:30 Balloon Volleyball 10:00 Twister Toss 10:45 Hot Towels 2:00 Mock Staff Meeting 2:30 Music w/ James 3:45 Hot Towels 6:00 Bingo</p>	<p>30</p> <p>8:30 This Day In History 9:00 Hangman 9:30 Drum Cardio 10:00 Qwirkle 10:45 Hot Towels 1:00 Outing-Scenic Drive 3:00 Familiar Faces Bingo 3:45 Hot Towels 5:00 Hot Chocolate Bar Bistro</p>	<p>31</p> <p>8:30 This Day In History 9:00 Wordle 9:30 Noodle Ball 10:00 Hungry Hippos 10:45 Hot Towels 1:00 Halloween Party 3:45 Hot Towels 6:00 Duck Race</p>	<p>Color Key:</p> <ul style="list-style-type: none"> <li>Special Events/ Outings</li> <li>Physical Activity</li> <li>Spiritual</li> <li>Social</li> <li>Intellectual</li> <li>Wellness</li> <li>National Parks</li> <li>Purposeful</li> </ul>	