

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October</h1> <p>♻️ OAKVIEW PARK</p> <h2>Memory Care SPIRIT Calendar 2024</h2>		<p>10:00 Beachball Kick Ball 11:00 Brain Games Matching 1:30 Manicure's 2:00 Watercolor Painting: Mountains on Grand Teton (NP) 3:00 Reflections & Refresh 4:00 Hand Soaks & Massages</p>	<p>10:00 Morning Exercise 11:00 Crafter's Corner: Moose Yarn Craft Continued (NP) 1:30 Outdoor Karaoke 2:00 BINGO- Grand Teton 3:00 Reflections & Refresh</p> <p style="text-align: center;"><small>Rosh Hashanah Begins</small></p>	<p>10:00 West Gantt Church Service in AL 10:15 Stretching with Hayley 11:00 Tabletop Activities 12:45 Outing to: Riding Tour 2:00 Tasty Thursday: Zoo Trail mix (NP) 3:00 Reflections & Refresh</p>	<p>10:00 Giant Bowling 11:00 Clipping Coupons for Staff 1:30 Women's Hot Tea Chat 2:00 Reminiscing Memory Box: All things Fall 3:00 Reflections & Refresh</p>	<p>10:00 Noodle Ball 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections & Refresh</p>	<p>9:45 Exercise with Kristen 10:30 Dog Therapy with Michele 1:30 Virtual Tour: Hummingbirds & Animals in Grand Tetons (NP) 3:00 Reflections & Refresh 4:00 Life Stations: Laundry & Folding</p>	<p>10:00 Volleyball Exercise 11:00 Word Games Scrabble 1:30 Manicure's 2:00 Watercolor Painting: Hummingbirds 3:00 Reflections & Refresh 4:00 Chicken Soup for the Soul</p>	<p>10:00 Morning Exercise 11:00 Crafter's Corner: Scarecrows 1:30 Outdoor Trivia about Fall 2:00 BINGO- Famous Faces 3:00 Reflections & Refresh</p>	<p>10:00 West Gantt Church Service in AL 10:15 Stretching with Hayley 11:30 Outing to: Lunch at The Big Clock 1:30 Tabletop Activities 2:00 Tasty Thursday: Earthquake Cake (NP) 3:00 Reflections & Refresh</p> <p style="text-align: center;"><small>Yom Kippur Begins</small></p>	<p>10:00 Ladder Ball 11:00 Short Stories 1:30 Men's Sud's & Buds Chat 2:00 Reminiscing Memory Box: Football Saturdays 3:00 Reflections & Refresh</p>	<p>10:00 Outdoor Body Movement 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections & Refresh</p>	<p>9:45 Exercise with Kristen 11:00 Tabletop Activities 1:30 Virtual Tour: Hanging Canyon Park (NP) 3:00 Reflections & Refresh 4:00 Life Stations: Woodwork</p> <p style="text-align: center;"><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p>10:00 Stretchy bands exercise 11:00 Brain Games Matching 1:30 Manicure's 2:00 Watercolor Painting: Snake River Painting 3:00 Reflections & Refresh 4:00 Hand soaks & Massages</p>	<p>10:00 Morning Exercise 11:00 Crafter's Corner: Wildflower Bookmark (NP) 1:30 Outdoor Bible Verses 2:00 BINGO- with Animals 3:00 Reflections & Refresh</p> <p style="text-align: center;"><small>Sukkot Begins</small></p>	<p>10:00 West Gantt Church Service in AL 10:15 Stretching with Hayley 11:00 Tabletop Activities 12:45 Outing to: Riding Tour 2:00 Ice-cream Soda Pop Social 3:00 Reflections & Refresh</p>	<p>10:00 Ring Pumpkin Toss 11:00 Clipping Coupons 1:30 Women's Hot Tea Chat 2:00 Reminiscing Memory Box: Music and Photos 3:00 Reflections & Refresh</p>	<p>10:00 Volleyball Exercise 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections & Refresh</p>	<p>9:45 Exercise with Kristen 10:30 Dog Therapy with Michele 1:30 Virtual Tour: Mormon ranch Settlement (NP) 3:00 Reflections & Refresh 4:00 Life Stations: Scarves & Jewelry</p>	<p>10:00 Streamer Dancing 11:00 Word Games Types of Fruit 1:30 Manicure's 2:00 Watercolor Painting 3:00 Reflections & Refresh 4:00 Chicken Soup for the Soul</p>	<p>10:00 Morning Exercise 11:00 Crafter's Corner: Sensory Tube (NP) 1:30 Outdoor Cornhole 2:00 BINGO- Prizes 3:00 Reflections & Refresh</p>	<p>10:00 Stretching with Hayley 10:30 Music with Dana Bergman 12:45 Outing to: 2:00 Tasty Thursday: Resident Trail Mix Salad (NP) 3:00 Reflections & Refresh 4:00 Music with Tom Crabtree in AL</p> <p style="text-align: center;"><small>Simchat Torah Begins</small></p>	<p>10:00 Cornhole Tournament 11:00 Short Stories 1:30 Men's Suds & Buds Chat 2:00 Reminiscing Memory Box: Pets from our past 3:00 Reflections & Refresh</p>	<p>10:00 Yoga & Meditation 11:00 Tabletop Activities 2:00 BINGO with SPIRIT TEAM 3:00 Reflections & Refresh 4:00 Walking Club</p>
<p>10:00 Hymnal Singing with SPIRIT Team 11:00 Charles Stanley Church Service (TV) 1:30 Creative Coloring with SPIRIT TEAM 2:00 Puzzles and Brain Games with SPIRIT TEAM 3:00 Reflections & Refresh</p>	<p>9:45 Exercise with Kristen 11:00 Tabletop Activities 1:30 Virtual Tour: Grand Tetons (NP) 3:00 Reflections & Refresh 4:00 Life Stations: Gardening & Flower Arrangements</p>	<p>10:00- Noodle Balloon Exercise 11:00 Brain Games Matching 1:30 Manicure's 2:00 Angie & Mark Brown Ministries Singing 3:00 Reflections & Refresh 4:00 Hand Soaks & Massages</p>	<p>10:00 Morning Exercise 11:00 Crafter's Corner: Beaded Bracelets 1:30 Outdoor Hymnal Singing 2:00 BINGO- Halloween Style 3:00 Reflections & Refresh 4:30 Trunk or Treat Festival</p>	<p>10:00 West Gantt Church Service in AL 10:15 Stretching with Hayley 11:00 Tabletop Activities 1:30 2:00 Birthday Celebration 3:00 Reflections & Refresh</p> <p style="text-align: center;"><small>Halloween</small></p>	<p>*All activities are subject to change.</p>	