

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

OAKVIEW PARK

November 2024

Memory Care SPIRIT Calendar

					<p>9:30 Exercise 10:00 Tabletop Activities: Mixing & Matching 11:00 Devotional 2:30 Facials 3:00 Reflections & Refreshments</p> <p style="text-align: right;">1</p>	<p>10:00 Noodle Ball 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p> <p style="text-align: right;">2</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections & Refresh</p> <p style="text-align: right;">3</p> <p style="text-align: center;"><small>Daylight Saving Time Ends</small></p>	<p>9:30 Exercise with Kristen 10:30 Elle Mae Dog Therapy 1:30 Manicure's 2:30 Tabletop Activities 3:00 Reflections & Refreshments 4:00 Life Stations: Painting with a Purpose; Art Station</p> <p style="text-align: right;">4</p>	<p>9:30 Morning Stretching 10:00 Tabletop: Puzzles 11:00 BINGO 1:30 Balloon Volleyball 2:30 Tasteful Tuesdays: S'mores (NP) 3:00 Reflections & Refreshments 4:00 Hand soaks & Massages</p> <p style="text-align: right;">5</p>	<p>9:30 Exercise 10:00 Watercolor Painting 11:00 Scent Guessing Game about Fall 1:30 Crafter's Corner: Thankful Tree 3:00 Reflections & Refreshments 3:30 Trivia about Yellowstone</p> <p style="text-align: right;">6</p>	<p>10:00 West Gantt Church Service in AL 10:15 Stretching with Hayley 11:00 Tabletop Activities 12:45 Outing to: Riding Tour 2:00 Virtual Tour: Yellowstone National Park (NP) 3:00 Reflections & Refresh</p> <p style="text-align: right;">7</p>	<p style="text-align: center;"><small>Diwali (Hindu)</small></p> <p>10:00 Giant Bowling 11:00 Clipping Coupons for Staff 1:30 Women's Hot Tea Chat – First Pair of Heels 2:00 Finish the Bible Verse Game 3:00 Reflections & Refresh</p> <p style="text-align: right;">8</p>	<p>10:00 Parachute 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p> <p style="text-align: right;">9</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections & Refresh</p> <p style="text-align: right;">10</p>	<p>9:45 Exercise with Kristen 11:00 Tabletop Activities 1:30 Manicure's 3:00 Reflections & Refresh 4:00 Life Stations: Woodwork & Sanding</p> <p style="text-align: right;">11</p> <p style="text-align: center;"><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:30 Morning Chat: Who was a Veteran in your Family 10:00 Parachute 11:00 BINGO 2:00 Tasteful Tuesdays: Muddy Buddies (NP) 3:00 Reflections & Refreshments 4:00 Chicken Soup for the Soul</p> <p style="text-align: right;">12</p>	<p>9:30 Exercise 10:00 Watercolor Painting 11:00 Aromatherapy & Meditation 1:30 Crafter's Corner: Pumpkins 3:00 Reflections & Refreshments 3:30 Brain teasers</p> <p style="text-align: right;">13</p>	<p>10:00 West Gantt Church Service in AL 10:15 Stretching with Hayley 11:00 Tabletop Activities 12:45 Outing to: Riding Tour 2:00 Virtual Tour: Old Faithful Historic District (NP) 3:00 Reflections & Refresh</p> <p style="text-align: right;">14</p>	<p>10:00 Ladder Ball 11:00 Facials 1:30 Men's Sud's & Buds Chat: First Car 2:00 Devotional & Hymn Singing 3:00 Reflections & Refresh</p> <p style="text-align: right;">15</p>	<p>10:00 Yoga 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p> <p style="text-align: right;">16</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections & Refresh</p> <p style="text-align: right;">17</p>	<p>9:30 Exercise with Kristen 10:30 Elle Mae Dog Therapy 1:30 Manicure's 2:30 Tabletop Activities 3:00 Reflections & Refresh 4:00 Life Stations: Jewelry and Fall Wear</p> <p style="text-align: right;">18</p>	<p>9:30 Morning Stretching 10:00 Tabletop: Word Finds & Searches 11:00 BINGO 1:30 Noodle Ball 2:30 Tasteful Tuesdays: Walk Away Apple Pie (NP) 3:00 Reflections & Refreshments 4:00 Hand Soaks & Massages</p> <p style="text-align: right;">19</p>	<p>9:30 Exercise 10:00 Watercolor Painting 11:00 Texture's of Fall 1:30 Crafter's Corner: Geyser's of Yellowstone (NP) 3:00 Reflections & Refreshments 3:30 Hangman</p> <p style="text-align: right;">20</p>	<p>10:00 West Gantt Church Service in AL 10:15 Stretching with Hayley 11:00 Tabletop Activities 12:45 Outing to: Riding Tour 2:00 Virtual Tour: Bison & Wildlife of Yellowstone (NP) 3:00 Reflections & Refresh</p> <p style="text-align: right;">21</p>	<p>10:00 Ring Pumpkin Toss 11:00 Clipping Coupons 1:30 Women's Hot Tea Chat- First Date with my husband 2:00 Favorite Bible Verses 3:00 Reflections & Refresh</p> <p style="text-align: right;">22</p>	<p>10:00 Stretch Bands Exercise 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p> <p style="text-align: right;">23</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections & Refresh</p> <p style="text-align: right;">24</p>	<p>9:45 Exercise with Kristen 11:00 Tabletop Activities 1:30 Manicure's 3:00 Reflections & Refresh 4:00 Life Stations: Garden Center</p> <p style="text-align: right;">25</p>	<p>9:30 Morning Chat: What's the menu for Thanksgiving 11:00 BINGO 1:30 Balloon Volleyball 2:30 Tasteful Tuesdays: Trail Mix DIY 3:00 Reflections & Refreshments 4:00 Chicken Soup for the Soul</p> <p style="text-align: right;">26</p>	<p>9:30 Exercise 10:00 Watercolor Painting 11:00 Memories & Mementos: Pictures of Fall 1:30 Crafter's Corner: Christmas Ornaments 3:00 Reflections & Refreshments 3:30 What am I Game</p> <p style="text-align: right;">27</p>	<p>9:00 Macy's Thanksgiving Day Parade 10:15 Stretching with Hayley 11:00 Tabletop Activities 2:00 Virtual Tour: Canyon Skiing & Snowshoeing (NP) 3:00 Reflections & Refresh</p> <p style="text-align: right;">28</p>	<p>10:00 Cornhole Tournament 11:00 Facials 1:30 Men's Suds & Buds Chat- 2:00 Devotional & Hymn Singing 3:00 Reflections & Refresh</p> <p style="text-align: right;">29</p>	<p>10:00 Volleyball Exercise 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p> <p style="text-align: right;">30</p>

Thanksgiving Day