

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Memory Care SPIRIT Calendar

<h1>January 2026</h1> <h2>Memory Care SPIRIT Calendar</h2>				<div>9:30 Table Talk 10:00 Morning Devotional 11:00 Exercise 2:00 Painting with a Purpose 3:00 Refresh & Reflect 4:00 Name the Movie/ Actor or Actress</div> <div>New Year's Day</div>	<div>9:30 Daily Chronicles 10:00 Chair Volleyball 11:00 BINGO 2:00 Reminiscing Book 3:00 Refresh & Reflect 4:00 Tabletop Activities</div>	<div>9:00 News & Current Events 10:00 Trivia and Coffe with Tyna 2:00 Bingo 3:30 Creative Coloring 6:30 Saturday Night Movie: The Great Train Robbery (TDA)</div>
<div>10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL</div>	<div>9:30 Morning Devotional 10:00 Exercise with Kristen 10:30 Dog Therapy with Michele 11:00 Creative Coloring with SPIRIT Team 2:00 Virtual Tour: First Flight: The Race to Create the World's First Flying Machine (TDA) 3:00 Reflect and Refresh</div>	<div>9:30 Table Talk 10:00 Stretching with Bands 11:00 Hangman 2:00 Happy Hour & Trivia 3:00 Manicure's & Hand Soaks 4:00 Reflect and Refresh</div>	<div>9:30 Daily Chronicles 10:00 Jazzercise 11:00 Crafter's Corner: Paper Hand Fans with Pressed Flowers (TDA) 2:00 Tabletop Activities 3:00 Reflect and Refresh 4:00 Sensory Sorting</div>	<div>9:30 Table Talk 10:00 Church Service in AL 11:00 Painting with a Purpose: 2:00 Tasteful Treats: Stuffed Baked Apples (TDA) 3:00 Reflect and Refresh 4:00 Aromatherapy- with Essential Oils</div>	<div>9:30 Daily Chronicles 10:00 Yoga with Shelia 11:00 BINGO 2:00 Photo Memory Card (TDA) 3:00 Reflect and Refresh 4:00 Tabletop Activities- Uno</div>	<div>9:00 News & Current Events 10:00 Gardening: Planting Spider Plants with Kristen 2:00 BINGO 3:30 Creative Coloring 6:30 Saturday Night Movie: A Trip to the Moon (TDA)</div>
<div>10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL</div>	<div>9:30 Morning Devotional 10:00 Exercise with Kristen 11:00 Creative Coloring with SPIRIT Team 2:00 Virtual History: The Surprising History of the Teddy Bear, Plastic & Ice-cream Cones (TDA) 3:00 Reflect and Refresh</div>	<div>9:30 Table Talk 10:00 Stretching with Bands 11:00 Name that Tune 2:00 Ladies Teddy Bear Hot Tea Party (TDA) 3:00 Manicure's & Hand Massages 4:00 Reflect and Refresh</div>	<div>9:30 Daily Chronicles 10:00 Jazzercise 11:00 Crafter's Corner: Picasso's Blue Period Panting Lesson (TDA) 2:00 Cooking Demo with Dining Team 3:00 Reflect and Refresh 4:00 Sensory Sorting</div>	<div>9:30 Table Talk 10:00 Church Service in AL 11:00 Painting with a Purpose: 2:00 Tasteful Treats: Bagel Chip Cream Cheese Snackers 3:00 Reflect and Refresh 4:00 Name the Tune</div>	<div>9:30 Daily Chronicles 10:00 Chair Volleyball 11:00 BINGO 2:00 Reminiscing Book 3:00 Reflect and Refresh 4:00 Tabletop Activities- Go Fish</div>	<div>9:00 News & Current Events 10:00 Trivia and Coffee with Tyna 2:00 BINGO 3:30 Creative Coloring 6:30 Saturday Night Movie: Charlie and the Chocolate Factory</div>
<div>10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL</div>	<div>9:30 Morning Devotional 10:00 Exercise with Kristen 10:30 Dog Therapy with Michele 11:00 Creative Coloring with SPIRIT Team 2:00 Virtual Tour_How Henry Ford Invented the Model T (TDA) 3:00 Reflect and Refresh</div>	<div>9:30 Table Talk 10:00 Stretching with Bands 11:00 Wheel of Fortune 2:00 Happy Hour & Trivia 3:00 Manicure's & Hot Cider 4:00 Reflect and Refresh</div>	<div>9:30 Daily Chronicles 10:00 Jazzercise 11:00 Crafter's Corner: Vintage Style Post Cards (TDA) 2:00 Tabletop Activities 3:00 Reflect and Refresh 4:00 Sensory Sorting</div>	<div>9:30 Table Talk 10:00 Church Service in AL 11:00 Painting with a Purpose: 2:00 Tasteful Treats: Banana Split Bar (TDA) 3:00 Reflect and Refresh 4:00 Guess the Scent</div>	<div>9:30 Daily Chronicles 10:00 Yoga with Shelia 11:00 BINGO 2:00 Entertainment: Music with Capt. Jack in AL 3:00 Reflect and Refresh 4:00 Tabletop Activities- Dominos</div>	<div>9:00 News & Current Events 10:00 Trivia and Coffee with Tyna 2:00 BINGO 3:30 Creative Coloring 6:30 Saturday Night Movie: Wizard of Oz (TDA)</div>
<div>10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL</div>	<div>9:30 Morning Devotional 10:00 Exercise with Kristen 11:00 Creative Coloring with SPIRIT Team 2:00 Virtual Tour: The Building of the Titanic (TDA) 3:00 Reflect and Refresh</div>	<div>9:30 Table Talk 10:00 Stretching with Bands 11:00 Mixing and Matching Memory Game 2:00 Happy Hour & Trivia 3:00 Manicure's & Hot Cocoa 4:00 Reflect and Refresh</div>	<div>9:30 Daily Chronicles 10:00 Jazzercise 10:30 Music with Dana Bergman 2:00 Crafter's Corner: Melted Crayon Art (TDA) 3:00 Reflect and Refresh 4:00 Sensory Sorting</div>	<div>9:30 Table Talk 10:00 Church Service in AL 11:00 Painting with a Purpose: 2:00 Tasteful Treats: Ambrosia Salad tasting (TDA) 3:00 Reflect and Refresh 4:00</div>	<div>9:30 Daily Chronicles 10:00 Chair Volleyball 11:00 BINGO 2:00 Reminiscing Book 3:00 Birthday Celebration 4:00 Tabletop Activities- Scrabble</div>	<div>9:00 News & Current Events 10:00 Trivia and Coffee with Tyna 2:00 BINGO 3:30 Creative Coloring 6:30 Saturday Night Movie: Titanic (TDA)</div>