

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March- 2025

MEMORY CARE SPIRIT CALENDAR

<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections &amp; Refresh</p>	<p>9:30 Morning Exercise with Kristen 10:00 Painting with a Purpose 10:30 Dog Therapy 11:00 Virtual Tour: Murano Glass Making &amp; the Craft Behind it (AW) 2:00 Tabletop Activities 3:00 Reflect &amp; Refresh</p>	<p>9:30 Name's Game 10:00 Chair Exercise stretching lower body 11:00 Women's Hot Tea and Chat 2:00 Manicure's 3:00 Reflect &amp; Refresh 4:00 Life Stations- Jewelry</p>	<p>9:30 Devotional 10:00 Scarf Dancing 11:00 Men's Group Work Bench Sanding 2:00 Crafter's Corner: Mosaic Tile in Ravenna (AW) 3:00 Reflect &amp; Refresh 4:00 Hand Massages</p>	<p>10:00 West Gantt Church Service in AL 11:00 Noodle Ball Exercise 1:00 Riding Tour 2:00 Think Tank: Making Pasta Noodles 3:00 Family Mixer 4:00 Chicken Soup for the Soul</p>	<p>9:30 Table Talk 10:00 Exercise 11:00 Trivia- Animals of Italy 2:00 BINGO 3:00 Reflect &amp; Refresh 4:00 Sounds of Nature</p>	<p>10:00 Noodle Ball 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections &amp; Refresh 4:00 Walking Club</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections &amp; Refresh</p>	<p>9:30 Morning Exercise with Kristen 10:00 Painting with a Purpose: Puff Paint Ice-cream 11:00 Virtual Tour: Rome &amp; Must-see Sights! (AW) 2:00 Tabletop Activities 3:00 Reflect &amp; Refresh</p>	<p>9:30 Family Feud 10:00 Chair Exercise stretching lower body 11:00 Memories &amp; Mementos: Pet's of our Past 2:00 Manicure's 3:00 Reflect &amp; Refresh 4:00 Life Stations- Gardening</p>	<p>9:30 Devotional 10:00 Tai Chi Exercise 11:00 Board Game: Name that Sound 2:00 Crafter's Corner: Pasta Mosaic (AW) 3:00 Reflect &amp; Refresh 4:00 Hand Massages</p>	<p>10:00 West Gantt Church Service in AL 11:00 Stretchy Band Exercise 1:00 Riding Tour 2:00 Build Your Own Pizza with Dining 3:00 Reflect &amp; Refresh 4:00 Chicken Soup for the Soul</p>	<p>9:30 Table Talk 10:00 Exercise 11:00 Trivia – Food Of Italy 2:00 BINGO 3:00 Reflect &amp; Refresh 3:30 Popcorn &amp; Movie</p>	<p>10:00 Parachute 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections &amp; Refresh 4:00 Walking Club</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections &amp; Refresh</p>	<p>9:30 Morning Exercise with Kristen 10:00 Painting with a Purpose: Shamrocks 10:30 Dog Therapy 11:00 Virtual Tour: Italy Tour (AW) 2:00 St. Patrick's Day Social 3:00 Reflect &amp; Refresh</p>	<p>9:30 Table Talk 10:00 Chair Exercise stretching lower body 11:00 Women's Hot Tea &amp; Chat 2:00 Manicure's 3:00 Reflect &amp; Refresh 4:00 Life Stations: Laundry</p>	<p>9:30 Devotional 10:00 Scarf Dancing 11:00 Card Game: Go Fishin' 2:00 Crafter's Corner: Marble Paper making in Florence (AW) 4:00 Hand Massages</p>	<p>10:00 West Gantt Church Service in AL 11:00 Noodle Ball Exercise 1:00 Riding Tour 2:00 Ice-cream Cone Social 3:00 Reflect &amp; Refresh 4:00 Chicken Soup for the Soul</p>	<p>9:30 Table Talk 10:00 Exercise 11:00 Trivia – Sights of Italy 2:00 Piano with Buckley 3:00 Reflect &amp; Refresh 4:00 BINGO</p>	<p>10:00 Parachute 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections &amp; Refresh 4:00 Walking Club</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections &amp; Refresh</p>	<p>9:30 Morning Exercise with Kristen 10:00 Painting with a Purpose 11:00 Virtual Tour: Venice and the Gondola's (AW) 2:00 Tabletop Activities 3:00 Reflect &amp; Refresh</p>	<p>9:30 Hang Man 10:00 Chair Exercise stretching lower body 11:00 Tabletop Activities 2:00 Manicure's 3:00 Reflect &amp; Refresh 4:00 Life Stations: Woodwork Station</p>	<p>9:30- Devotional 10:00 Tai Chi Exercise 11:00 Board Game: Dominos 2:00 Crafter's Corner: Leaning Tower of Piza (AW) 3:00 Reflect &amp; Refresh 4:00 Hand Massages</p>	<p>10:00 West Gantt Church Service in AL 11:00 Stretchy Band Exercise 1:00 Riding Tour 2:00 Italian Music Afternoon! 3:00 Reflect &amp; Refresh 4:00 Chicken Soup for the Soul</p>	<p>9:30 Table Talk 10:00 Exercise 11:00 Trivia – 1950s 2:00 BINGO &amp; Birthday Celebration 3:00 Reflect &amp; Refresh 4:00 Collage making of Flowers</p>	<p>10:00 Noodle Ball 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections &amp; Refresh 4:00 Walking Club</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections &amp; Refresh</p>	<p>9:30 Morning Exercise with Kristen 10:00 Painting with a Purpose 11:00 Virtual Tour 2:00 Tabletop Activities 3:00 Reflect &amp; Refresh</p>					<p>AW- Around the World</p>

\*Tabletop activities are on going daily