

11:00

January 2025

Spring Park Spirit Calendar

<p>10:00 Exercise Hydrate & pick a Snack SR 2:30 Music w/ Marianne (TVR) 2:00 Snacks Galore, Juice 3:00 Gathering, sing, 6:00 Prime Timers (TVR)</p>	<p>10:15 Exercise, 6 11:00 Hydration/Bingo 2:00 Snack-A-Roo 2:30 Color me a new year 3:30 Noddle Ball Fun 4:00 Music Therapy</p>	<p>10:15 Exercise, Hydrate 7 Snacks 11:00 Weights & Vitals (SR) 11:15 3 Oaks Outing 1:00 Bible Study w/Steve 2:00 Guitar w/Kevin (A)</p>	<p>10:15 Exercise 1 11:00 Hydration, Snack 2:00 Snacks and Drinks 2:30 Royal Blues Band 3:00 Talk & learn 4:00 Bingo Game 5:00 New Years & Events New Year's Day</p>	<p>10:00 Hair Salon Opens 2 10:00 Exercise, Juice it Snacks 10:30 Piano w/Janet 11:00 Today in the News 1:00 Story Time and Tale 2:00 Music, Snacks Juju</p>	<p>10:15 Exercise, 3 Butterfly Effect 11:00 Hydration/ Socializing, Chat Time 2:30 Daily Chronicles 3:00 Coffee Talk & Intro to Brazil AW</p>	<p>9:00 The Gardens Stroll (4 TVR) 10:00 Hydration, Snack (DR) 2:00 Snacks & Socialize (DR) 4:00 News & Social Hour (TVR)</p>
<p>9:00 Independent Time12 10:00 Hydration Station & pick a Snack 3:00 The Gathering Singing (TVR) 4:00 Bingo SR 6:00 Prime Timers (TVR)</p>	<p>10:15 Exercise 13 11:00 Hydration/Bingo 2:00 Snack-A-Roo 3:00 Color Matching 4:00 Daily Chronicles</p>	<p>10:15 Exercise 14 11:00 Reminiscence & Hydration 1:00 Bible Study w/Steve 2:00 Piano w/Judy (SR) 3:00 Visual Memory Books</p>	<p>10:15 Exercise 15 11:00 Hydration/Bingo 11:45 AW Brazil Lunch (DR) 2:00 B-day Party w/Gentiva (DR) 3:00 The Gardens Stroll</p>	<p>10:00 Hair Salon Opens16 10:15 Exercise 10:30 Piano w/Janet (SR) 1:30 Jaime's Faith Focus (TVR) 4:45 AW Brazil Dinner (DR)</p>	<p>10:15 Exercise 17 11:00 Hydration/Bingo 2:00 Snack-A-Roo 3:00 Cup & Ball Memory Game 4:00 Music Therapy</p>	<p>9:00 The Gardens Stroll1(8 TVR) 10:00 Hydration, Snack (DR) 2:00 Snacks & Socialize (DR) 4:00 News & Social Hour (TVR)</p>
<p>10:00 Hydration Station19 & pick a Snack 2:30 Music w/ Marianne (TVR) 3:00 The Gathering Singing (TVR) 6:00 Prime Timers (TVR) Activity Professionals Week</p>	<p>10:15 Exercise 20 11:00 Hydration/Bingo 10:30 Music w/Tom (A) 2:00 Snack-A-Roo 3:00 Walk Down Memory Lane Martin Luther King Jr. Day</p>	<p>10:15 Exercise 21 11:00 Coffee Talk 1:00 Bible Study w/Steve 1:15 Coffee & Scenic Drive Outing 3:00 Hydration & Bingo</p>	<p>10:15 Exercise 22 11:00 Hydration/Bingo 1:00 Reading Corner 2:30 Music w/Benny (A) 4:00 Aromatherapy</p>	<p>10:00 Hair Salon Opens23 10:15 Exercise 10:30 Piano w/Janet (SR) 2:00 Snack-A-Roo 3:00 Throwback 70's 6:00 The Word w/Scott & Julie (TVR)</p>	<p>10:15 Exercise 24 11:00 Hydration/Bingo 1:00 Daily Chronicles 2:00 Music w/ Simon (A) 4:00 Color & Number Matching</p>	<p>9:00 The Gardens Stroll2(5 TVR) 10:00 Hydration, Snack (DR) 2:00 Snacks & Socialize (DR) 4:00 News & Social Hour (TVR)</p>
<p>9:00 Independent Time26 10:00 Hydration Station & pick a Snack 3:00 The Gathering Singing (TVR) 6:00 Prime Timers (TVR) Australia Day (Observed)</p>	<p>10:15 Exercise 27 11:00 Hydration/Bingo 2:00 Snacks Galore 3:00 Face Mask, Brazil Draw tyle AW 4:00 Draw and Tell</p>	<p>10:15 Exercise 28 11:00 Snacks & Fun, 1:00 Bible Study w/Steve 5:30 Family Night 6:00 Music w/Larry (A)</p>	<p>10:15 Exercise 29 11:00 Hydrate Happy Snacks 1:00 Poetry Reading 2:00 Happy Snacks & Juice Chinese New Year (Year of the Snake)</p>	<p>10:00 Hair Salon Opens30 10:15 Exercise/Snackroo 10:3, Reading0 Piano w/Janet (SR) 11:00 Pick a Story, Reading 2:00 Surprise Snacks</p>	<p>10:15 Exercise 31 11:00 Hydration 11:30 Juice & Snack 1:00 Bible Story Reding 2:00 Brazilian Styling Attire Studies AW</p>	 <p>SP SPRING PARK</p>

Location Key: (TVR) Television Room, (DR) Dining Room, (SR) Sunroom, (G) Garden, (A) Atrium | (AW) Around The Word Events | Outings | Guests/Entertainment