

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Laughter Corner Refresh & Refill 11:00 Joyful Ride & Quick Stop “S&J Produce 2:00 ATW/ Chef Corner 3:00 Backyard & Bubbles with Friends 4:00 Music & Memory Canada Day	2 9:30 Our Daily Bread & Warm Breeze 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music Trivia 11:00 ATW/ United States Tour and Trivia 1:30 Musical Pool Noodle Balloon 3:00 Classical Piano Concert with Miriam, LB/IL 6:00 MGM July 4 th Peace on Earth Performance and Happy Hour, DN	3 9:00 Sunshine Iced Tea, Hat & Chat 10:30 Armchair Dancercise 11:00 Dudley’s bible study, MC 11:30 ATW/ United States Tour and Trivia 1:30 Yatzy Corner 2:30 Independent Day Celebration 4:00 Brain Game Package	4 9:00 Summer Chat & Lemonade 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00-1:00 Independence Day Luncheon, DN 2:00 Independent Day Trivia 3:00 ATW/ Karaoke & Mocktail Hour Sip & Learn July 4 th Trivia “Long Island”, 4:00 Fun Quiz Friday Packet Independence Day (US)	5 9:00 Senior Sit & be Fit 9:30 Snacks & Soft Melody 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 IN2L/Name That Tunes & Refreshment 1:30 ATW/ Movie Matinee “Forrest Gump” 3:00 Fresh air Afternoon Snacks & Music 4:00 Saturday Fun Packet
6 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Jigsaw Corner	7 9:30 Summer Chat at MGM Garden 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 ATW/ United States Tour and Trivia 1:30 B -I-N-G-O 2:30 Make over Monday & Colorful Nails 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz	8 9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Laughter Corner Refresh & Refill 11:00 Joyful Ride 1:30 ATW/ Creative Kitchen “Apple Pie and Ice Cream”, 3:00 Backyard & Bubbles with Friends 4:00 Music & Memory	9 9:30 Our Daily Bread & Warm Breeze 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music Trivia 11:00 ATW/ United Tour States and Trivia 2:00 Wine & Wellness with Preferred Care and Beltone, PUB/IL 3:00 Classical Piano Concert with Miriam, LB/IL	10 9:30 Easy Walk Ministry & Music, LB 10:30 Armchair Dancercise 11:00 Dudley’s bible study, MC 11:30 ATW/ United States Tour and Trivia 1:30 ATW/Twickenham Town Chapter, NSDAR 3:00 Pool Noodle Balloon Buster 4:00 Brain Game Package	11 9:30 Your Weekly Horoscopes 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00 ATW/American Flag Wall Art 1:30 ATW/ United States Tour and Trivia 3:00 ATW/ Karaoke & USA Blue Razz Mocktail Hour “Alabama Coney-Style Dog” 4:00 Fun Quiz Friday Packet	12 9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 IN2L/Flag Day Trivia 1:30 ATW/ Movie Matinee “Top Gun” 3:00 Fresh air Afternoon Snacks & Music 4:00 Saturday Fun Packet
13 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends	14 9:30 Summer Chat at MGM Garden 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 ATW/ United States Tour and Trivia 11:30 Make over Monday & Colorful Nails 1:30 B -I-N-G-O 2:30 Penny Auction with Center Well, BSR 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz	15 9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Laughter Corner Refresh & Refill 11:00 Joyful Ride 1:30 ATW/ Creative Kitchen “Philly Cheesesteak”, 3:00 Backyard & Bubbles with Friends 4:00 Music & Memory	16 9:30 Our Daily Bread & Warm Breeze 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music Trivia 11:00 ATW/ United States Tour and Trivia 11:30 Patriotic Tunes & Armchair Parachute 1:30 ATW/Creative Craft Corner Red, White & Blue Jar Art 3:00 Classical Piano Concert with Miriam, LB/IL	17 9:00 Sunshine Iced Tea, Hat & Chat 10:30 Armchair Dancercise 11:00 Dudley’s bible study, MC 11:30 ATW/ United States Tour and Trivia 1:30 ATW/Veterans & Patriotic Club 2:30 Afternoon Scenic Ride 4:00 Brain Game Package	18 9:00 Summer Chat & Lemonade 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:30 ATW/ United States Tour and Trivia 1:30 Fantastic Movie Friday, THR/IL 2:30 ATW/ Karaoke & Mocktail “American Punch” Taste of “Tennessee, hot dogs” 4:00 Fun Quiz Friday Packet	19 9:00 Sit to Be Fit 9:30 Fun Tunes & Refreshment 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Armchair Kickball 1:30 B-I-N-G-O 2:30 Good Old Time with Tim Goff 3:15 ATW/ Movie Matinee “Gettysburg” 4:00 Saturday Fun Packet & Music
20 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Jigsaw Corner	21 9:30 Summer Chat at MGM Garden 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 ATW/ United States Tour and Trivia 1:30 B -I-N-G-O 2:30 Make over Monday & Colorful Nails 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz	22 9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Laughter Corner Refresh & Refill 11:00 Joyful Ride & Quick Stop “Sonic” 1:30 ATW/ Creative Kitchen “Tator Tot Casserole” 3:00 Backyard & Bubbles with Friends 4:00 Music & Memory	23 9:30 Our Daily Bread & Warm Breeze 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music Trivia 11:00 ATW/ United States Tour and Trivia 11:30 Patriotic Tunes & Armchair Parachute 1:30 ATW/Creative Craft Corner Red white and Blue Bracelet 3:00 Classical Piano Concert with	24 9:30 Easy Walk Ministry & Music, LB 10:30 Armchair Dancercise 11:00 Dudley’s bible study, MC 11:30 ATW/ Passport Corner 1:30 Yatzy Corner 2:30 Afternoon Scenic Ride 4:00 Brain Game Package	25 9:30 Your Weekly Horoscopes 10:00 Armchair Aerobics 10:30 IN2L/Devotional Time 11:00 ATW/ United States Tour and Trivia 1:30 Fantastic Movie Friday, THR/IL 2:30 ATW/ Karaoke & Mocktail “America’s Pride” Taste of “Carolina-Style Slaw Dogs” 4:00 Fun Quiz Friday Packet	26 9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Pool Noodle Balloon Buster 1:30 ATW/ Movie Matinee “National Treasure” 3:00 Fresh air Afternoon Snacks & Music 4:00 Saturday Fun Packet
27 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Hymns Along, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends	28 9:30 Summer Chat at MGM Garden 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 ATW/ United States Tour and Trivia 1:30 B -I-N-G-O 2:30 Make over Monday & Colorful Nails 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz	29 9:30 Weather Forecast & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Laughter Corner Refresh & Refill 11:00 Joyful Ride 1:30 ATW/ Creative Cooking Kitchen “National Chicken Wing Day” 2:30 ATW/ United States Tour and Trivia 3:00 Backyard & Bubbles with Friends	30 9:30 Our Daily Bread & Warm Breeze 10:00 Easy Fitness Session with Dr. Angela 10:30 IN2L/Hydration & Music Trivia 11:00 ATW/ United States Tour and Trivia 11:30 Patriotic Tunes & Armchair Parachute 3:00 Classical Piano Concert with Miriam, LB/IL	31 9:00 Sunshine Iced Tea, Hat & Chat, BY 10:30 Armchair Dancercise 11:00 Dudley’s bible study, MC 11:30 ATW/ United States Tour and Trivia 1:30 July Birthday Bash, BSR 2:00 Huntsville Youth Orchestra, LB 4:00 Brain Game Package	 Key: ATW- Around the World “USA” IL- Independent Living CR- Craft Room THR – Theater IN2L-Lifeloop, LB- Lobby DN- Dining room PL- Pool, G-Garden	

All Activities are subject to change based on our residents, Thank you for understanding