

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Memory Care SPIRIT Calendar

		9:30 Table Talk 10:00 Exercise 11:00 Manicure's 2:00 History of: May Day Baskets 3:00 Reflect and Refresh 4:00 Board Games 6:00 TV SHOW: The Goldbergs		9:00 Daily Chronicles 10:00 Kentucky Derby Race Game 2:00 Bingo with SPIRIT TEAM 3:30 Creative Coloring with SPIRIT TEAM 6:30 Saturday Night Movie with Popcorn										
May Day														
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games 3:00 Grace Church Service in AL	3	9:30 Table Talk 10:00 Exercise 10:30 Dog Therapy with Michele 11:00 Brain Games 2:00 Crafter's Corner: Pearl Necklaces (TDA) 3:00 Reflect and Refresh 4:00 TV Special: 1940s Radio Dramas (TDA)	4	9:30 Daily Chronicles 10:00 Balloon Volleyball 11:00 Board Games/ Card Games 12:45 Watercolor Painting Resident Led 2:30 Bingo 3:00 Reflect and Refresh 4:00 Chicken Soup for the Soul <small>Cinco de Mayo</small>	5	9:30 Table Talk 10:00 Jazzercise 11:00 History Happenings: The Bikini 12:45 Riding Tour: Back Road Adventures 2:30 Tasteful Treats: Apple Pie 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	6	9:30 Daily Chronicles 10:00 Church Service in AL 11:00 Creative Corner: Mother's Day Corsages 2:30 Happy Hour: Lemonade Slushies & Flexing Our Brains 3:00 Reflect and Refresh 4:00 Men's Putt Putt & Beer Nuts	7	9:30 Table Talk 10:00 Yoga with Shelia 11:00 Manicure's 1:00 Mother's Day Social 2:00 Entertainment: Music with Elvis (TDA) 3:00 Reflect and Refresh 4:00 Tabletop Activities 6:00 TV SHOW: The Goldbergs	8	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn	9	
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL <small>Mothers Day</small>	10	9:30 Table Talk 10:00 Exercise 11:00 Brain Games 12:45 Creative Coloring 2:00 Violets Delicious Delights (TDA) 3:00 Reflect and Refresh 4:00 TV Special: 1940s Fashion (TDA)	11	9:30 Daily Chronicles 10:00 Balloon Volleyball 11:00 Finish the Sentence Game 12:45 Life Stations 2:30 Bingo 3:00 Reflect and Refresh 4:00 Karaoke Singing 1940s (TDA)	12	9:30 Table Talk 10:00 Jazzercise 11:00 Outing to: Mystery Lunch 2:00 Cooking Demo with Dining Team (TDA) 3:00 Reflect and Refresh 3:30 Puzzles & Word Searches	13	9:30- Daily Chronicles 10:00 Church Service in AL 11:00 Creative Corner: Packing Paper Flowers 2:30 Happy Hour: Wine Slushies & Flexing Our Brains 3:00 Reflect and Refresh 4:00 Ring Toss Game	14	9:30 Table Talk 10:00 Exercise 11:00 Manicure's 2:00 Entertainment: Generational Silent Disco (TDA) 3:00 Reflect and Refresh 4:00 Card Games 6:00 TV SHOW: The Goldbergs	15	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn	16	<small>Armed Forces Day</small>
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL <small>National Skilled Nursing Care Week</small>	17	9:30 Table Talk 10:00 Exercise 10:30 Dog Therapy with Michele 11:00 Brain Games 12:45 Creative Coloring 2:00 Crafter's Corner: Suncatchers (TDA) 3:00 Reflect and Refresh 4:00 TV Special: 1940s Must Eat	18	9:30 Daily Chronicles 10:00 Balloon Volleyball 11:00 Board Games/ Card Games 12:45 Watercolor Painting Resident Led 2:30 Bingo 3:00 Reflect and Refresh 4:00 Chicken Soup for the Soul	19	9:30 Table Talk 10:00 Jazzercise 10:45 Prepping Picnic Sandwiches 11:45 Outing: Picnic Lunch Mini Sandwiches! 2:30 History Happenings: Duck tape & Craft 3:00 Reflect and Refresh	20	9:30 Daily Chronicles 10:00 Church Service in AL 11:00 Creative Corner: Root beer Floats & Flexing Our Brains (TDA) 3:00 Reflect and Refresh 4:00 Men's Cornhole Tourney! <small>Shavuot Begins</small>	21	9:30 Table Talk 10:00 Yoga with Shelia 11:00 Manicure's 2:00 VIP Welcome Event: Icepops with icebreakers 3:00 Reflect and Refresh 4:00 Sing Along in Courtyard 6:00 TV SHOW: The Goldbergs	22	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn	23	
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL	24	9:30 Table Talk 10:00 Exercise 11:00 Brain Games 12:45 Creative Coloring 2:00 Violets Delicious Delights (TDA) 3:00 Reflect and Refresh 4:00 TV Special: 1940s Music and Artist! (TDA) <small>Memorial Day</small>	25	9:30 Daily Chronicles 10:00 Balloon Volleyball 11:00 Wheel of Fortune Game 12:45 Life Stations 2:30 Bingo 3:00 Reflect and Refresh 4:00 Karaoke Singing 1940s (TDA)	26	10:00 Entertainment: Music with Dana Bergman 11:00 Jazzercise 12:45 Riding Tour: with Special Treat 2:30 History Happenings: Candy in the 1940s (TDA) 3:00 Reflect and Refresh 4:00 Puzzles & Word Searches	27	9:30 Daily Chronicles 10:00 Church Service in AL 11:00 Creative Corner: 2:30 Happy Hour & Flexing Our Brains (TDA) 3:00 Reflect and Refresh 4:00 Ladders Ball Game in Courtyard	28	9:30 Table Talk 10:00 Exercise 11:00 Manicure's 2:00 Birthday Celebration 3:00 Reflect and Refresh 4:00 Tabletop activities 6:00 TV SHOW: The Goldbergs	29	9:00 Daily Chronicles 10:00 Trivia and Coffee 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie with Popcorn	30	
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT team 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL	31	TDA- Through the Decades 1940s		Transport Days for Doctor- Tuesdays		*ALL ACTIVITIES ARE SUBJECT TO CHANGE								

