



Notable Quotable

“Not all of us can do great things. But we can do small things with great love.”

~ Mother Teresa, Catholic nun and canonized saint



Happy Birthday to our fabulous 5

In astrology, those born from August 1–22 are Leo's Lions. Leos are creative and charismatic. These natural-born leaders march to the beat of their own drum and aren't afraid to take initiative. Those born from August 23–31 are Virgins of Virgo. Virgos, associated with the goddess of the earth, are rooted in the material world. They are considered practical, organized, thorough, and detail-oriented.

1. Sarah Lange – August 10, 1922
2. Betty Linville – August 12, 1935
3. John Fitzpatrick- August 13, 1953
4. Methel Taylor – August 16, 1946
5. Helen Anthony – August 16, 1940

See who our residents share famous birthdays with

Meghan Markle – August 4, 1981
 Magic Johnson – August 14, 1959
 Julia Child – August 15, 1912
 Orville Wright – August 19, 1871
 Sean Connery – August 25, 1930
 Mother Teresa – August 27, 1910
 Maria Montessori – August 31, 1870

Birthstone - Peridot

Peridot is a pale-green gemstone that is as popular for jewelry today as it was in ancient times. It was called the “evening emerald” by ancient Romans, who noticed that its color shone even more vividly in lamplight, resembling the deep-green gem. Most ancient peridot came from the Red Sea island of St. John's. However, it is also found in other areas of the world. In Hawaii, peridot symbolizes the goddess Pele's tears. Some Hawaiian beaches are packed with tiny grains of peridot that are too small to cut.



Bird of the Month – Kingfisher

Kingfishers are beautiful, fast, solitary birds with small bodies and long, sharp beaks. As their name suggests, they are expert fishermen. But while fish might be their favorite meal, they eat other foods as well, including shrimp, crayfish, frogs, and insects. These clever, spritely flyers have a wingspan of up to two feet and can zoom across the sky at 25 miles per hour. Kingfishers live across the globe in a variety of habitats near water, and they nest in burrows that they dig into the ground. Their typical lifespan is six to 10 years, and their primary predators are snakes, foxes, and raccoons. They will aggressively defend their territories, chasing away intruders with a loud, rattling call. In some Native American cultures, kingfishers symbolize fertility. In Japan, they are associated with wishes coming true. These lovely birds come in a range of colors, including blue, brown, yellow, black, and green.

August 2023

Spring Park Managers

Lisa Hawkins

Executive Director

Annette Mullikin

Business Office
Director

Kim Thompson

Resident Care
Coordinator

Kim Puente

Wellness Director

Ryan Carman

Sales & Marketing
Director

Stephanie Albert

Lifestyle Director

Kevin Vincelette

Dining Service
Director

Zac Bowen

Maintenance &
Housekeeping

Spring Park Assisted Living & Memory Care

Meet Stephanie – our new Lifestyle Director

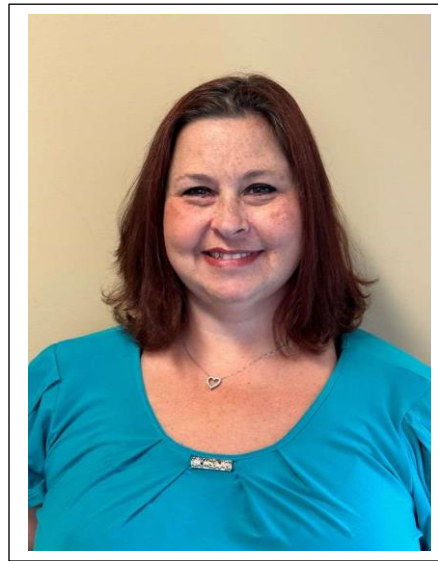
Who is Stephanie...

Hi everyone! My name is Stephanie Albert and yes, I am the third Stephanie here at Spring Park. I am originally from Augusta, GA home of the Masters. We moved to Greenville 15 years ago. I have been married for 26 wonderful years and have 3 beautiful children. Their ages are 24, 23, and 20. My eldest graduated from The Citadel, works & lives in Charleston. My daughter is a graduate from the College of Charleston. She currently is a tennis pro at Seabrook Island, while mom and dad are waiting for the real job to come along. My youngest will be a junior at the University of South Carolina this fall. My husband John is a sculpture with a fine arts degree from University of Georgia. He is employed with Heirloom Companies. I too attended College of Charleston and graduated with a Sociology degree & Gerontology. Upon moving to Greenville, I began work at Rolling Green Village



Retirement Community. I was Resident Services Coordinator for Independent Living for 9 years. As the kids were close to graduating high school, I decided I wanted to be home and enjoy my time with them before they left for college. I am now looking forward to my new chapter, getting to know the residents, their families, & being part of the Spring Park team. Please come by my office in the Activity Room with any questions, concerns, ideas or just to stop by and say hi.

Meet Kim - our new Wellness Director



My name is Kim Puente. I grew up in New Orleans. I am 1 of 5 girls. I share a birthday with one of my sisters. I went to Louisiana Tech in Bogalusa, LA. A friend of mine literally dragged me to enroll in school and later she dropped out. I have been a licensed practical nurse for twenty-three years I truly enjoy working with the geriatric population. I love hearing all about the stories that are shared about how life was when they were growing up and everything that they have lived through. I feel fortunate to be able to hear their stories as I was not able to hear a lot of stories from my own grandparents. I have been married 18 years to my wonderful husband. We have four children 25,16,11,& 7. He adopted my 25 year old. We love to travel and explore new places. My favorite travel experience is anything that involves a cruise ship! I love meeting new people from different areas of the world and introducing my children to all the many different cultures. I also love to cook, although my husband normally cooks for us. Although, I love to cook, baking is my passion. I love to make different breads, cakes, and other desserts. Which is perfect for me because I love Thanksgiving and Christmas. I love all the closeness of the family and cooking for these meals. I am so excited to be a part of this team! I am looking forward to getting to know each one of the residents and their families. I want them to know that I will take care of them and that they are in good hands while they are here.



Please Call us today to take a tour and sign up to be one of our Volunteers. 864-610-2435

Centuries of Sandwiches

John Montagu, the 4th Earl of Sandwich, is famously credited with inventing the world's first sandwich in August of 1792 when, during a card game, he called for slices of roast beef to be served between two slices of bread. His new snack became so popular that others began to order "the same as Sandwich." But a closer look at history shows that sandwiches were eaten long before the 18th century. One of the earliest recorded sandwich-eaters was Hillel the Elder, a rabbi who lived in Jerusalem during the first century. During the annual Passover Seder, Hillel regularly placed lamb and bitter herbs between slices of matzoh. These early sandwiches, mentioned in the Haggadah, have been continuously made for nearly twenty centuries.

Gladiolus -Flower of the Month



The gladiolus represents strength and moral integrity—not surprising when you consider that its name comes from the Latin word for sword: gladius. But while its sword-shaped stems might conjure Roman gladiators, its romantic-looking flowers are capable of piercing a heart with their beauty. Although "glads," as they are commonly called, are beautiful in the garden, their principal use is for cut flowers. Their range of colors and sizes makes them particularly useful for floral arrangements.

Lincoln's Penny

In 1909, the United States Mint produced the first coin ever to depict a president: Abraham Lincoln. When the Lincoln penny was launched on August 2, the public immediately took exception to the inclusion of a strange set of initials on the reverse face: V.D.B. Three days later, on August 5, Secretary of the Treasury Franklin MacVeagh suspended production of the coin and ordered the removal of the initials. Only 484,000 of these V.D.B. pennies were struck, of which only 40,000 exist in mint condition today. They remain some of the most sought-after coins by collectors.



The original Lincoln pennies were planned to be released on Lincoln's birthday on February 12, 1909, but were delayed.

In 1905, President Theodore Roosevelt organized a commission to redesign the national currency. He contacted famed sculptor August Saint-Gaudens, requesting that Saint-Gaudens create coinage resembling the beautiful coins of ancient Greece. While Saint-Gaudens designed both the \$20 and \$10 gold coins, the

artist succumbed to cancer in 1907, having never lived to see his designs minted. Although Saint-Gaudens died, Roosevelt's dream of a new currency did not. Next, Roosevelt turned to artist Victor David Brenner—V.D.B.

Brenner was one of America's preeminent metal workers. Prior to his work on the penny, Brenner created a bas-relief plaque of Lincoln based on a Civil War-era photograph taken by Mathew Brady. Roosevelt was incredibly impressed with the Lincoln bas-relief. Brenner's Lincoln bust, which still graces the penny today, remains the longest-running design in U.S. Mint history. Though they were removed in 1909, Brenner's initials were again added to the penny in 1918, this time below Lincoln's shoulder. While other collectible pennies are worth more, the V.D.B. penny's artistic and historical status amongst collectible coins make it one of the most desirable.