

November 2024

MC Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>10:30 Seated Exercise 1</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 CARD GAME</p> <p>2:45 HYDRATION STATION</p> <p>3:00 LIVE MUSIC WITH GHADA</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 BOCA HIGH SCHOOL 2</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 Puzzles [AR]</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>
<p>Daylight Saving Time Begins 3</p> <p>10:00 CHURCH SERVICE</p> <p>10:30 Shabbat Services in TV Room</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 Classical Movie WITH POPCORN</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 Chair Yoga 4</p> <p>11:00 HYDRATION STATION / TRIVIA</p> <p>11:30 Lunch</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>Election Day 5</p> <p>10:30 WHO AM I</p> <p>11:00 HYDRATION STATION/ ELECTION CONVERSATION [AR]</p> <p>11:30 Lunch</p> <p>2:00 GET FIT WITH Adam</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>Salon Open Every Wednesday 6</p> <p>10:30 STRENGTHING EXERCISE</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 PING PONG</p> <p>2:45 HYDRATION STATION</p> <p>3:30 Donuts & Coffee</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 BICYCLE CLASS 7</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>1:30 LET'S DANCE [AR]</p> <p>2:30 Mind & Melody Music Session (Lobby)</p> <p>2:45 HYDRATION STATION</p> <p>3:30 STORY TIME [OOC]</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 Seated Exercise 8</p> <p>11:00 HYDRATION STATION</p> <p>11:00 Name That Tune</p> <p>11:30 Lunch</p> <p>2:00 ART AND CRAFT</p> <p>2:45 HYDRATION STATION</p> <p>3:00 LIVE MUSIC WITH GHADA</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>11:00 HYDRATION STATION 9</p> <p>11:30 Lunch</p> <p>2:00 Puzzles [AR]</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>
<p>10:00 CHURCH SERVICE 10</p> <p>10:30 Shabbat Services in TV Room</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 Classical Movie WITH POPCORN</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 SING ALONG [CR]</p>	<p>Veterans Day 11</p> <p>10:30 Chair Yoga</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 PAINTING</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 TUESDAY MORNING OUTING 12</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 GET FIT WITH Adam</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>3:30 LET'S TALK ABOUT IT</p> <p>4:00 Classical Movie Time [CR]</p>	<p>Salon Open Every Wednesday 13</p> <p>10:30 COFFEE & CONVERSATION</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 BINGO</p> <p>2:45 HYDRATION STATION</p> <p>3:30 Donuts & Coffee</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 Morning Workout 14</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>1:30 LET'S DANCE [AR]</p> <p>2:30 Mind & Melody Music Session (Lobby)</p> <p>2:45 HYDRATION STATION</p> <p>3:30 STORY TIME [OOC]</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 JAZZEXERCISE 15</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 BAKING</p> <p>2:45 HYDRATION STATION</p> <p>3:00 LIVE MUSIC WITH GHADA</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>11:00 HYDRATION STATION 16</p> <p>11:30 Lunch</p> <p>2:00 SING ALONG [AR]</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>
<p>10:00 CHURCH SERVICE 17</p> <p>10:30 Shabbat Services in TV Room</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 Classical Movie WITH POPCORN</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 SING ALONG [CR]</p>	<p>10:30 Chair Yoga 18</p> <p>11:00 HYDRATION STATION/ CONVERSATION</p> <p>11:30 Lunch</p> <p>2:00 GO FISH</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 TUESDAY MORNING OUTING 19</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 FINISH THE PHRASE</p> <p>2:00 GET FIT WITH Adam</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>Salon Open Every Wednesday 20</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 ART AND CRAFT HOLIDAY WREATH</p> <p>2:45 HYDRATION STATION</p> <p>3:30 Donuts & Coffee</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 BICYCLE CLASS 21</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>1:30 LET'S DANCE [AR]</p> <p>2:30 Mind & Melody Music Session (Lobby)</p> <p>2:45 HYDRATION STATION</p> <p>3:30 STORY TIME [OOC]</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 Seated Exercise 22</p> <p>11:00 HYDRATION STATION</p> <p>11:00 Name That Tune</p> <p>11:30 Lunch</p> <p>2:00 Healing Art with Gabby</p> <p>2:45 HYDRATION STATION</p> <p>3:00 LIVE MUSIC WITH GHADA</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>11:00 HYDRATION STATION 23</p> <p>11:30 Lunch</p> <p>2:00 Puzzles [AR]</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>
<p>10:00 CHURCH SERVICE 24</p> <p>10:30 Shabbat Services in TV Room</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 Classical Movie WITH POPCORN</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 Chair Yoga 25</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 BALLOON STAMPING</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 TUESDAY MORNING OUTING 26</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>1:30 BINGO</p> <p>2:00 GET FIT WITH Adam</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>Salon Open Every Wednesday 27</p> <p>10:30 HOT COCOA & CONVERSATION</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 SING ALONG</p> <p>2:45 HYDRATION STATION</p> <p>3:30 Donuts & Coffee</p> <p>4:00 Classical Movie Time [CR]</p>	<p>Thanksgiving 28</p> <p>10:00 MACY'S THANKSGIVING DAY PARADE</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>1:30 LET'S DANCE [AR]</p> <p>2:30 Mind & Melody Music Session (Lobby)</p> <p>2:45 HYDRATION STATION</p> <p>3:30 STORY TIME [OOC]</p> <p>4:00 Classical Movie Time [CR]</p>	<p>10:30 Seated Exercise 29</p> <p>11:00 HYDRATION STATION</p> <p>11:30 Lunch</p> <p>2:00 Healing Art with Gabby</p> <p>2:45 HYDRATION STATION</p> <p>3:00 LIVE MUSIC WITH GHADA</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>	<p>11:00 HYDRATION STATION 30</p> <p>11:30 Lunch</p> <p>2:00 Puzzles [AR]</p> <p>2:45 HYDRATION STATION</p> <p>3:00 Something Sweet</p> <p>4:00 Classical Movie Time [CR]</p>