

January 2025 MC Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day Salon Open Every Wednesday 11:00 HYDRATION STATION 11:30 Lunch 2:45 HYDRATION STATION 3:30 Donuts & Coffee 4:00 Classical Movie Time [CR]	10:30 MORNING WALK 11:00 HYDRATION STATION 11:30 Lunch 1:30 LET'S DANCE [AR] 2:30 Mind & Melody Music Session (Lobby) 2:45 HYDRATION STATION 3:30 SOMETHING SWEET [OOC] 4:00 Classical Movie Time [CR]	10:30 Seated Exercise 11:00 HYDRATION STATION 11:00 Name That Tune 11:30 Lunch 2:00 Healing Art with Gabby 2:45 HYDRATION STATION 3:00 LIVE MUSIC 3:00 Something Sweet 4:00 Classical Movie Time [CR]	11:00 HYDRATION STATION 11:30 Lunch 2:00 Puzzles [AR] 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]
10:00 CHURCH SERVICE 10:30 Shabbat Services in TV Room 11:00 HYDRATION STATION 11:30 Lunch 2:00 Classical Movie WITH POPCORN 2:00 Classical Movie WITH POPCORN 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	10:30 Chair Yoga 11:00 HYDRATION STATION 11:30 Lunch 2:00 BINGO 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	10:30 TUESDAY MORNING OUTING 11:00 HYDRATION STATION 11:30 Lunch 2:00 GET FIT WITH Adam 2:45 HYDRATION STATION 3:00 CORN HOLE 3:00 Something Sweet 4:00 Classical Movie Time [CR]	Salon Open Every Wednesday 10:30 BICYCLE WORKOUT 11:00 HYDRATION STATION 11:30 Lunch 2:00 WATER COLOR 2:45 HYDRATION STATION 3:30 Donuts & Coffee 4:00 Classical Movie Time [CR]	11:00 HYDRATION STATION 11:30 Lunch 1:30 AFTERNOON WALK [AR] 2:30 Mind & Melody Music Session (Lobby) 2:45 HYDRATION STATION 3:30 SOMETHING SWEET [OOC] 4:00 Classical Movie Time [CR]	10:30 COFFEE & CONVERSATION 11:00 HYDRATION STATION 11:30 Lunch 2:00 BAKING WITH DAYSHA 2:45 HYDRATION STATION 3:00 LIVE MUSIC 4:00 Classical Movie Time [CR]	11:00 HYDRATION STATION 11:30 Lunch 2:00 Puzzles [AR] 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]
10:00 CHURCH SERVICE 10:30 Shabbat Services in TV Room 11:00 HYDRATION STATION 11:30 Lunch 2:00 Classical Movie WITH POPCORN 2:00 Classical Movie WITH POPCORN 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	10:30 TRIVIA 11:00 HYDRATION STATION 11:30 Lunch 2:00 ART AND CRAFT 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	10:30 TUESDAY MORNING OUTING 11:00 HYDRATION STATION 11:30 Lunch 2:00 GET FIT WITH Adam 2:45 HYDRATION STATION 3:00 CARD GAME 3:30 Something Sweet 4:00 Classical Movie Time [CR]	Salon Open Every Wednesday 10:30 CURRENT EVENTS 11:00 HYDRATION STATION 11:30 Lunch 2:00 PAINTING 2:45 HYDRATION STATION 3:30 Donuts & Coffee 4:00 Classical Movie Time [CR]	11:00 HYDRATION STATION 11:30 Lunch 1:30 LET'S DANCE [AR] 2:30 Mind & Melody Music Session (Lobby) 2:45 HYDRATION STATION 3:30 SOMETHING SWEET [OOC] 4:00 Classical Movie Time [CR]	10:30 Seated Exercise 11:00 HYDRATION STATION 11:00 TRIVIA 11:30 Lunch 2:00 BALLOON STAMPING 2:45 HYDRATION STATION 3:00 LIVE MUSIC 3:00 Something Sweet 4:00 Classical Movie Time [CR]	11:00 HYDRATION STATION 11:30 Lunch 2:00 Puzzles [AR] 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]
10:00 CHURCH SERVICE 10:30 Shabbat Services in TV Room 11:00 HYDRATION STATION 11:30 Lunch 2:00 Classical Movie WITH POPCORN 2:00 Spa Day 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	Martin Luther King, Jr. Day 10:30 Chair Yoga 11:00 HYDRATION STATION 11:30 Lunch 2:00 TOSS'N TALK ABOUT IT 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	10:30 TUESDAY MORNING OUTING 11:00 HYDRATION STATION 11:30 Lunch 2:00 GET FIT WITH Adam 2:00 WHO AM I 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	Salon Open Every Wednesday 10:30 BICYCLE CLASS 11:00 HYDRATION STATION 11:30 Lunch 2:00 ART AND CRAFT 2:45 HYDRATION STATION 3:30 Donuts & Coffee 4:00 Classical Movie Time [CR]	10:30 STRENGTHING EXERCISE 11:00 HYDRATION STATION 11:30 Lunch 1:30 LET'S DANCE [AR] 2:30 Mind & Melody Music Session (Lobby) 2:45 HYDRATION STATION 3:30 SOMETHING SWEET [OOC] 4:00 Classical Movie Time [CR]	10:30 Seated Exercise 11:00 HYDRATION STATION 11:30 Lunch 2:00 NAME THAT TUNE 2:45 HYDRATION STATION 3:00 LIVE MUSIC 3:00 Something Sweet ROOTBEER FLOAT 4:00 Classical Movie Time [CR]	11:00 HYDRATION STATION 11:30 Lunch 2:00 Puzzles [AR] 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]
10:00 CHURCH SERVICE 10:30 Shabbat Services in TV Room 11:00 HYDRATION STATION 11:30 Lunch 2:00 Classical Movie WITH POPCORN 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	10:30 Chair Yoga 11:00 HYDRATION STATION 11:30 Lunch 2:00 BINGO 2:45 HYDRATION STATION 3:00 Something Sweet 4:00 Classical Movie Time [CR]	10:30 TUESDAY MORNING OUTING 11:00 HYDRATION STATION 11:30 Lunch 2:00 GET FIT WITH Adam 2:45 HYDRATION STATION 3:00 TRAVELING TO BRAZIL 4:00 Classical Movie Time [CR]	Salon Open Every Wednesday 11:00 HYDRATION STATION 11:30 Lunch 2:00 PING PONG 2:45 HYDRATION STATION 3:30 Donuts & Coffee 4:00 Classical Movie Time [CR]	11:00 HYDRATION STATION 11:30 Lunch 1:30 AFTERNOON WALK [AR] 2:30 Mind & Melody Music Session (Lobby) 2:45 HYDRATION STATION 3:30 SOMETHING SWEET [OOC] 4:00 Classical Movie Time [CR]	10:30 SCRABLE 11:00 HYDRATION STATION 11:00 Name That Tune 11:30 Lunch 2:00 Healing Art with Gabby 2:45 HYDRATION STATION 3:00 LIVE MUSIC 3:00 Something Sweet 4:00 Classical Movie Time [CR]	