

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: ATW- Around the World “Scotland” DR - Dining Room, LB – Lobby CR - Craft Room, MC—Memory Care G- Garden, FD- Front Desk BSR – Bistro MR - Meeting Room PB – Pub, THR – Theater, LIB- Library, GR - Game Room, S-Salon, POOL- PL, GYM – Gym PC- Pickleball Court 	1 9:00 MGM Water Aerobic, PL 9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Amy, MR 11:00 Residents Choice Outing, LB 11:30 Labor Day Trivia, BSR 1:30 B-I-N-G-O, MR 3:30 MGM Book Club, PUB 4:00 Fun Facts and Quick Quiz, BSR Labor Day	2 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Scotland Food Tour, BSR 11:00 Recipe Corner, BSR 1:30 Bridge Club, MR 2:00 ATW/Executive Chef Corner, BSR 3:00 Golf Tournament, LB 5:30 Bunco Club, MR	3 9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 Lunch out at Mia’s Café, LB 1:15 Communion Service, THR 1:30 Creative Craft Corner “Thistle Wall Art”, CR 3:00 Classical Piano Concert with Miriam, LB	4 9:00 Morning Breeze and Coffee with Friends, P 10:30 Armchair Exercise, MR 11:00 Dudley’s bible study, MC 11:30 ATW/Sherlock Holmes Trivia, BSR 1:30 Madison Steppers line Dancers, LB 3:00 Cornhole & indoor game! LB 4:00 Brain Game Package, BSR	5 9:00 Shopping at Publix, LB 10:30 Fun Fitness, MR 11:00 ATW/Life Loop Tour to Scotland, BSR 1:30 Pokeno Hour, MR 2:30 ATW/ Sip & Learn “Scotland” Trivia & Happy Hour “Hebridean Breeze”, PUB 3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR	6 9:00 Morning Stroll (Independent) 10:00 Little Coffee & Chat, BSR 10:30 Sit to Be Fit, MR 11:30 Saturday Brains Exercise Package, BSR 1:30 Mexican Train (Independent), MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW / Movie Night “Sherlock Holmes”, THR
7 9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church of Christ Service, MR 4:00 Sunday Positive Packet, BSR Grandparents Day	8 9:00 Pickleball Club, PC 9:00 MGM Water Aerobic, PL 9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Amy, MR 11:00 Residents Choice Outing, LB 11:30 ATW/ Poems of James MacPherson, BSR 1:30 B-I-N-G-O, MR 2:30 Board Game Corner, MR 4:00 Fun Facts and Quick Quiz, BSR	9 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Creative Kitchen “Scottish Strawberry Jam”, BSR 11:00 Recipe Corner, BSR 1:30 Bridge Club, MR 2:00 Short Story Writers Club, LIB 3:00 Golf Tournament, LB 5:30 Bunco Club, MR	10 9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 ATW/ Scotland Trivia, BSR 2:00 - 4:00 Assisted Living Week Celebration, Concert with Brandon, Alzheimer’s Fair and Games for Prizes fair, LB	11 9:00 9/11 Visiting Fire Station, LB 9:30 Easy Walk Ministry & Music, LB 10:30 Armchair Exercise with Amy, MR 11:00 Dudley’s bible study, MC 11:00 ATW/Creative Craft Corner, Unicorn Soap, CR 2:00 Men’s Club, Mini Golf Tournament, PUB 3:00 Classical Piano Concert with Miriam, LB 4:00 Brain Game Package, BSR	12 7:00 National Grandparents Celebration, Big Bad Breakfast Corner with MGM Directors, DN 9:00 Shopping at Sprouts Fresh Market, LB 11:00 Armchairs Exercise, MR 1:30 Activities Meet & Chat with Amy, PUB 2:30 ATW/ “Scotch Toddy” Sip & Sing Happy Hour PUB 3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR	13 9:00 Morning Stroll (Independent) 10:00 Senior Sit & be Fit, MR 11:00 Saturday Brains Exercise Package, BSR 11:15 Mexican Train (Independent), MR 1:30 B-I-N-G-O, MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW/Movie Night “Made of Honour”, THR
14 9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church of Christ Service, MR 4:00 Sunday Positive Packet, BSR	15 9:00 MGM Water Aerobic, PL 9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Amy, MR 11:00 Residents Choice Outing, LB 11:30 ATW/ Watch & Learn “St. Andrews, Birthplace of Golf”, BSR 1:30 B-I-N-G-O, MR 2:30 Guess the Jellybeans & Meet & Greet with Hospice of Alabama, PUB 3:30 MGM Book Club, PUB 4:00 Fun Facts and Quick Quiz, BSR	16 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Creative Kitchen Apple Pancake and Cinnamon Butter, BSR 11:00 Recipe Corner, BSR 1:30 Bridge Club, DN 1:30 Creative Craft Corner “Mugs and Fancy Cups with Gladys, CR 5:30 Bunco Club, MR	17 9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 12:00 ATW/ Murder Mystery Lunch Club with Brianna, PUB 2:00 ATW/, Creative Corner Lucky Keychain, CR 3:00 Soft Melody & Spa Hour, PUB	18 9:30 Coffee with Friends, BSR 10:00 Armchair Exercise, MR 10:30 MGM Townhall Meeting, DN 11:00 Dudley’s bible study, MC 1:30 Veterans & Patriotic Club, PUB 2:30 Fun Music Performance by Jamie, LB 3:30 Cornhole & indoor game! LB 4:00 Brain Game Package, BSR	19 9:00 Shopping at Publix, LB 10:30 Fun Fitness, MR 11:00 ATW/ and “The Legends of Scotland”, BSR 11:15 Friendly Visit with Oreo, Pet’s Partner, LB 1:45 Food Chat with Keith, PUB 2:30 ATW/ “Irish Breakfast” Sip & Sing Happy Hour PUB 3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR	20 9:00 Morning Stroll (Independent) 10:00 Little Coffee & Chat, BSR 10:30 Senior Sit & be Fit, MR 11:30 Saturday Brains Exercise Package, BSR 1:30 Good Old time with Tim Goff, LB 2:30 Mexican Train (Independent), MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW/Movie Night “ Brave” THR Oktoberfest Begins
21 9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church of Christ Service, MR 4:00 Sunday Positive Packet, BSR	22 9:00 Pickleball Club, PC 9:00 MGM Water Aerobic, PL 9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Amy, MR 11:00 Residents Choice Outing, LB 11:30 ATW/ Edinburgh Castle Virtual Tour, BSR 1:30 B-I-N-G-O, MR 3:00 Hospice of Alabama Jellybeans Winners Announcement with Hospice of Alabama, PUB 4:00 Fun Facts and Quick Quiz, BSR Rosh Hashanah Begins Autumn Begins	23 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Creative Kitchen “Cheese & Bacon Turnovers”, BSR 11:30 Recipe Corner, BSR 1:30 Bridge Club, MR 2:30 Games Table, BSR 3:30 Golf Tournament, LB 5:30 Bunco Club, MR	24 9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 Luncheon Club at “Los Arcos”, LB 1:30 Penny Auction with Center well, BSR 4p-6p ATW/Oktober Fest, Beer & Pretzel & Cheese Featuring Madison Fire Fighters Bagpipes Band, DN	25 9:00 Morning Breeze and Coffee with Friends, P 10:30 Armchair Exercise, MR 11:00 Dudley’s bible study, MC 1:30 Vaccines Clinic with Publix, MR 2:00 September Birthday Bash, PUB 3:00 Cornhole & indoor game! LB 4:00 Brain Game Package, BSR	26 9:30 Shopping at Kohl’s, LB 10:30 Fun Fitness, MR 11:00 ATW/ Beers Trivia, BSR 1:30 MGM Points Auction for Motivation, CR 2:30 ATW/ “Glasglow Punch Cocktail” Sip & Sing Happy Hour PUB 3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR	27 9:00 Morning Stroll (Independent) 10:00 Senior Sit & be Fit, MR 11:00 Saturday Brains Exercise Package, BSR 11:15 Mexican Train (Independent), MR 1:30 B-I-N-G-O, MR 3:00 Afternoon Stroll, (Independent) 6:45 Saturday Night Laughter Club, LB
28 9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church of Christ Service, MR 4:00 Sunday Positive Packet, BSR	29 9:00 MGM Water Aerobic, PL 9:30 Gardening Club Meeting, LB 10:30 Armchair Exercise with Amy, MR 11:00 Residents Choice Outing, LB 11:30 ATW/ Fun Facts about Bonnybridge, BSR 1:30 B-I-N-G-O, MR 3:00 Down the Memory Lane with Eva Lindou, MR 4:00 Fun Facts and Quick Quiz, BSR	30 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Creative Kitchen “No Bake Millionaire Cheesecake”, BSR 11:30 Recipe Corner, BSR 1:30 Bridge Club, MR 2:30 Games Table, BSR 3:30 Golf Tournament, LB 5:30 Bunco Club, MR	<div>  <h1>September 2025</h1> <h2>MONARK GROVE MADISON INDEPENDENT LIVING</h2> </div>			

All Activities are subject to change, based on our resident’s needs. Thank you for understanding