

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
3:00 Grace Church in AL	10:30 Dog Therapy with Michele 11:00 Ring Toss with Kristen 1:30 Devotional 3:00 Reflections & Refreshments  <small>Canada Day</small>	9:30 Table Talk & Trivia 10:15 Outdoor Exercise 11:00 This Day in History 1:00 <b>Virtual Tour: Everglades National Park &amp; history (NP)</b> 2:00 <b>Crafters Corner: Cupcake Liner Fireworks</b> 3:00 Reflections & Refreshments	9:30 Coffee & Conversation 10:15 Resistant Bands Upper Body 11:00 Tabletop Activities 2:00 <b>Follow the Beat</b> 3:00 Reflections & Refreshments 3:30 Manicure's & Hand Massages	9:30 Short Stories "The Quilt" 10:00 West Gantt Church Service in AL 11:00 Wheel of Fortune 1:00 <b>Watermelon Social</b> 2:30 Sing Along 3:00 Reflections & Refreshments  <small>Independence Day (US)</small>	9:30 Daily Chronicles 10:15 Line Dancing: with streamers 11:00 <b>Making Mudpies (NP)</b> 2:00 BINGO 3:00 Reflections & Refreshments	9:30 Exercise with Wendy 10:00 Morning Tabletop Activities 3:00 Reflections & Refreshments	
3:00 Grace Church in AL	10:30 Watercolors with SPIRIT TEAM 11:00 Noodle Ball with Kristena 1:30 Devotional 3:00 Reflections & Refreshments	9:30 Table Talk & Trivia 10:15 Outdoor Exercise 11:00 This Day in History 1:00 <b>Virtual Tour: Big Cypress National Preserve (NP)</b> 2:00 <b>Crafter's Corner: Seashell Mosaics</b> 3:00 Reflections & Refreshments	9:30 Coffee & Conversation 10:15 Resistant Bands Lower Body 11:00 Tabletop Activities 2:00 <b>Who AM I?</b> 3:00 Reflections & Refreshments 3:30 Manicure's & Aromatherapy	9:30 Short Stories "The Quilt" Continued. 10:00 West Gantt Church Service in AL 11:00 Hangman 1:00 <b>Riding Tour</b> 2:30 National Slurpee's Day Social 3:00 Reflections & Refreshments	9:30 Daily Chronicles 10:15 Line Dancing with Balloons 11:00 <b>Gone Fishin' Pool Game (NP)</b> 2:00 BINGO 3:00 Reflections & Refreshments	9:30 Exercise with Wendy 10:00 Morning Tabletop Activities 3:00 Reflections & Refreshments	
3:00 Grace Church in AL	10:30 Dog Therapy with Michele 11:00 Balloon Volleyball with Kristen 1:30 Devotional 3:00 Reflections & Refreshments	9:30 Table Talk & Trivia 10:15 Outdoor Exercise 11:00 This Day in History 1:00 <b>Virtual Tour: Animal wildlife in the Everglades (NP)</b> 2:00 <b>Crafter's Corner: Red, White, &amp; Blue bracelets</b> 3:00 Reflections & Refreshments	9:30 Coffee & Conversation 10:15 Resistant Bands Upper Body 11:00 Tabletop Activities 2:00 <b>Tropical Fish Scratch Cards (NP)</b> 3:00 Reflections & Refreshments 3:30 Manicure's	9:30 Short Stories: Chicken Soup for the Soul 10:00 West Gantt Church Service in AL 11:00 Word Searches about Florida 1:00 <b>Riding Tour</b> 2:30 <b>Fish of the Everglades &amp; Florida (NP)</b> 3:00 Reflections &	9:30 Daily Chronicles 10:15 Line Dancing 11:00 <b>Gone Fishing Brownie Bites (NP)</b> 2:00 BINGO 3:00 Reflections & Refreshments 3:30 <b>Matinee Movie &amp;</b>	9:30 Exercise with Wendy 10:00 Morning Tabletop Activities 3:00 Reflections & Refreshments	
3:00 Grace Church in AL	10:15 Watercolors with SPIRIT TEAM 11:00 Morning Yoga 1:30 Devotional 3:00 Reflections & Refreshments	9:30 Table Talk & Trivia 10:15 Outdoor Exercise 11:00 This Day in History 1:00 <b>Virtual Tour: Fan Boat Tour (NP)</b> 2:00 <b>Crafter Corner: Salt watercolor painting</b> 3:00 Reflections & Refreshments	9:30 Coffee & Conversation 10:30 Resistant Bands Lower Body 11:00 Tabletop Activities 2:00 <b>Mixing and Matching</b> 3:00 Reflections & Refreshments 3:30 Manicure's	9:30 Short Stories: Chicken Soup for the Soul 10:00 Exercise 10:30 <b>Music with Dana Bergman</b> 1:00 <b>Riding Tour</b> 2:30 Sing Along 3:00 Reflections & Refreshments	9:30 Daily Chronicles 10:15 Minute to Win in Game! 11:00 <b>Gone Fishin' Pool Game (NP)</b> 2:00 BINGO 3:00 Reflections & Refreshments	9:30 Exercise with Wendy 10:00 Morning Tabletop Activities 3:00 Reflections & Refreshments	
3:00 Grace Church in AL	10:15 Morning Chair Stretches 1:30 Devotional 3:00 Reflections & Refreshments	9:30 Table Talk & Trivia 10:15 Outdoor Exercise 11:00 This Day in History 1:00 <b>Virtual Tour: Olympics</b> 2:00 Crafter Corner: Paris Olympics Art 3:00 Reflections & Refreshments	9:30 Coffee & Conversation 10:15 Resistant Bands Upper Body 11:00 Tabletop Activities 2:00 Bubble Art 3:00 Reflections & Refreshments 3:30 Manicure's	<h1 style="color: red;">July 2024</h1> <h2 style="color: green;">Memory Care SPIRIT Calendar</h2>			