November 2026 - Assisted Living Calendar

An Atlas Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **9 AM** Independent Time **10 AM** Hydration Station **2 PM** Snack & Socialize **3 PM** Old Country Baptist Church	**2** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **2:30 PM** Hot Chocolate **6 PM** Local News	**3** **9 AM** Walking Group **10:30 AM** Yoga **2 PM** Guitar w/Kevin **3:30 PM** Wine & Cheese **6 PM** Local News	**4** **10:30 AM** Exercise **11 AM** Bingo **2 PM** Royal Blue Band **3:30 PM** Bible Study w/Rob Lunn **6 PM** Local News	**5** **9 AM** Walking Group **10:30 AM** Bible Study **11:30 AM** Piano **12:30 PM** Lunch Club Outing **3:30 PM** Wine & Cheese **6 PM** World w/Scott & Julie	**6** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **1:30 PM** Pet Therapy **3 PM** Happy Hour **6 PM** Local News	**7** **9 AM** Busy Cart **10 AM** Reflect & Reflect **2 PM** Social Hour **6 PM** Local News
8 **9 AM** Independent Time **10 AM** Hydration Station **2 PM** Snack & Socialize **3 PM** Old Country Baptist Church	**9** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **2:30 PM** Movie & Popcorn **6 PM** Local News	**10** **9 AM** Walking Group **10:30 AM** Yoga **2 PM** Welcome to 00 **3:30 PM** Arts & Crafts **6 PM** Local News	**11** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **2 PM** Veterans **6 PM** Local News	**12** **9 AM** Walking Group **9:30 AM** Yoga **10:30 AM** Bible Study **1:30 PM** Joy Ride on the Bus **6 PM** Local News	**13** **9 AM** Puzzle Time **10:30 AM** Exercise **1:30 PM** Pet Therapy **3 PM** Happy Hour **6 PM** Local News	**14** **9 AM** Busy Cart **10 AM** Reflect & Reflect **1:30 PM** Grace Church Bible Study **6 PM** Local News
15 **9 AM** Independent Time **10 AM** Hydration Station **2 PM** Snack & Socialize **3 PM** Old Country Baptist Church	**16** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **2:30 PM** Popcorn **6 PM** Local News	**17** **9 AM** Walking Group **10:30 AM** Yoga **2 PM** History w/Vanessa **3:30 PM** Health Seminar **6 PM** Local News	**18** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **2 PM** Birthday Party **3:30 PM** Bible Study w/Rob Lunn **6 PM** Local News	**19** **9 AM** Walking Group **10:30 AM** Bible Study **11:30 AM** Lunch Club Outing **3:30 PM** Jeopardy **6 PM** World w/Scott & Julie	**20** **9 AM** Puzzle Time **10:30 AM** Exercise **1:30 PM** Pet Therapy **3 PM** Happy Hour **6 PM** Local News	**21** **9 AM** Busy Cart **10 AM** Reflect & Reflect **2 PM** Social Hour **6 PM** Local News
22 **9 AM** Independent Time **10 AM** Hydration Station **2 PM** Snack & Socialize **3 PM** Old Country Baptist Church	**23** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **2:30 PM** Chili Cookoff **6 PM** Local News	**24** **9 AM** Walking Group **10:30 AM** Yoga **12 PM** Family Night **3:30 PM** Movie & Popcorn **6 PM** Local News	**25** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **2:30 PM** Music w/Benny **6 PM** Local News	**26** **9 AM** Walking Group **10 AM** Coffee & Muffins **10:30 AM** Bible Study **2:30 PM** Movie & Popcorn **6 PM** Local News	**27** **9 AM** Puzzle Time **10:30 AM** Exercise **1:30 PM** Pet Therapy **3 PM** Happy Hour **6 PM** Local News	**28** **9 AM** Busy Cart **10 AM** Reflect & Reflect **1:30 PM** Grace Church Bible Study **6 PM** Local News
29 **9 AM** Independent Time **10 AM** Hydration Station **2 PM** Snack & Socialize **3 PM** Old Country Baptist Church	**30** **9 AM** Puzzle Time **10:30 AM** Exercise **11 AM** Bingo **2:45 PM** Zach Man Social **6 PM** Local News					

