

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

MONARK GROVE MADISON, MEMORY CARE

Key: D- Decades
"1900"
IL- Independent Living
CR- Craft Room
THR – Theater
IN2L-Lifeloop, LB-
Lobby
DN- Dining room
PL- Pool, G-Garden
F- Front Parking

				1		2		3	
				8:00 Rose Parade, Live TV 9:30 Easy Walk Ministry & Music 10:30 Armchair Fitness 11:00 Dudley's bible study 11:00 New Year's Trivia 11:00- 1:00 New Year's Lunch Buffet, DN 4:00 Fun Pack Pick Up, BSR 6:00 Classical Music with Friends		9:00 Early Chat & Tea 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00 D-1900 Tour/IN2L 1:30 Bring Down the Christmas Trees 2:30 Musical Bouncy Ball 3:30 D-Happy Hour "Espresso Mocktail" 4:00 Fun Quiz Friday Packet 6:00 Evening Show "I love Lucy"		9:00 Senior Sit & be Fit 10:00 Hot Chocolate with Friends 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 IN2L/Name That Holiday Tunes & Refreshment 1:30 D- Movie Night "The Dig" 3:00 Pool Noodle Balloon Toss 4:00 Hallway Patrol 6:00 Puzzles Table & Soft Melody	
				New Year's Day					
4		5		6		7		8	
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends		9:30 Morning Chat & News Feed 10:00 Armchair Dancercise 10:30 D-Virtual Tour "New York Back in 1900" 11:00 Joyful Ride & Quick Stop 1:30 B-I-N-G-O 2:30 Christmas Trees & Décor Down 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz 6:00 Your Favorite Evening Show Time		9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Group Virtual Games, IN2L 1:30 D/ Creative Kitchen "vintage Brownie" 3:00 Target Toss 4:00 Karaoke 4:30 D- Virtual Food Tour		9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Musical Kickball Circle 1:30 Colorful Uno Corner 3:00 Classical Piano Concert with Miriam, LB/IL 4:00 Brain Game Challenge 6:00 Coloring by Numbers		9:00 News and Coffee with Friend 9:30 Easy Fun Fitness 10:00 Scenic Ride 11:00 Dudley's bible study 1:30 Armchair Parachute & Music 3:00 D- National Hat Day, Victorian Hat Decoration, CR 4:00 Fun Pack Pick Up, BSR 6:00 Classical Music with Friends	
11		12		13		14		15	
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends		9:30 Morning Chat & News Feed 10:00 Armchair Dancercise 10:30 D-Virtual Tour "England Back in 1900" 11:00 Joyful Ride & Quick Stop 1:30 B-I-N-G-O 2:30 D-Victorian High Tea Party With Jim Phillips, PUB 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz 6:00 Your Favorite Evening Show Time		9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 D- 1900 Famous People Trivia, IN2L 1:30 D-Creative Kitchen "Stuffed Baked Apples" 3:00 Target Toss 4:00 Karaoke 4:30 D- Virtual Food Tour		9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music 11:00 D- Creative and Craft Corner Victorian Fan 1:30 Old Maid Challenge 3:00 Classical Piano Concert with Miriam, LB/IL 4:00 Brain Game Challenge 6:00 Coloring by Numbers		9:30 Easy Walk Ministry & Music 10:30 Armchair Fitness 11:00 Dudley's bible study 2:00 Chili Cook Off Contest & Tasting, PUB 2:30 Saxophone Performance with Jamie, 4:00 Fun Pack Pick Up, BSR 6:00 Classical Music with Friends	
18		19		20		21		22	
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends		9:30 Morning Chat & News Feed 10:00 Armchair Dancercise 10:30 D-Virtual Tour "Washington D.C. Back in 1900" 11:00 Fun Fact & Trivia "Martin Luther King Jr. Day" 1:30 B-I-N-G-O 3:00 Make-Over- Monday 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz 6:00 Your Favorite Evening Show Time		9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 D- Creative Craft Corner, Pearl Bracelet 1:30 D- Creative Kitchen "Fried Mashed Potato Balls" 3:00 Target Toss 4:00 Karaoke 4:30 D- Virtual Food Tour		9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Musical Kickball Circle 1:30 Colorful Uno Corner 2:15 Penny Auction with Center Well 3:00 Classical Piano Concert with Miriam, LB/IL 4:00 Brain Game Challenge		9:00 News and Coffee with Friend 9:30 Easy Fun Fitness 10:00 Scenic Ride 11:00 Dudley's bible study 1:30 Patriotic & Veterans Club, PUB 3:00 Ladies & Spa Corner 4:00 Fun Pack Pick Up, BSR 6:00 Classical Music with Friends	
		Martin Luther King Jr. Day							
25		26		27		28		29	
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends		9:30 Morning Chat & News Feed 10:00 Armchair Dancercise 10:30 D-Virtual Tour "Alabama Back in 1900" 11:00 Joyful Ride & Quick Stop 1:30 B-I-N-G-O 3:00 Make-Over- Monday 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz 6:00 Your Favorite Evening Show Time		9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 D-1900 Virtual Lands & Trivia, IN2L 1:30 D/ Creative Kitchen "Ambrosia" 3:00 Target Toss 4:00 Karaoke 4:30 D- Virtual Food Tour		9:30 Our Daily Bread & Fresh Air 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music 11:00 Trivia 1:30 Old Maid Challenge 3:00 Classical Piano Concert with Miriam, LB/IL 4:00 Brain Game Challenge 4:00- 6:00 D-Victorian Signature Dinner, DN		9:30 Easy Walk Ministry & Music 10:30 Armchair Fitness 11:00 Dudley's bible study 1:30 Laughter Session, IN2L 2:00 January Birthday Bash 3:00 Karaoke Hour with Friends 4:00 Fun Pack Pick Up, BSR 6:00 Classical Music with Friends	
		Australia Day (Observed)							
30		31							
9:00 Early Chat & Tea 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00 D, Olympic Marathon In 1904 Old Time News 1:30 Musical Volleyball Toss 3:00 D-Happy Hour "Victorian Cognac Mocktail" 4:00 Fun Quiz Friday Packet 6:00 Evening Show "I love Lucy"		9:00 Senior Sit & be Fit 10:00 Hot Chocolate with Friends 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 IN2L/Name That Tunes & Refreshment 1:30 B-I-N-G-O 3:00 D- Movie Matinee "The Secret Graden " 4:00 Saturday Fun Packet 6:00 Puzzles Table & Soft Melody							

All Activities are subject to change, based on our resident's needs. Thank you FOR UNDERSTANDING