

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  						
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	10:00 Exercise with Violet 10:30 Dog Therapy with Michele 11:00“Travel Through the Decades” discussions 2:00 Painting with a Purpose 3:00 Reflect and Refresh 4:00 Music and Memories Reminiscing 1970s	9:30 Table Talk 10:00 Exercise Kickball 11:00 Name 10 Word Game 1:45 Walking and Talk Club 2:30 Tabletop Activities 3:00 Reflect and Refresh 4:00 Sing Along- Name that Tune	9:30 Table Talk 10:00 Jazzercise 10:30 1970s Pictionary Game 11:00 Outing to: Lunch 2:30 One on One time 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games: 2:00 Planting 1970s Spider Plants 3:00 Reflect and Refresh 4:00 Joyce Meyer Devotional	9:30 Table Talk 10:00 Exercise 11:00 Manicure's 2:00 Bingo 2:30 Social: Root beer Floats 3:00 Reflect and Refresh 4:00 Outdoor Reminiscing	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	10:00 Exercise with Violet 11:00“Travel Through the Decades” discussions 2:00 Painting with a Purpose 3:00 Reflect and Refresh 4:00 Music and Memories Songs of Summer	9:30 Table Talk 10:00 Exercise Noodle Ball 11:00 What Am I? Game 1:45 Walking and Talk Club 2:30 Tabletop Activities 3:00 Reflect and Refresh 4:00 Sing Along- Name that Tune	9:30 Table Talk 10:00 Jazzercise 12:45 Outing to: Riding Tour 12:45 Water coloring Painting- Resident Led 2:00 Cooking Demo in MC 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games: Slogan's from the 1970s 2:00 Magazine Scavenger Hunt 3:00 Reflect and Refresh 4:00 Joyce Meyer Devotional	9:30 Table Talk 10:00 Yoga with Sheila 11:00 Manicure's 2:00 Generational Silent Disco 3:00 Social: Orange Creamsicles 4:00 Reflect and Refresh	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	10:00 Exercise with Violet 10:30 Dog Therapy with Michele 11:00“Travel Through the Decades” discussions 2:00 Painting with a Purpose 3:00 Reflect and Refresh 4:00 Music and Memories Rock n Roll	9:30 Table Talk 10:00 Exercise Tabletop Tennis 11:00 Hangman Game 1:45 Walking and Talk Club 2:30 Tabletop Activities 3:00 Reflect and Reflect 4:00 Sing Along- Name that Tune	9:30 Table Talk 10:00 Jazzercise 10:30 Art & Craft's with Kathleen 12:45 Outing to: Riding Tour 2:30 Dominos & Board Games 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games 2:00 Guess the Far-out Foods from 1970s 3:00 Reflect and Refresh 4:00 Joyce Meyer Devotional	9:30 Table Talk 10:00 Exercise 11:00 Manicure's 2:00 Bingo 3:00 Reflect and Refresh 4:00 Outdoor Reminiscing	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	10:00 Exercise with Violet 11:00“Travel Through the Decades” discussions 2:00 Painting with a Purpose 3:00 Reflect and Refresh 4:00 Music and Memories Country	9:30 Table Talk 10:00 Exercise 11:00 Outburst Game 1:45 Walking and Talk Club 2:30 Tabletop Activities 3:00 Reflect and Refresh 4:00 Sing Along- Name that Tune	9:30 Table Talk 10:00 Jazzercise 10:30 Entertainment: Music with Dana Bergman 12:45 Outing to: Riding Tour 2:30 Card Game Club 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	9:30 Balloon Toss 10:00 Church Service in AL 11:00 Brain Games 2:00 Sports Legends of 1970s 3:00 Reflect and Refresh 4:00 Joyce Meyer Devotional	9:30 Table Talk 10:00 Yoga with Shelia 11:00 Manicure's 2:00 Birthday Celebration 3:00 Reflect and Refresh 4:00 Hand Massages	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	10:00 Exercise with Violet 11:00“Travel Through the Decades” discussions 2:00 Painting with a Purpose 3:00 Reflect and Refresh 4:00 Music and Memories Gospel					

Transport Days for Doctor- Tuesdays *ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE

TDA: Through the Decades- 1970s