

July 2024 MC Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 Chair Yoga 11:00 TRIVIA 11:30 Lunch 2:00 BINGO 3:00 Something Sweet 3:30 SING ALONG 4:00 Classical Movie Time	10:30 TUESDAY MORNING OUTING 11:30 Lunch 2:00 GET FIT WITH Adam 3:00 Something Sweet 3:30 CornHole 4:00 Classical Movie Time	Salon Open Every Wednesday 10:30 Morning Workout 11:00 WHO AM I 11:30 Lunch 2:00 Art & Craft 3:30 Donuts & Coffee 4:00 Classical Movie Time	Independence Day 10:00 EXERCISE WITH LANA 11:00 PETTING ZOO 12:00 4TH OF JULY LUNCH 2:00 LET'S DANCE 3:00 LIVE MUSIC [OOC] 4:00 Classical Movie Time	10:30 Seated Exercise with Enise! 11:00 Name That Tune 11:30 Lunch 2:00 Healing Art with Gabby 2:30 Jeopardy! [FR] 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time	11:30 Lunch 2:00 Puzzles [AR] 3:00 BINGO 3:30 Something Sweet 4:00 Classical Movie Time
10:30 Shabbat Services in TV Room 11:30 Lunch 2:00 SING ALONG 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time	10:30 Chair Yoga 11:00 Memory Game 11:30 Lunch 2:00 PAINT BY NUMBER 3:00 Something Sweet 4:00 Classical Movie Time	10:30 TUESDAY MORNING OUTING 11:30 Lunch 2:00 GET FIT WITH Adam 3:00 Something Sweet 3:30 CHAIR VOLLEY BALL 4:00 Classical Movie Time	Salon Open Every Wednesday 10:30 Morning Workout 11:00 WHO AM I 11:30 Lunch 2:00 GO FISH 3:00 UNO CARD GAME 3:30 Donuts & Coffee 4:00 Classical Movie Time	10:00 EXERCISE WITH LANA 11:00 Trivia 11:30 Lunch 1:30 Walking Club [AR] 2:30 Mind & Melody Music Session (Lobby) 3:30 BOOK CLUB [OOC] 4:00 Classical Movie Time	10:30 Seated Exercise with Enise! 11:00 Brain Games 11:30 Lunch 2:00 Healing Art with Gabby 2:30 Jeopardy! [FR] 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time	11:30 Lunch 2:00 Puzzles [AR] 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time
10:30 Shabbat Services in TV Room 11:30 Lunch 1:30 Walking Club 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time	10:30 Chair Yoga 11:00 FAMILY FEUD 11:30 Lunch 2:00 SCRABLE \PUZZLE 3:00 Something Sweet 4:00 Classical Movie Time	10:30 TUESDAY MORNING OUTING 11:30 Lunch 2:00 GET FIT WITH Adam 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time	Salon Open Every Wednesday 10:30 Morning Workout 11:30 Lunch 2:00 CHESS GAME 3:00 WORD SEARCH 3:30 Donuts & Coffee 4:00 Classical Movie Time	10:00 EXERCISE WITH LANA 11:00 Trivia 11:30 Lunch 1:30 Walking Club [AR] 2:30 Mind & Melody Music Session (Lobby) 3:30 BOOK CLUB [OOC] 4:00 Classical Movie Time	10:30 Seated Exercise with Enise! 11:00 Name That Tune 11:30 Lunch 2:00 Spa Day [FR] 2:30 Jeopardy! [FR] 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time	11:30 Lunch 2:00 Puzzles [AR] 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time
10:30 Shabbat Services in TV Room 11:30 Lunch 1:30 Walking Club 3:00 BINGO 3:30 Something Sweet 4:00 Classical Movie Time	10:30 Chair Yoga 11:00 WHO AM I 11:30 Lunch 2:00 Coloring 3:00 BAKING COOKIES 4:00 Classical Movie Time	10:30 TUESDAY MORNING OUTING 11:30 Lunch 2:00 GET FIT WITH Adam 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time	Salon Open Every Wednesday 10:30 Morning Workout 11:00 TRIVIA 11:30 Lunch 3:00 LIVE MUSIC WITH MIKE 3:30 Donuts & Coffee 4:00 Classical Movie Time	10:00 EXERCISE WITH LANA 11:00 FAMILY FEUD 11:30 Lunch 1:30 Walking Club [AR] 2:30 Mind & Melody Music Session (Lobby) 3:30 BOOK CLUB [OOC] 4:00 Classical Movie Time	10:30 Seated Exercise with Enise! 11:00 Brain Games 11:30 Lunch 2:30 Jeopardy! [FR] 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time	11:30 Lunch 2:00 Puzzles [AR] 3:00 BINGO 3:00 Something Sweet 4:00 Classical Movie Time
10:30 Shabbat Services in TV Room 11:30 Lunch 2:00 SPA DAY 3:00 Something Sweet 4:00 Classical Movie Time	10:30 Chair Yoga 11:00 Memory Game 11:30 Lunch 2:00 CATCH AND THROW 3:00 BINGO 3:30 Something Sweet 4:00 Classical Movie Time	10:30 TUESDAY MORNING OUTING 11:30 Lunch 2:00 GET FIT WITH Adam 3:00 CHECKER 3:30 Something Sweet 4:00 Classical Movie Time	Salon Open Every Wednesday 10:30 BICYCLE CLASS 11:00 GOING DOWN MEMORY LANE 11:30 Lunch 2:00 Art & Craft 3:30 Donuts & Coffee 4:00 Classical Movie Time			