Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Exercise 10:30 Dog Therapy with Michelle 11:00 Spirit Team: Tabletop Activities	10:00 Entertainment: Siloam Baptist Church Singing in AL 11:00 Creative: Pine Cone Trees 1:00 Manicure's w/ hand massages 3:00 Refresh & Reflect 4:00 Happy Hour: Cranberry	10:00 Jazzercise Aerobics	9:30 Lower Body Exercise 10:00 Church Service in AL 11:00 Painting with a Purpose 1:30 Word Searches & Phrases 2:30 Tasteful Treats: Croque Monsieur (AW) 3:00 Refresh & Reflect 3:30 Memories & Mementos: My Life Story 5:30 French Movie: Ratatouille	9:30 Table Talk with Friends 10:00 Chair Volleyball (AW) 11:00 Card Games: Kings in the corner 1:00 DIY: Sugar Scrub 2:30 Reindeer Games 3:00 Refresh & Reflect	9:30 Morning Exercise 10:00 Coffee & Checkers 2:00 Entertainment: Violinist Kristina with Christmas Music in AL 3:30 Creative Coloring 5:30 Saturday Night Movie: White Christmas
SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games	10:00 Exercise 11:00 Spirit Team: Tabletop Activities	10:00 Upper Exercise with Stretch Bands 11:00 Creative: Torn Paper Christmas Trees 1:00 Manicure's w/ hand soaks 3:00 Refresh & Reflect 4:00 Happy Hour: Grinch Juice	9:30 Morning Devotional 10:00 Jazzercise Aerobics 11:00 Crafter's Corner: Eiffel Tower (AW) 12:45 Riding Tour 2:00 Cooking Demo with Dining Team 3:00 Refresh & Reflect 4:00 Brain Games	10:00 Church Service in AL	9:30 Table Talk with Friends 10:00 Yoga with Sheila (AW) 11:00 Card Games: Go Fish 1:00 Holiday Scent Guessing Game 2:00 Entertainment: Music with Buckey in AL 3:00 Refresh & Reflect	9:30 Morning Exercise 13 10:00 Coffee & Checkers 2:00 BINGO with SPIRIT Team 3:30 Creative Coloring 5:30 Saturday Night Movie: Miracle on 34 th Street
10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL Hanukkah Begins	10:00 Exercise 10:30 Dog Therapy with Michelle 11:00 Spirit Team 1:00 Virtual Tour: Wonders of France (AW) 2:00 BINGO 3:00 Refresh & Reflect 4:00 Puzzles & Brain Games	10:00 Upper Exercise with Stretch Bands 11:00 Manicure's and Hand Soaks 2:00-4:00 Family Christmas Dessert Bar 3:00 Refresh & Reflect 4:00 Happy Hour: Mulled Apple Cider	10:00 Jazzercise Aerobics 2:00 Crafter's Corner: Hot Air Balloon (AW) 3:00 Refresh & Reflect 4:00 Brain Games	10:00 Church Service in AL 11:00 Painting with a Purpose 1:30 Entertainment: Wren Highschool Show Chorus 2:00 Word Searches & Phrases 3:00 Refresh & Reflect 3:30 Memories & Mementos: My Life Story 5:30: French Movie: Moulin Rouge		9:30 Morning Exercise 20 10:00 Coffee & Checkers 2:00 BINGO with SPIRIT Team 3:30 Creative Coloring 5:30 Saturday Night Movie: Home Alone
SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Grace Church Service in AL Winter Begins	10:00 Exercise 11:00 Spirit Team: Tabletop Activities 1:00 Virtual Tour: Rick Steves European Christmas (AW) 2:00 BINGO 3:00 Refresh & Reflect 4:00 Puzzles & Brain Games	10:00 Upper Exercise with Stretch Bands 11:00 Creative: Tin Foil Ornaments 1:00 Manicure's w/ hand massages 3:00 Refresh & Reflect 4:00 Happy Hour: Eggnog Tasting	10:30 Music with Dana Bergman 1:00 Riding Tour 2:00 Crafter's Corner: Paris Parisian- French Flag (AW) 3:00 Refresh & Reflect 4:00 Brain Games	10:00 Christmas Coffee &	9:30 Table Talk with Friends 10:00 Yoga with Sheila 11:00 Card Games: Matching 2:00 Entertainment: Music with Buckey in AL 3:00 Refresh & Reflect Boxing Day (Canada) Kwanzaa Begins	9:30 Morning Exercise 27 10:00 Coffee & Checkers 2:00 BINGO with SPIRIT Team 3:30 Creative Coloring 5:30 Saturday Night Movie: Elf
1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games	10:00 Exercise 11:00 Spirit Team: Table Top Activities 1:00 Virtual Tour: New Years Ball Dropping History (AW)	10:00 Upper Exercise with Stretch Bands 11:00 Creative: New Years Hats 1:00 Manicure's w/ hand soaks 3:00 Refresh & Reflect	9:30 Morning Devotional 31 10:30 Music with Dana Bergman 1:00 Riding Tour 2:00 Crafter's Corner: Q-Tip Starry Night Paintings (AW) 3:00 Refresh & Reflect 4:00 Brain Games		embei	