

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Memory Care SPIRIT Calendar

10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL	4 9:30 Morning Devotional 10:00 Exercise with Kristen 10:30 Dog Therapy with Michele 11:00 Creative Coloring with SPIRIT Team 2:00 Virtual Tour: First Flight: The Race to Create the World's First Flying Machine (TDA) 3:00 Reflect and Refresh	5 9:30 Table Talk 10:00 Stretching with Bands 11:00 Hangman 2:00 Happy Hour & Trivia 3:00 Manicure's & Hand Soaks 4:00 Reflect and Refresh	6 9:30 Daily Chronicles 10:00 Jazzerceise 11:00 Crafter's Corner: Paper Hand Fans with Pressed Flowers (TDA) 2:00 Tabletop Activities 3:00 Reflect and Refresh 4:00 Sensory Sorting	7 9:30 Table Talk 10:00 Church Service in AL 11:00 Painting with a Purpose: 2:00 Tasteful Treats: Stuffed Baked Apples (TDA) 3:00 Reflect and Refresh 4:00 Aromatherapy- with Essential Oils	8 9:30 Daily Chronicles 10:00 Yoga with Shelia 11:00 BINGO 2:00 Photo Memory Card (TDA) 3:00 Reflect and Refresh 4:00 Tabletop Activities- Uno	9 9:00 News & Current Events 10 10:00 Gardening: Planting Spider Plants with Kristen 2:00 BINGO 3:30 Creative Coloring 6:30 Saturday Night Movie: A Trip to the Moon (TDA)
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL	11 9:30 Morning Devotional 10:00 Exercise with Kristen 11:00 Creative Coloring with SPIRIT Team 2:00 Virtual History: The Surprising History of the Teddy Bear, Plastic & Ice-cream Cones (TDA) 3:00 Reflect and Refresh	12 9:30 Table Talk 10:00 Stretching with Bands 11:00 Name that Tune 2:00 Ladies Teddy Bear Hot Tea Party (TDA) 3:00 Manicure's & Hand Massages 4:00 Reflect and Refresh	13 9:30 Daily Chronicles 10:00 Jazzerceise 11:00 Crafter's Corner: Picasso's Blue Period Panting Lesson (TDA) 2:00 Cooking Demo with Dining Team 3:00 Reflect and Refresh 4:00 Sensory Sorting	14 9:30 Table Talk 10:00 Church Service in AL 11:00 Painting with a Purpose: 2:00 Tasteful Treats: Bagel Chip Cream Cheese Snackers 3:00 Reflect and Refresh 4:00 Name the Tune	15 9:30 Daily Chronicles 10:00 Chair Volleyball 11:00 BINGO 2:00 Reminiscing Book 3:00 Reflect and Refresh 4:00 Tabletop Activities- Go Fish	16 9:00 News & Current Events 17 10:00 Trivia and Coffee with Tyna 2:00 BINGO 3:30 Creative Coloring 6:30 Saturday Night Movie: Charlie and the Chocolate Factory
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL	18 9:30 Morning Devotional 10:00 Exercise with Kristen 10:30 Dog Therapy with Michele 11:00 Creative Coloring with SPIRIT Team 2:00 Virtual Tour: How Henry Ford Invented the Model T (TDA) 3:00 Reflect and Refresh Martin Luther King Jr. Day	19 9:30 Table Talk 10:00 Stretching with Bands 11:00 Wheel of Fortune 2:00 Happy Hour & Trivia 3:00 Manicure's & Hot Cider 4:00 Reflect and Refresh	20 9:30 Daily Chronicles 10:00 Jazzerceise 11:00 Crafter's Corner: Vintage Style Post Cards (TDA) 2:00 Tabletop Activities 3:00 Reflect and Refresh 4:00 Sensory Sorting	21 9:30 Table Talk 10:00 Church Service in AL 11:00 Painting with a Purpose: 2:00 Tasteful Treats: Banana Split Bar (TDA) 3:00 Reflect and Refresh 4:00 Guess the Scent	22 9:30 Daily Chronicles 10:00 Yoga with Shelia 11:00 BINGO 2:00 Entertainment: Music with Capt. Jack in AL 3:00 Reflect and Refresh 4:00 Tabletop Activities- Dominos	23 9:00 News & Current Events 24 10:00 Trivia and Coffee with Tyna 2:00 BINGO 3:30 Creative Coloring 6:30 Saturday Night Movie: Wizard of Oz (TDA)
10:00 Hymnal Singing with SPIRIT Team 11:00 Oak Grove Baptist Church 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL	25 9:30 Morning Devotional 10:00 Exercise with Kristen 11:00 Creative Coloring with SPIRIT Team 2:00 Virtual Tour: The Building of the Titanic (TDA) 3:00 Reflect and Refresh	26 9:30 Table Talk 10:00 Stretching with Bands 11:00 Mixing and Matching Memory Game 2:00 Happy Hour & Trivia 3:00 Manicure's & Hot Cocoa 4:00 Reflect and Refresh	27 9:30 Daily Chronicles 10:00 Jazzerceise 10:30 Music with Dana Bergman 2:00 Crafter's Corner: Melted Crayon Art (TDA) 3:00 Reflect and Refresh 4:00 Sensory Sorting	28 9:30 Table Talk 10:00 Church Service in AL 11:00 Painting with a Purpose: 2:00 Tasteful Treats: Ambrosia Salad tasting (TDA) 3:00 Reflect and Refresh 4:00	29 9:30 Daily Chronicles 10:00 Chair Volleyball 11:00 BINGO 2:00 Reminiscing Book 3:00 Birthday Celebration 4:00 Tabletop Activities- Scrabble	30 9:00 News & Current Events 31 10:00 Trivia and Coffee with Tyna 2:00 BINGO 3:30 Creative Coloring 6:30 Saturday Night Movie: Titanic (TDA)