

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 MONARK GROVE MADISON, INDEPENDENT LIVING 						9:00 Morning Stroll (Independent) 10:00 Little Coffee & Chat, BSR 10:30 Sit to Be Fit, MR 11:30 Saturday Brains Exercise Package, BSR 1:30 Mexican Train (Independent), MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW / Movie Night “Lion”, THR 1
9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 2:15 Church of Christ Service, MR 3:00 MGM Christmas Rehearsal, LB 4:00 Sunday Positive Packet, BSR Daylight Saving Time Ends 2	9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Amy, MR 11:00 ATW/Virtual Tour Capital of Australia, BSR 11:30 Residents Choice Outing, LB 1:30 Performance with Sarang Ban National Association Interculture, LB 3:30 MGM Book Club, PUB 4:00 Fun Facts and Quick Quiz, BSR 3	8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Creative Kitchen “Pork and Pineapple Skewers” BSR 11:00 ATW/ Australian Food Tour, BSR 1:30 Bridge Club, MR 2:30 Mexican Train, MR 5:30 Bunco Club, MR 4	9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 Lunch Out Club “Cheddar”, LB 1:30 Creative Corner Autumn Wreathes, CR 3:00 Classical Piano Concert with Miriam, LB 5	9:00 Morning Breeze and Coffee with Friends, BSR 10:30 Armchair Exercise, MR 11:00 Dudley’s bible study, MC 11:15 ATW/ Armchair Traveling Snowy Mountains, BSR 1:30 Ladies & Spa Hour, CR 3:00 Cornhole & indoor game! LB 4:00 Brain Game Package, BSR 6	9:00 Shopping at Publix, LB 10:30 Fun Fitness, MR 11:00 ATW/ Watch & Learn “The World’s Longest Fence”, BSR 2:30 ATW/ “Blackberry and vanilla vodka cocktail” Sip & Sing Happy Hour PUB 3:00 Devotional Hour with Ken, MR 3:00 MGM Christmas Rehearsal, LB 4:00 Fun Quiz Friday Packet, BSR 7	9:00 Morning Stroll (Independent) 10:00 Senior Sit & be Fit, MR 11:00 Saturday Brains Exercise Package, BSR 11:15 Mexican Train (Independent), MR 1:30 B-I-N-G-O, MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW/ Movie Night “A Perfect Pairing” 8
9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 2:15 Church of Christ Service, MR 3:00 MGM Christmas Rehearsal, LB 4:00 Sunday Positive Packet, BSR 9	9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Fox Therapy, MR 11:00 ATW/ Australian Outback Tour, BSR 11:30 Residents Choice Outing, LB 1:30 Veterans Recognition with Twickenham Town Chapter, NSDA, LB 3:00 MGM Book Club, PUB 4:00 Fun Facts and Quick Quiz, BSR 10	8:00 Doctors Appointments, LB 9:00 Veteran’s Parade, LB 9:30 Exercise Class with Dr. Angela, MR 11:00 Share Your Recipe Corner, BSR 1:30 Remembrance Day Ceremony, DN 3:00 Short Story Writers Club, LIB 5:30 Bunco Club, MR Veterans Day Remembrance Day (Canada) 11	9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 12:00 ATW/Murder Mystery Club, PUB 2:00 Wine & Wellness with Preferred Care and Beltone, PUB 3:00 Classical Piano Concert with Miriam, LB 12	9:30 Coffee with Friends, BSR 10:30 Armchair Exercise, MR 11:00 Dudley’s bible study, MC 11:15 ATW/Fun Facts about Kangaroo, BSR 1:30 Learning Corner, Affinity Presentation, PUB 2:30 Men’s Club Meeting & Turkey Target Challenge, Pub 3:30 Cornhole & indoor game! LB 4:00 Brain Game Package, BSR 13	9:00 Shopping at Walmart, LB 10:30 Armchairs Exercise, MR 11:30 Virtual Group Crossword Solving, BSR 1:45 Activities Meet & Chat with Amy, PUB 2:30 ATW/ “Apple Cinnamon Spritz Cocktails” Happy Hour, PUB 3:00 Devotional Hour with Ken, MR 3:00 MGM Christmas Rehearsal, LB 4:00 Fun Quiz Friday Packet, BSR 14	9:00 Morning Stroll (Independent) 10:00 Little Coffee & Chat, BSR 10:30 Senior Sit & be Fit, MR 11:30 Saturday Brains Exercise Package, BSR 1:30 Good Old time with Tim Goff, LB 2:30 Mexican Train (Independent), MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW/Movie Night “True Spirit” THR 15
9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 2:15 Church of Christ Service, MR 3:00 Young Musicians Performance, LB 4:00 Sunday Positive Packet, BSR 16	9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Fox Therapy, MR 11:00 ATW/Virtual Tour Alice Springs, BSR 11:30 Residents Choice Outing, LB 1:30 B-I-N-G-O, MR 3:00 MGM Christmas Rehearsal, LB 3:30 MGM Book Club, PUB 4:00 Fun Facts and Quick Quiz, BSR 17	8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Creative Kitchen “Tim Tam Balls”, BSR 11:00 Recipe Corner, BSR 1:30 Bridge Club, MR 2:00 Spiritual Chat with Dan Anderson, PUB 5:30 Bunco Club, MR 18	9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 12:00 MGM Thanksgiving Potluck, DN 2:00 MGM Auction, CR 3:00 Classical Piano Concert with Miriam, LB 19	9:00 Morning Breeze and Coffee with Friends, BSR 10:30 Armchair Exercise, MR 11:00 Dudley’s bible study, MC 11:30 Lunch for Our Heroes, LB 1:30 Veterans & Patriotic Club, PUB 2:30 Saxophone Performance by Jamie, LB 3:30 Cornhole & indoor game! LB 4:00 Brain Game Package, BSR 20	9:30 Shopping at Publix, LB 10:30 Armchairs Exercise, MR 11:00 ATW/ and “Wonders of Australia”, BSR 1:45 Food Chat with Keith, PUB 2:30 ATW/ “Spiked Apple Cider” Happy Hour & November Birthday Bash, PUB 3:00 MGM Christmas Rehearsal, LB 3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR 21	9:00 Morning Stroll (Independent) 10:00 Senior Sit & be Fit, MR 11:00 Saturday Brains Exercise Package, BSR 11:15 Mexican Train (Independent), MR 1:30 B-I-N-G-O, MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW/ Movie Night “Penguin Bloom”, THR 22
9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 2:15 Church of Christ Service, MR 4:00 Sunday Positive Packet, BSR 23	9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Fox Therapy, MR 11:00 ATW/ Virtual Tour Brisbane, BSR 11:30 Residents Choice Outing, LB 1:30 B-I-N-G-O, MR 3:00 IN2L Challenge, MR 4:00 Fun Facts and Quick Quiz, BSR 24	8:00 Doctors Appointments, LB 9:45 Armchair Exercise, MR 10:30 ATW/ Creative Kitchen “Apple Fritters”, BSR 11:00 Recipe Corner, BSR 1:30 Bridge Club, MR 1:30 Penny Auction with Center Well, BSR 2:30 What’s in the Bag, CR 5:30 Bunco Club, MR 25	9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Armchair Exercise, MR 11:30 Lunch Out Club Phil Sandoval, LB 2:00 ATW/, Creative Corner Scratch Paper Art, CR 3:00 Classical Piano Concert with Miriam, LB 26	9:30 Inspirational Chat & Coffee, BSR 10:00 Armchair Exercise with Jessica, MR 11:00 Dudley’s bible study, MR 11:00- 1:00 Thanksgiving Buffet Lunch Brunch, DN 2:00 Table Games with Friends, MR 3:00 Cornhole & indoor games! LB 4:00 Brain Games Package, FD Thanksgiving Day (U.S.) 27	9:00 Shopping at Marshall, LB 10:30 Fun Fitness, MR 11:00 Deck the Lobby, LB 1:30 Pokeno Hour, MR 2:30 ATW/ “Plum Cider Smashed Cocktail” Happy Hour PUB 3:00 Devotional Hour with Ken, MR 3:00 MGM Christmas Rehearsal, LB 4:00 Fun Quiz Friday Packet, BSR 28	9:00 Morning Stroll (Independent) 10:00 Senior Sit & be Fit, MR 11:00 Saturday Brains Exercise Package, BSR 11:15 Mexican Train (Independent), MR 1:30 B-I-N-G-O, MR 3:00 Iron Bowl Kick Off, PUB 6:45 Saturday Night Laughter Club, LB 29
9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 2:15 Church of Christ Service, MR 3:00 MGM Christmas Rehearsal, LB 4:00 Sunday Positive Packet, BSR 30	  Key: ATW- Around the World “Australia” DR - Dining Room, LB – Lobby CR - Craft Room, MC—Memory Care G- Garden, FD- Front Desk BSR – Bistro MR - Meeting Room PB – Pub, THR – Theater, LIB- Library, GR - Game Room, S-Salon, POOL - PL, GYM – Gym PC- Pickleball Court F- Front parking lot 					

All Activities are subject to change, based on our resident’s needs. Thank you FOR UNDERSTANDING