



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:00 Gentle exercises for Seniors Improved Health (YouTube) (LR) 9:30 My Favorite Singer (YouTube) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Color me Happy in sunroom 6:00 Nightly Chats with Spirit Team (LR)	All Residents must stay in your rooms Dining Room Closed Today All meals will be delivered to your room All sitting areas are closed today no one can sit outside	All Residents must stay in your rooms Dining Room Closed Today All meals will be delivered to your room All sitting areas are closed today no one can sit outside	Medical Transportation Day Activities subject to change 9:00 Let's Move together with Improved Health (YouTube) (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 3:00 Noodle Ball with Spirit Team (SR) 6:00 Nightly Chats with Spirit Team (LR)	9:00 15min. Gentle Chair Exercise Improved Health (YouTube) (LR) 9:30 Game Show Time (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Armchair Travel (YouTube) 6:00 Reminiscing with Spirit Team (LR)	9:00 Morning Stroll WATER the Garden 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 1:00 Pretty Nails with Spirit Team (SR) 2:00 Snack & Chat with Spirit Team 3:00 Puzzle Time in Sunroom 6:00 Lawrence Welk Show
7	8	9	10	11	12	13
9:00 Greater Vision Gospel (YouTube music) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 3:30 Old Country Bapt. Church in the Assisted Living Side 4:00 Color me Happy with Spirit Team 6:00 Nightly Chats with Spirit Team Daylight Saving Time Ends	9:00 Gentle exercises for Seniors Improved Health (YouTube) (LR) 9:30 My Favorite Singer (YouTube) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Color me Happy in sunroom 6:00 Nightly Chats with Spirit Team (LR)	Medical Transportation Day Activities subject to change 9:00 Chair Exercises for Seniors Improved Health (YouTube) (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:30-3:30 Royal Blue Band In the Coffee shop 6:00 Nightly Chats Spirit Team (LR)	9:30 Gospel Music (YouTube) (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 3:00 Music with SAMM 4:00 Spirit Team Remember Basket 6:00 Charles Stanley (YouTube) (LR)	Medical Transportation Day Activities subject to change 9:00 Let's Move together with Improved Health (YouTube) (LR) 10:30 Celebrate Spring Park 	9:00 15min. Gentle Chair Exercise Improved Health (YouTube) (LR) 9:30 Game Show Time (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Armchair Travel (YouTube) 6:00 Reminiscing with Spirit Team (LR)	9:00 Morning Stroll WATER the Garden 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 1:00 Pretty Nails with Spirit Team (SR) 2:00 Snack & Chat with Spirit Team 3:00 Puzzle Time in Sunroom 6:00 Lawrence Welk Show
14	15	16	17	18	19	20
9:00 Greater Vision Gospel (YouTube music) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 3:30 Old Country Bapt. Church in the Assisted Living Side 4:00 Color me Happy with Spirit Team 6:00 Nightly Chats with Spirit Team	9:00 Gentle exercises for Seniors Improved Health (YouTube) (LR) 9:30 My Favorite Singer (YouTube) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Color me Happy in sunroom 6:00 Nightly Chats with Spirit Team (LR)	Medical Transportation Day Activities subject to change 9:00 Chair Exercises for Seniors Improved Health (YouTube) (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 1:00 Devotionals & Singing with Steve in TVR 6:00 Nightly Chats Spirit Team (LR)	9:30 Gospel Music (YouTube) (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 1:00 Music with Craig Wilson 2:00 Snack & Chat with Spirit Team 4:00 Spirit Team Remember Basket 6:00 Charles Stanley (YouTube) (LR)	Medical Transportation Day Activities subject to change 9:00 Let's Move together with Improved Health (YouTube) (LR) 1:00 (ALL Residents) MONTHLY BIRTHDAY PARTY Melissa & Dana in Dining Room 	9:00 15min. Gentle Chair Exercise Improved Health (YouTube) (LR) 9:30 Game Show Time (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 1:00 BUS RIDE Destination unknown 2:00 Snack & Chat with Spirit Team 6:00 Reminiscing with Spirit Team (LR)	9:00 Morning Stroll WATER the Garden 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 1:00 Pretty Nails with Spirit Team (SR) 2:00 Snack & Chat with Spirit Team 3:00 Puzzle Time in Sunroom 6:00 Lawrence Welk Show
21	22	23	24	25	26	27
9:00 Greater Vision Gospel (YouTube music) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 3:30 Old Country Bapt. Church in the Assisted Living Side 4:00 Color me Happy with Spirit Team 6:00 Nightly Chats with Spirit Team	9:00 Gentle exercises for Seniors Improved Health (YouTube) (LR) 9:30 My Favorite Singer (YouTube) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Color me Happy in sunroom 6:00 Nightly Chats with Spirit Team (LR)	Medical Transportation Day Activities subject to change 9:00 Chair Exercises for Seniors Improved Health (YouTube) (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Color me Happy in sunroom 6:00 Nightly Chats Spirit Team (LR)	9:00 Snack & Chat in sunroom 1:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 3:00 Color me Happy in sunroom 4:00 Spirit Team Remember Basket 6:00 Charles Stanley (YouTube) (LR)	9:00channel 4 ~The 95 th Macy's Thanksgiving Day Parade 12:00pm The National Dog Show Channel 4 1:00 Puzzles in Atrium & Games in the Coffee Shop 6:00 Gathering in sitting room Thanksgiving Day	9:00 15min. Gentle Chair Exercise Improved Health (YouTube) (LR) 9:30 Game Show Time (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Armchair Travel (YouTube) 6:00 Reminiscing with Spirit Team (LR)	9:00 Morning Stroll WATER the Garden 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 1:00 Pretty Nails with Spirit Team (SR) 2:00 Snack & Chat with Spirit Team 3:00 Puzzle Time in Sunroom 6:00 Lawrence Welk Show
28	29	30				
9:00 Greater Vision Gospel (YouTube music) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 3:30 Old Country Bapt. Church in the Assisted Living Side 4:00 Color me Happy with Spirit Team 6:00 Nightly Chats with Spirit Team Hanukkah Begins	9:00 Gentle exercises for Seniors Improved Health (YouTube) (LR) 9:30 My Favorite Singer (YouTube) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 2:00 Snack & Chat with Spirit Team 4:00 Color me Happy in sunroom 6:00 Nightly Chats with Spirit Team (LR)	Medical Transportation Day Activities subject to change 9:00 Chair Exercises for Seniors Improved Health (YouTube) (LR) 10:00 Snack & Chat with Spirit Team 11:00 Daily Chronicles with Spirit Team 1:00 Devotionals & Singing with Steve in TVR 6:00 Nightly Chats Spirit Team (LR)	November 2021 Spring Park The Gardens Spirit Program			