

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2021

## Memory Care *SPiRiT* Calendar

						<p>1</p> <p>Word Searches, coloring, and puzzles available all day 3:00 Snack</p> <p><small>May Day</small></p>
<p>9:30 Charles Stanley TV Church Word Searches, Coloring, and puzzles available all day 3:00 Snack</p> <p><b>2</b></p>	<p>10:30 Morning Fitness 11:00 Puzzles 2:00 Tabletop Activities 3:00 <b>Wine &amp; Berries</b> 3:30 Bingo 4:15 Jokes and Riddles</p> <p><b>3</b></p>	<p>10:00 Hymn Sing &amp; Devotional 10:45 Sit and Be Fit 11:15 Watercolor 2:00 One on One Time 3:00 Snack 3:30 Craft 4:15 <i>Chicken Soup for The Soul</i></p> <p><b>4</b></p>	<p>Morning Word searches with Care Staff 3:00 Snack Afternoon Games or puzzles with care staff</p> <p><small>Cinco de Mayo</small></p> <p><b>5</b></p>	<p>10:00 Stretch It Out 10:30 Outside for Bubble Blowing 11:15 Color Me Happy 2:00 One on One 3:00 <b>Ice cream</b> 3:30 Sing Along 4:15 Trivia</p> <p><b>6</b></p>	<p>10:00 Sit &amp; Be Fit 10:30 Giant Bowling 10:45 Tabletop Activities <b>3:00 Mother's Day Tea</b></p> <p><b>7</b></p>	<p>8</p> <p>Word Searches, coloring, and puzzles available all day 3:00 Snack</p>
<p><b>Happy Mother's Day!</b></p> <p><small>Mother's Day</small></p> <p><b>9</b></p>	<p>10:15 Sit &amp; Be Fit 10:45 Balloon Toss 11:00 Jayden's Green Thumb-Short Story 11:30 Tic-Tac-Toe 2:00 Tabletop Activities 3:00 <b>Fresh Baked Cookies</b> 3:30 BINGO</p> <p><b>10</b></p>	<p>10:00 Hymn Sing &amp; Devotional 10:45 Morning Fitness 11:15 Noodle Ball 2:00 One on One time 3:00 Fruit Cup 3:30 Craft 4:15 Uno or Dominoes</p> <p><b>11</b></p>	<p>Morning Coloring with Care Staff 3:00 Snack Afternoon Games or puzzles with care staff</p> <p><b>12</b></p>	<p>10:00 Chair Yoga. Aroma therapy &amp; Hand Massage 10:40 <b>Magazines &amp; Manicures</b> 2:00 Shadow Boxes <b>3:15 FIESTA</b> 4:15 Sing Along</p> <p><b>13</b></p>	<p>10:00 Coffee &amp; Pastries 10:45 BINGO 2:05 Van/ Bus Ride 3:15 Snack 3:45 Sit &amp; Be Fit 4:15 <i>Chicken Soup for The Soul</i> 4:30 Sing Along</p> <p><b>14</b></p>	<p>15</p> <p>Word Searches, coloring, and puzzles available all day 3:00 Snack</p> <p><small>Armed Forces Day</small></p>
<p>9:30 Charles Stanley TV Church Word Searches, coloring, and puzzles available all day 3:00 Snack</p> <p><small>Shavuot Begins</small></p> <p><b>16</b></p>	<p>10:15 Sit &amp; Be Fit 10:45 Tic Tac Toe 11:00 Puzzles 2:00 Tabletop Activities 3:00 <b>snack</b> 3:30 Bingo 4:15 Trivia</p> <p><b>17</b></p>	<p>10:00 Hymn Sing &amp; Devotional 10:45 Morning Fitness 11:15 Giant Bowling 2:00 One on One time 3:00 <b>Strawberries &amp; Crème</b> 3:40 Craft 4:30 <i>Chicken Soup for the Soul</i></p> <p><b>18</b></p>	<p>Morning Coloring with Care Staff 3:00 Snack Afternoon Games or puzzles with care staff</p> <p><b>19</b></p>	<p>10:00 Sit and Be Fit 10:30 Balloon Toss 10:45 Color Me Happy 2:00 One on One time 3:00 Remembering Spring Gardening &amp; <b>smoothies</b> 3:30 Sing Along</p> <p><b>20</b></p>	<p>10:00 Coffee &amp; Pastries 10:45 Brain Exercises 2:05 Van/ Bus Ride 3:15 Snack 3:45 Sit &amp; Be Fit 4:15 <i>Chicken Soup for The Soul</i></p> <p><b>21</b></p>	<p>22</p> <p>Word Searches, coloring, and puzzles available all day 3:00 Snack</p>
<p>9:30 Charles Stanley TV Church Word Searches, coloring, and puzzles available all day 3:00 Snack</p> <p><b>23</b></p>	<p>10:15 Sit &amp; Be Fit 10:45 Balloon Toss 11:00 Puzzles 2:00 Tabletop Activities 3:00 <b>Wine and Berries</b> 3:30 Bingo 4:15 Poetry</p> <p><small>Victoria Day (Canada)</small></p> <p><b>24</b></p>	<p>10:00 Hymn Sing &amp; Devotional 10:45 Noodle Ball 11:15 Color Me Happy 1:45 <b>Manicures</b> 3:15 Snack 3:45 Tabletop games</p> <p><b>25</b></p>	<p>10:00 Morning Fitness 10:30 Devotional 10:45 Velcro Darts 11:00 Reminiscing Songs About Flowers 2:00 One on One Time 3:15 <b>Bus Ride for Ice cream</b></p> <p><b>26</b></p>	<p>10:00 Stretch It Out 10:30 Aroma Therapy &amp; Hand Massage 10:50 <i>Chicken Soup for The Soul</i> 11:15 Coloring &amp; Music 2:00 One on One Time 3:00 <b>BirthDay Party</b> 3:30 Sing Along 4:15 Jokes &amp; Riddles</p> <p><b>27</b></p>	<p>Word Searches, coloring, and puzzles available all day 3:00 Snack</p> <p><b>28</b></p>	<p>29</p> <p>Word Searches, coloring, and puzzles available all day 3:00 Snack</p>
<p>9:30 Charles Stanley TV Church Word Searches, coloring, and puzzles available all day 3:00 Snack</p> <p><b>30</b></p>	<p><b>Happy Memorial Day!</b></p> <p><small>Memorial Day</small></p> <p><b>31</b></p>	<p><i>May Flowers always line your path and sunshine light your day. May songbirds serenade you every step along the way. Irish Blessing</i></p>				