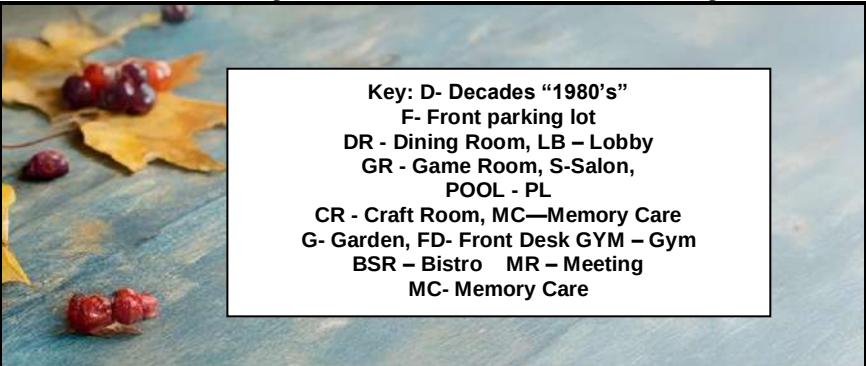


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Key: D- Decades “1980’s” F- Front parking lot DR - Dining Room, LB – Lobby GR - Game Room, S-Salon, POOL - PL CR - Craft Room, MC—Memory Care G- Garden, FD- Front Desk GYM – Gym BSR – Bistro MR – Meeting MC- Memory Care		8:30 Doctors Appointments, LB 1 9:30 Exercise Class with Dr. Angela, MR 10:30 D- Creative Kitchen “Mini Quiches” BSR 11:00 Recipe Corner, BSR 1:00 Bridge Club, MR 2:00 Bunco Club, MR 3:00 Bible Study and Music with Pastor Steven, THR 6:04 604 King’s Card Club, PUB	9:00 Water Aerobic Session with Jessica from Valley View, PL 2 9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 Lunch out at Another Broken Egg Cafe, LB 2:00 Positive Talk with Dan Anderson, LB 3:00 <i>Happy Hour Corner, PB</i> 6:04 604 King’s Card Club, PUB	9:00 Walkin Club, LB 3 10:30 Armchair Exercise, MR 11:00 September Trivia, BSR 1:30 Creative Craft, Bubble Wraps Painting, CR 2:00 MGM Volunteers Program, LB 3:00 Cornhole & indoor game! LB 4:30 <i>Fun Pack, BSR</i> 6:04 604 King’s Card Club, PUB	9:00 Shopping at Publix, LB 4 9:30 Alzheimer’s Fund-Raising Car Wash, LB 10:30 Virtual Armchair Exercise, MR 11:00 D- 1980’s Virtual Scrabble, BSR 1:30 Activities Meeting, MR 2:00 Gayle & Dean Gospel Concert, LB 3:00 D-Happy Hour & Karaoke “Alabama Slammer”, PUB 3:00 Bible Study with Ken, MR 4:30 <i>Fun Pack, BSR</i> 6:04 604 King’s Card Club, PUB	9:00 Morning Stroll (Independent) 5 10:30 Armchair Exercise 11:00 Saturday Brains Exercise Package, BSR 1:30 Mexican Train (resident led), MR 3:00 Afternoon Stroll (resident led) 6:00 D- Movie Night “Stand by Me” THR 6:04 604 King’s Card Club, PUB
9:30 Virtual Armchair Yoga with Kay, MR 6 10:00 Group walking club (Independent), LB 10:15 Communion, LB 11:00- 1:30 Lunch Brunch, DN 1:30 Games with friends (resident led), BSR 2:15 Church Service, MR 4:00 Sunday Positive Packet, BSR 6:04 604 King’s Card Club, PUB	9:30 Gardening Club Meeting, LB 7 10:30 Armchair Exercise, MR 11:00- 1:30 Labor day Lunch Brunch, DN 1:30 B-I-N-G-O, MR 2:30 Labor Day Concert with Mike Havron, LB 4:00 Fun Facts and Quick Quiz, BSR 6:04 604 King’s Card Club, PUB Labor Day	8:30 Doctors Appointments, LB 8 9:30 Exercise Class with Dr. Angela, MR 10:30 Ambassadors Meeting with Ann, BSR 1:00 Bridge Club, MR 1:30 D- Creative Kitchen with the Executive Chef, BSR 2:00 Bunco Club, MR 2:00 Short Story Writer Club, LB 3:00 Bible Study and Music with Pastor Steven, THR 6:04 604 King’s Card Club, PUB	9:00 Water Aerobic Session with Amy, PL 9 9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 12:00 Murder Mystery 1980’s Luncheon, PB 3:00 Wine and Wellness Check, PUB 6:04 604 King’s Card Club, PUB	9:00 Walkin Club, LB 10 10:30 Armchair Exercise, MR 11:00 D- 1980’S Historical Moments Fun Watch, BSR 1:30 Needle Craft Club, PUB 2:00 MGM Volunteers Program, LB 3:00 Cornhole & indoor game! LB 4:30 <i>Fun Pack, BSR</i> 5:45 Singo Bingo, PUB	9:00 Shopping at Aldi, LB 11 10:30 Armchair Exercise, MR 11:30 Celebrating National Grandparents Day, Brunch with Directors, DN 2:00 Music with Olivia, LB 3:00 Welcome Home “New Residents & Happy Hour”, PUB 3:00 Bible Study with Ken, MR 4:30 <i>Fun Pack, BSR</i> 6:04 604 King’s Card Club, PUB Rosh Hashanah Begins	9:00 Morning Stroll (Independent) 12 10:30 Armchair Exercise, MR 11:00 Saturday Brains Exercise Package, BSR 1:30 B-I-N-G-O, MR 2:30 National Chocolate Milkshake Day, BSR 3:00 Afternoon Stroll (resident led) 6:00 D- Movie Night “Born on the Fourth of July” THR 6:04 604 King’s Card Club, PUB
9:30 Virtual Armchair Yoga with Kay, MR 13 10:00 Group walking club (Independent), LB 10:15 Communion, LB 11:00- 1:30 Lunch Brunch, DN 2:15 Church Service, MR 4:00 Sunday Positive Packet, BSR 6:04 604 King’s Card Club, PUB	9:30 Gardening Club Meeting, LB 14 10:00 Armchair Exercise with Fox therapy, MR 10:30 Residents Choice Outing, LB 11:30 D- 1980’s Famous Singer Trivia, BSR 1:30 B-I-N-G-O, MR 2:30 <i>Book Club & Café, LB</i> 4:00 Fun Facts and Quick Quiz, BSR 6:04 604 King’s Card Club, PUB	8:30 Doctors Appointments, LB 15 9:30 Exercise Class with Dr. Angela, MR 10:30 D- Creative Kitchen “Strawberry Icebox” BSR 11:00 Recipe Corner, BSR 2:00 Bunco Club, MR 3:00 Bible Study and Music with Pastor Steven, THR 6:04 604 King’s Card Club, PUB	9:00 Water Aerobic Session with Mary, PL 16 9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 Lunch out at Sakura Japan, LB 2:00 D-Creative Craft Corner, Cheers Pin, CR 3:30 <i>Happy Hour Corner, PB</i> 6:04 604 King’s Card Club, PUB	9:00 Walkin Club, LB 17 10:00 Armchair Exercise, MR 10:30 Townhall Meeting with the Directors, DN 1:30 Patriotic Meeting, PUB 2:30 Saxophone Performance with Jamie, LB 3:30 Cornhole & indoor game! LB 6:04 604 King’s Card Club, PUB	9:00 Shopping at Publix, LB 18 10:30 Virtual Armchair Exercise, MR 11:00 D-Finish the Lyric 1980’s, BSR 1:45 Food Chat with Humberto, PUB 3:00 D-Happy Hour & Karaoke “Frozen Blue Hawaiian”, PUB 3:00 Bible Study with Ken, MR 4:30 <i>Fun Pack, BSR</i> 6:04 604 King’s Card Club, PUB	9:00 Morning Stroll (Independent) 19 10:30 Armchair Exercise, MR 11:00 Saturday Brains Exercise Package, BSR 1:30 Good Old Time Music with Tim Goff, LB 2:30 Mexican Train (resident led),MR 3:30 Afternoon Stroll (resident led) 6:00 D- Movie Night “Splash” THR 6:04 604 King’s Card Club, PUB Oktoberfest Begins
9:30 Virtual Armchair Yoga with Kay, MR 20 10:00 Group walking club (Independent), LB 10:15 Communion, LB 11:00- 1:30 Lunch Brunch, DN 1:30 Games with friends (resident led), BSR 2:15 Church Service, MR 4:00 Sunday Positive Packet, BSR 6:04 604 King’s Card Club, PUB	9:30 Gardening Club Meeting, LB 21 10:30 Armchair Exercise, MR 10:30 Residents Choice Outing, LB 11:30 D- 1980’s Famous Singer Trivia, BSR 1:30 B-I-N-G-O, MR 2:30 Armchair Ping Pong Challenge, GR 3:00 <i>Happy Hour Corne</i> 4:00 Fun Facts and Quick Quiz, BSR 6:04 604 King’s Card Club, PUB	8:30 Doctors Appointments, LB 22 9:30 Exercise Class with Dr. Angela, MR 10:30 D- Creative Kitchen “Turkey Salad with Cranberries”, BSR 11:00 Recipe Corner, BSR 1:00 Bridge Club, MR 2:00 Bunco Club, MR 3:00 Bible Study and Music with Pastor Steven, THR 6:04 604 King’s Card Club, PUB Autumn Begins	9:00 Water Aerobic Session with Amy, PL 23 9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 D- Back to the 80’s Quick Quiz, BSR 2:00 Medicaid & Medicare Updates with Mark Marsica, PUB 3:00 D-Creative Craft Corner, Autumn Sign Maker, CR	9:00 Walkin Club, LB 24 10:30 Armchair Exercise, MR 11:00 D- 1980’S Historical Moments Fun Watch, BSR 1:30 Needle Craft Club, PUB 2:00 MGM Volunteers Program, LB 3:00 Cornhole & indoor game! LB 4:30 <i>Fun Pack, BSR</i> 5:45 Singo Bingo, PUB	9:00 Shopping at Aldi, LB 25 10:30 Armchair Exercise, MR 11:00 MGM Auction for Motivation, CR 1:30 September Birthday Bash, PUB 2:00 D- Happy Hour & Karaoke “Woo-Woo”, PUB 3:00 Bible Study with Ken, MR 3:00 \$5 Pie in The Face for Alzheimer’s Fund Raiser, PL 4:30 <i>Fun Pack, BSR</i> 6:04 604 King’s Card Club, PUB	9:00 Morning Stroll (Independent) 26 10:00 Armchair Exercise, MR 11:00 Saturday Brains Exercise Package, BSR 1:30 B-I-N-G-O, MR 3:00 Afternoon Stroll (resident led), BSR 6:30 Saturday Night Laughter, LB
9:30 Virtual Armchair Yoga with Kay, MR 27 10:00 Group walking club (Independent), LB 10:15 Communion, LB 11:00- 1:30 Lunch Brunch, DN 2:15 Church Service, MR 4:00 Sunday Positive Packet, BSR 6:04 604 King’s Card Club, PUB	9:00 Water Aerobic class with Dr. Angela, PL 28 9:30 Gardening Club Meeting, LB 10:00 Armchair Exercise with Fox therapy, MR 10:30 Residents Choice Outing, LB 11:30 D- Back to 1980’s Sports Trivia, BSR 1:30 B-I-N-G-O, MR 2:30 <i>Book Club & Café, LB</i> 4:00 Fun Facts and Quick Quiz, BSR 6:04 604 King’s Card Club, PUB	8:30 Doctors Appointments, LB 29 9:30 Exercise Class with Dr. Angela, MR 10:30 D- Creative Kitchen “Baked Whole Apple Caramel” BSR 11:00 Recipe Corner, BSR 1:00 Bridge Club, MR 2:00 Bunco Club, MR 3:00 Bible Study and Music with Pastor Steven, THR 6:04 604 King’s Card Club, PUB	9:30 Early Chat & Coffee, BSR 30 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 1:30 Card Game Corner, MR 2:00 Penny Auction with Center Well, BSR 3:00 <i>Happy Hour Corner, PB</i> 4:00-6:00 D- 1980’s Signature Dinner, DN 6:04 604 King’s Card Club, PUB	 September 2026 Monark Grove Madison, Independent Living		

All Activities are subject to change based on our residents’ needs and the Weather. Thank you for understanding.