

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 MONARK GROVE MADISON, MEMORY CARE						9:00 Senior Sit & be Fit 9:30 Snacks & Soft Melody 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 IN2L/Name That Tunes & Refreshment 1:30 ATW/ Movie Matinee “Australia” 3:00 Fresh air Afternoon Snacks & Music 4:00 Saturday Fun Packet 1
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends Daylight Saving Time Ends 2	9:30 Autumn Air & Chat at MGM Garden 10:00 Fun Physical Movements 11:30 ATW/Virtual Tour Capital of Australia 1:30 Korean Traditional Performance with Sarang Ban National Association Interculture, LB 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz 3	9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Joyful Ride & Quick Stop 11:30 Armchair Volleyball 1:45 ATW/ Creative Kitchen “” 3:00 Turkey Target Challenge 4:00 ATW/ Virtual Food Tour 4	9:30 Our Daily Bread & Fresh Air 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music Trivia Creative Corner Autumn Wreathes, CR 1:30 Musical Armchair Parachute 3:00 Classical Piano Concert with Miriam, LB 5	9:30 Morning Breeze and Coffee with Friends, 10:00 Scenic Ride 11:00 Dudley’s bible study 1:30 Ladies & Spa Corner 2:00 Afternoon High Tea Party 3:30 What’s in The Bag? 4:00 Brain Game Package 6	9:00 Early Chat & Tea 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00 ATW/ Armchair Traveling “The World’s Longest Fence” 1:30 Cups Game Challenge 2:30 ATW/ “Blackberry and vanilla Mocktail” Sip & Sing Happy Hour 4:00 Fun Quiz Friday Packet, BSR 7	9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 IN2L/Name That Tunes & Refreshment 1:30 ATW/Movie Matinee “Perfect Pairing” 3:00 B-I-N-G-O Cor 4:00 Saturday Fun Packet 8
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Jigsaw Corner 9	9:30 Autumn Air & Chat at MGM Garden 10:00 Fun Physical Movements 11:30 ATW/ Australian Outback Tour 1:30 Veterans Recognition with Twickenham Town Chapter, NSDA, LB 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz 10	10:00 Easy Fitness Session with Dr. Angela 10:30 Veterans Day Trivia and Virtual Parade 11:30 Armchair Volleyball 1:30 Remembrance Day Ceremony, DN 3:00 Turkey Target Challenge 4:00 ATW/ Virtual Food Tour Veterans Day Remembrance Day (Canada) 11	9:30 Our Daily Bread & Fresh Air 10:00 Easy Fitness Session with Dr. Angela 10:30 ATW/ Armchair Traveling “Fraser Island” 12:30 Thanksgiving Gathering 1:30 Musical Armchair Parachute 3:00 Classical Piano Concert with Miriam, LB 12	9:30 Easy Walk Ministry & Music 10:30 Armchair Dancercise 11:00 Dudley’s bible study 11:30 ATW/ Virtual Tour & Fun Facts about Fun Facts about Kangaroo 1:30 ATW/Men’s Club Meeting & Turkey Target Challenge, PUB 3:00 Target Toss 4:00 Brain Game Package 5: 13	9:00 Early Chat & Tea 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00 ATW/ Armchair Traveling “Australia’s Coral Sea” 1:30 Friday Movie with Friends, THR 2:30 ATW/ “Apple Cinnamon Spritz Mocktail” Sip & Sing Happy Hour 4:00 Fun Quiz Friday Packet 14	9:00 Sit to Be Fit 9:30 Fun Tunes & Refreshment 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Musical Kickball Tournament 1:00 ATW/ Movie Matinee “True Spirit” 2:30 Good Old Time with Tim Goff 4:00 Saturday Fun Packet & Music 15
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends 16	9:30 Autumn Air & Chat at MGM Garden 10:00 Fun Physical Movements 11:30 ATW/Virtual Tour Alice Springs, BSR 1:30 B -I-N-G-O 2:30 Make over Monday & Colorful Nails 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz 17	9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Joyful Ride & Quick Stop 11:30 Armchair Volleyball 1:45 ATW/ Creative Kitchen “Tim Tam Balls” 3:00 Turkey Target Challenge 4:00 ATW/ Virtual Food Tour 18	9:30 Our Daily Bread & Fresh Air 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music Trivia 11:00 ATW/ Creative Corner Scratch Paper Art 1:30 Musical Armchair Parachute 3:00 Classical Piano Concert with Miriam, LB 19	9:00 Morning Breeze and Coffee with Friends 10:30 Armchair Exercise, MR 11:00 Dudley’s bible study, MC 11:15 ATW/ Armchair Traveling Tasmania, BSR 1:30 Veterans & Patriotic Club, PUB 2:30 Saxophone Performance by Jamie, LB 4:00 Brain Game Package, BSR 20	9:00 Early Chat & Tea 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00 ATW/ Armchair Traveling “Wonders of Australia” 1:30 Can Toss Challenge 3:00 ATW/ “Spiked Apple Cider” Happy Hour & November Birthday Bash, PUB 4:00 Fun Quiz Friday Packet 21	9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Pool Noodle Balloon Buster 1:30 ATW/ Movie Matinee “Penguin Bloom” 3:00 Fresh air Afternoon Snacks & Music 4:00 Saturday Fun Packet 22
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Jigsaw Corner 23	9:30 Autumn Air & Chat at MGM Garden 10:00 Fun Physical Movements 11:30 ATW/ Virtual Tour Brisbane 1:30 B -I-N-G-O 2:30 Make over Monday & Colorful Nails 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz 24	9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Joyful Ride & Quick Stop 11:30 Armchair Volleyball 1:45 ATW/ Creative Kitchen “Apple Fritters” 3:00 Turkey Target Challenge 4:00 ATW/ Virtual Food Tour 25	9:30 Our Daily Bread & Fresh Air 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music Trivia 11:00 ATW/ Virtual Tour “Germany” 1:30 Musical Armchair Parachute 3:00 Classical Piano Concert with Miriam, LB 26	9:30 Easy Walk Ministry & Music 10:30 Armchair Dancercise 11:00 Dudley’s bible study 11:00- 1:00 Thanksgiving Buffet Lunch Brunch, DN 2:00 Target Toss 4:00 Brain Game Package Thanksgiving Day (U.S.) 27	9:00 Early Chat & Tea 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00 ATW/ Armchair Traveling “City in Australia” 1:30 Friday Movie with Friends, THR 3:00 ATW/ “Plum Cider Smashed Mocktail” Sip & Sing 4:00 Fun Quiz Friday Packet 28	9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 IN2L/Name That Tunes & Refreshment 1:30 ATW/Movie Matinee “Lion” 3:00 B-I-N-G-O Corner 4:00 Saturday Fun Packet 29
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends 30	<div> <div>  <div> <p>Key: ATW- Around the World “Australia” IL- Independent Living CR- Craft Room THR – Theater IN2L-Lifeloop, LB- Lobby DN- Dining room PL- Pool, G-Garden F- Front Parking</p> </div> </div>  </div> <div data-kind="ghost"></div> <div data-kind="ghost"></div> <div data-kind="ghost"></div> <div data-kind="ghost"></div>					

All Activities are subject to change, based on our resident’s needs. Thank you for understanding