

Key: D- Decades “1990’s”
F- Front parking lot DR - Dining Room, LB – Lobby GR - Game Room, S-Salon, POOL – PL, LIB-Library CR - Craft Room, MC—Memory Care G-Garden, FD- Front Desk GYM – Gym
BSR – Bistro MR – Meeting
MC- Memory Care

October 2026

MONARK GROVE MADISON, INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 **9:00 National Coffee Day, Coffee Bar, BR** **10:30** Armchair Exercise**, MR** **11:00 October Trivia, BSR** **1:30 Creative Craft Corner Autumn Painting, CR** **2:00 MGM Volunteers Program, LB** **2:30 MGM Christmas Choir Meeting, LB** **3:00 Cornhole & indoor game! LB** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**2** **9:00 Shopping at Publix, LB** **10:30** Armchair Exercise**, MR** **11:00 D- 1990’s Virtual Scrabble, BSR** **1:350 Activities Meeting, MR** **2:00 Musical Performance with Olivia, LB** **3:00 D-Happy Hour & Karaoke “Sea Breeze”, PUB** **3:00 Bible Study with Ken, MR** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**3** **9:00** Group Stroll (Independent) **10:30** Armchair Exercise **11:00** Saturday Brains Exercise Package**, BSR** **1:30** Mexican Train (resident led)**, MR** **3:00** Afternoon Stroll (resident led) **6:00 D- Movie Night “Practical Magic” THR** **6:04 604 King’s Card Club, PUB** Simchat Torah Begins
4 **9:00 Group** walking club (Independent)**, LB** **10:15 Communion, LB** **11:00- 1:30 Lunch Brunch, DN** **1:30** Games with friends (resident led)**, BSR** **2:15** Church Service**, MR** **3:00 Christmas Choir Rehearsal, LB** **4:00** Sunday Positive Packet**, BSR** **6:04 604 King’s Card Club, PUB**	**5** **9:30 Gardening Club Meeting, LB** **10:30** Armchair Exercise**, MR** **11:00 Residents Choice Outing, LB** **1:30** B-I-N-G-O**, MR** **2:30 Gayle & Dean Gospel Concert, LB** **3:00** *Happy Hour Corner, **PB*** **4:00** Fun Facts and Quick Quiz**, BSR** **6:04 604 King’s Card Club, PUB**	**6** **8:30 Doctors Appointments, LB** **9:30 Exercise Class with Dr. Angela, MR** **10:30 D- Creative Kitchen “Bagel Bites Pizza” BSR** **11:00 Recipe Corner, BSR** **1:00 Bridge Club, MR** **2:00 Furry Friend Cooper’s Visit, LB** **3:00 Bible Study and Music with Pastor Steven, THR** **6:04 604 King’s Card Club, PUB**	**7** **9:30 Early Chat, Coffee & Donut with Bert, BSR** **10:00 Catholic church, MR** **10:45 Exercise Class with Dr. Angela, MR** **11:30 Lunch out at Main Street Cafe LB** **2:30 Kings Corner with Phillips, PUB** **3:00** *Happy Hour Corner, **PB*** **6:04 604 King’s Card Club, PUB**	**8** **9:00 Water Aerobics Session, PL** **10:30** Armchair Exercise**, MR** **11:00 D- 1990’s Quick Quiz, BSR** **1:30 Needle Craft Club, PUB** **1:30 Creative Craft Corner, Autumn Jar, CR** **2:00 MGM Volunteers Program, LB** **3:00 Cornhole & indoor game! LB** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**9** **9:00 Shopping at Kroger, LB** **9:30 Alzheimer’s Bake Sale, BSR** **10:30 Armchair Exercise, MR** **11:00 D- 1990’s How Much Does It Cost Trivia, BSR** **1:45 Food Chat with Humberto, PUB** **3:00 D-Happy Hour & Trivia “Appletini”, PUB** **3:00 Bible Study with Ken, MR** **4:30** *Fun Pack**, BSR*** **5:45 Bunco Night, MR** **6:04 604 King’s Card Club, PUB**	**10** **9:00** Morning Stroll (Independent) **10:30** Armchair Exercise**, MR** **11:30 La famiglia Vineyard & Winery, LB** **1:30** Mexican Train (resident led)**, MR** **3:00** Afternoon Stroll (resident led) **6:00 D- Movie Night “Hocus Pocus” THR** **6:04 604 King’s Card Club, PUB**
11 **9:00 Group** walking club (Independent)**, LB** **10:15 Communion, LB** **11:00- 1:30 Lunch Brunch, DN** **2:00 Antique Car Show with North Alabama Cars, Front Parking** **2:15** Church Service**, MR** **3:00 Christmas Choir Rehearsal, LB** **4:00** Sunday Positive Packet**, BSR** **6:04 604 King’s Card Club, PUB**	**12** **9:30 Gardening Club Meeting, LB** **10:00 Armchair Exercise with Fox Therapy, MR** **10:30 Residents Choice Outing, LB** **11:30 D- 1990’s Famous Inventors Trivia, BSR** **1:30** B-I-N-G-O**, MR** **2:30** ***Book Club & Café, LB*** **4:00** Fun Facts and Quick Quiz**, BSR** **6:04 604 King’s Card Club, PUB** Indigenous Peoples’ Day Columbus Day (U.S.) Thanksgiving Day (Canada)	**13** **8:30 Doctors Appointments, LB** **9:30 Exercise Class with Dr. Angela, MR** **10:30 MGM Directors Pumpkin Carving Contest, LB** **1:00 Bridge Club, MR** **1:45 D- Creative Kitchen with the Executive Chef, BSR** **2:30 Short Story Writer Club, LIB** **3:00 Bible Study and Music with Pastor Steven, THR** **6:04 604 King’s Card Club, PUB**	**14** **9:30 Early Chat, Coffee & Donut with Bert, BSR** **10:00 Catholic church, MR** **10:45 Exercise Class with Dr. Angela, MR** **11:30 D- 1990’s Music Trivia, BSR** **1:30 Creative Craft Coner, Halloween Earrings, CR** **3:00 Piano Performance by Josiah, LB** **6:04 604 King’s Card Club, PUB**	**15** **9:00 Water Aerobics Session, PL** **10:30** Armchair Exercise**, MR** **11:00 D- 1990’s Movies Trivia, BSR** **1:30 Patriotic Meeting, PUB** **2:30 Saxophone Performance with Jamie, LB** **3:30 Cornhole & indoor game! LB** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**16** **9:00 MGM Gone Fishing, LB** **10:30 Virtual Armchair Exercise, MR** **11:00 D-Finish the Lyric 1990’s, BSR** **1:45 Pokeno Hour, MR** **3:00 D-Happy Hour & Trivia “Blue Lagoon”, PUB** **3:00 Bible Study with Ken, MR** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**17** **9:00 Shopping at Publix, LB** **10:30** Armchair Exercise **11:00** Saturday Brains Exercise Package**, BSR** **1:30 Good Old Time Music with Tim Goff, LB** **3:00** Afternoon Stroll (resident led) **6:00 D- Movie Night “Casper” THR** **6:04 604 King’s Card Club, PUB**
18 **9:00 Group** walking club (Independent)**, LB** **10:15 Communion, LB** **11:00- 1:30 Lunch Brunch, DN** **1:30** Games with friends (resident led)**, BSR** **2:15** Church Service**, MR** **3:00 Christmas Choir Rehearsal, LB** **4:00** Sunday Positive Packet**, BSR** **6:04 604 King’s Card Club, PUB**	**19** **9:30 Gardening Club Meeting, LB** **10:30 Armchair Exercise, MR** **10:30 Residents Choice Outing, LB** **11:30 D- 1990’s Famous Singer Trivia, BSR** **1:30** B-I-N-G-O**, MR** **2:30 Armchair Ping Pong Challenge, GR** **3:00** *Happy Hour Corne* **4:00** Fun Facts and Quick Quiz**, BSR** **6:04 604 King’s Card Club, PUB**	**20** **8:30 Doctors Appointments, LB** **9:30 Exercise Class with Dr. Angela, MR** **10:30 D- Creative Kitchen “Taco Tuesday” BSR** **11:00 Recipe Corner, BSR** **1:00 Bridge Club, MR** **3:00 Bible Study and Music with Pastor Steven, THR** **6:04 604 King’s Card Club, PUB**	**21** **9:30 Early Chat, Coffee & Donut with Bert, BSR** **10:00 Catholic church, MR** **10:45 Exercise Class with Dr. Angela, MR** **12:00 Murder Mystery 1990’s Luncheon, PB** **2:00 Ping Pong Challenge, GR** **3:00** *Happy Hour Corner, **PB*** **6:04 604 King’s Card Club, PUB**	**22** **9:00 Walkin Club, LB** **10:00 The Son Shiners Ministry Performance, LB** **11:00** Armchair Exercise**, LB** **1:30 Needle Craft Club, PUB** **1:30 MGM Volunteers Program, LB** **2:30 Penny Auction with Center Well, BSR** **3:00 Cornhole & indoor game! LB** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**23** **9:00 Shopping at Kroger, LB** **9:30 Alzheimer’s Fundraiser Car Wash, LB** **10:30 Armchair Exercise, MR** **11:00 D- 1990’s Fashion Trivia, BSR** **1:45 What’s in The Bag?? CR** **3:00 D-Happy Hour & Karaoke “Midori Sour”, PUB** **3:00 Bible Study with Ken, MR** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**24** **9:00** Morning Stroll (Independent) **10:30** Armchair Exercise**, MR** **11:00** Saturday Brains Exercise Package**, BSR** **1:30** Mexican Train (resident led)**, MR** **2:30** Mexican Train (resident led)**,MR** **3:30** Afternoon Stroll (resident led) **6:00 D- Movie Night “The Addams Family” THR** **6:04 604 King’s Card Club, PUB**
25 **9:00 Group** walking club (Independent)**, LB** **10:15 Communion, LB** **11:00- 1:30 Lunch Brunch, DN** **2:00 Antique Car Show with North Alabama Cars, Front Parking** **2:15** Church Service**, MR** **3:00 Christmas Choir Rehearsal, LB** **4:00** Sunday Positive Packet**, BSR** **6:04 604 King’s Card Club, PUB**	**26** **8:45 Marching Band Performance from James Clemens, F** **9:30 Gardening Club Meeting, LB** **10:00 Armchair Exercise with Fox Therapy, MR** **10:30** Residents Choice Outing**, LB** **11:30 D- Back to 1990’s Sports Trivia, BSR** **1:30** B-I-N-G-O**, MR** **4:00** Fun Facts and Quick Quiz**, BSR** **6:04 604 King’s Card Club, PUB**	**27** **8:30 Doctors Appointments, LB** **9:30 Exercise Class with Dr. Angela, MR** **10:30 D- Creative Kitchen “Fried Bologna & Egg Sandwich” BSR** **11:00 Recipe Corner, BSR** **1:00 Bridge Club, MR** **3:00 Bible Study and Music with Pastor Steven, THR** **6:04 604 King’s Card Club, PUB**	**28** **9:30 Early Chat, Coffee & Donut with Bert, BSR** **10:00 Catholic church, MR** **10:45 Exercise Class with Dr. Angela, MR** **11:30 Lunch out at Vivia Tequila Mexican Restaurant, LB** **2:00 Cards Corner, BSR** **3:00** *Happy Hour Corner, **PB*** **4:00-6:30 Harvest Festival & Halloween Candy Caravan, LB, FRONT, PL**	**29** **9:00 Walkin Club, LB** **10:30** Armchair Exercise**, MR** **11:00 D-1990’s General Trivia, BSR** **1:30 Creative Craft Corner, Button Pumpkin Art, CR** **2:00 MGM Volunteers Program, LB** **3:00 Cornhole & indoor game! LB** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**30** **9:00 Shopping at Publix, LB** **10:30 Armchair Exercise, MR** **11:00 MGM Auction for Motivation, CR** **1:30 October Birthday Bash, PUB** **2:00 D- Happy Hour & Karaoke “Margarita”, PUB** **3:00 Bible Study with Ken, MR** **4:30** *Fun Pack**, BSR*** **6:04 604 King’s Card Club, PUB**	**31** **9:00** Morning Stroll (Independent) **10:00** Armchair Exercise**, MR** **11:00** Saturday Brains Exercise Package**, BSR** **1:30** B-I-N-G-O**, MR** **3:00** Afternoon Stroll (resident led)**, BSR** **6:30 Saturday Night Laughter, LB** Halloween

All Activities are subject to change based on our residents’ needs and the weather, thank you for your understanding.