

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	October 2026 Memory Care SPIRIT Calendar			9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games 2:00 BINGO 3:00 Reflect and Refresh 4:00 TV Show: Cheers (TDA)	10:00 Daily Chronicles 10:30 Parachute 12:45 Riding Tour 1:30 Tabletop Activities 2:00 Manicure's 3:00 Outdoor Karaoke and reflections 4:00 Reflections & Refresh	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn- Forrest Gump (TDA)
	10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	9:30 Stretch bands exercise 11:00 Dog Therapy 1:30 Finish the Sentence 2:00 Painting with a Purpose 3:00 Reflections & Refresh 4:00 Life Station- Desk and paper sorting	9:30 Table Talk 10:00 Entertainment: Siloam Baptist Church Singing in AL 10:30 Purposeful: Stringing Popcorn 2:00 Crafters Corner: Corn Shucking & Shelling 3:00 Reflect and Refresh 4:00 Hand Massages (TDA)	9:30 Table Talk 10:00 Jazzercise 10:45 Entertainment: Music with Benny Gandy in AL 2:30 Tasteful Treats: Ham and Cheese Pinwheels (TDA) 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games 2:00 BINGO 3:00 Reflect and Refresh 4:00 TV Show: The Golden Girls (TDA)	9:30 Table Talk 10:00 Yoga with Sheila 11:00 Manicure's 12:45 Riding Tour 2:15 Entertainment: Piano with Buckey in AL 3:00 Women's Group: Hot Cider & Chat 4:00 Reflect and Refresh
	10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	9:30 Stretch bands exercise 10:30 Entertainment: Music with Tom Fisch in AL 11:00 Finish the Pattern 1:30 Picture Talk 2:00 Painting with a Purpose 3:00 Reflections & Refresh 4:00 Life Station- Nutts & Bolts Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 Table Talk 10:00 Aerobics with 90s Music (TDA) 10:30 Crafter's Corner: Decorating Fall Cookies 2:00 Game: Dominos 3:00 Reflect and Refresh 4:00 Tailgate Cornhole	9:30 Table Talk 10:00 Jazzercise 11:00 Brain Game: Finish the Fall Saying 2:00 Cooking Demo with Dining Team in MC (TDA) 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games 2:00 BINGO 3:00 Reflect and Refresh 4:00 TV Show: Everybody Loves Raymond (TDA)	9:30 Table Talk 10:00 Stretch Bands and brisk walk 11:00 Manicure's 12:45 Riding Tour 2:00 Entertainment: Generational Silent Disco (TDA) 3:00 1990s History 4:00 Reflect and Refresh
	10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	9:30 Stretch bands exercise 11:00 Dog Therapy 1:30 Finish the Sentence 2:00 Painting with a Purpose 3:00 Reflections & Refresh 4:00 Life Station- Laundry hang and fold	9:30 Table Talk 10:00 Aerobics with 90s Music 10:30 Crafter's Corner: Pumpkin Patch 2:00 Game: Card Game Go Fish (TDA) 3:00 Reflect and Refresh 4:00 Hand Massages	9:30 Table Talk 10:00 Jazzercise 11:00 Brain Game: Name 5 2:30 Tasteful Treats: Dirt Cake (TDA) 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games 2:00 BINGO 3:00 Reflect and Refresh 4:00 TV Show: Cheers (TDA)	9:30 Table Talk 10:00 Yoga with Sheila 11:00 Manicure's 12:45 Riding Tour 2:00 Entertainment: Music with Capt. Jack in AL 3:00 Men's Group Putt Putt and Brews 4:00 Reflect and Refresh
	10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	9:30 Stretch bands exercise 11:00 1990s Slogans (TDA) 1:30 Finish the Pattern 2:00 Painting with a Purpose 3:00 Reflections & Refresh 4:00 Life Station- Magazine Scavenger Hunt for Fall	9:30 Table Talk 10:00 Aerobics with 90s Music 10:30 Crafter's Corner: Pinecone Bird feeders 2:00 Penny Ante Game Getting to know you 3:00 Reflect and Refresh 4:00 Ring Toss Game	10:00 Exercise 11:00 Game: Cup Games 2:00 Entertainment: Music with Dana Bergman 3:00 Spooky or Sweet Guessing Game 4:30 SOCIAL: Trunk or Treat with Family and Friends 7:00 Card Game Club (TDA)	9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games 2:00 BINGO 3:00 Reflect and Refresh 4:00 TV Show: Home Improvement (TDA)	9:30 Table Talk 10:00 Balloon Toss 11:00 Manicure's 12:45 Riding Tour 2:15 Monster Mash Dance Party 3:00 Birthday Celebration 4:00 Reflect and Refresh

ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE

TDA: Through the Decades- 1990s