Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MONARK GROVE MADIS	July 2025 SON INDEPENDENT LIVING	9:30 Exercise Class with Dr. Angela, MR 10:15 Ambassador Meeting, BSR 11:00 Recipe Corner, BSR 1:30 Bridge Club, MR 2:00 ATW/Executive Chef Corner, BSR 3:30 Communion Service, THR	Bakery, LB	2:00 Activities Meet & Chat, PB 3:30 Cornhole & indoor game! LB 4:00 Brain Game Package, BSR	9:00 Shopping at Publix, LB 10:30 Fun Fitness, MR 11:00-1:00 Independence Day Luncheon, DN 1:30 Pokeno Hour, MR 3:00 Around the Table Cards Games, BSR (Independent) 3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR	9:00 Morning Stroll (Independent) 10:00 Little Coffee & Chat, BSR 10:30 Armchair Exercise, MR 11:30 Saturday Brains Exercise Package, BSR 1:30 Mexican Train (Independent), MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW/ Movie Night, THR
9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB	9:30 Gardening Club Meeting, LB 10:00 10:30 Early Riser Exercise with Kayla, MR 11:30 1:30 B-I-N-G-O, MR 3:30 MGM Book Club, PUB	9:30 Exercise Class with Dr. Angela, MR	10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 3:00 Classical Piano Concert with Miriam, LB	10:30 Armchair Exercise with Amy,	3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR 2:30 ATW/ Sip & Learn Happy Hour "Summer Guava", PUB	9:00 Morning Stroll (Independent) 10:00 Senior Sit & be Fit, MR 10:30 Trivia, MR 11:00 Saturday Brains Exercise Package, BSR 11:15 Mexican Train (Independent), MR 1:30 B-I-N-G-O, MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW/Movie Night "" THR
MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB	9:00 MGM Water Aerobic Club with Mary, PL 9:30 Gardening Club Meeting, LB 10:30 Early Riser Exercise with Kayla, MR 11:30 4:00 Fun Facts and Quick Quiz, BSR	9:30 Exercise Class with Dr. Angela, MR	10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 Lunch Out Club at 3:00 Classical Piano Concert with Miriam, LB	10:30 MGM Townhall Meeting, DN 1:30 Veterans & Patriotic Club.	1:30 Food Chat with Keith, PUB 2:30 ATW/ Sip & Learn Happy Hour "Summer Guava", PUB 3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR	9:00 Morning Stroll (Independent) 10:00 Little Coffee & Chat, BSR 10:30 Armchair Exercise, MR 11:30 Saturday Brains Exercise Package, BSR 1:30 Good Old time with Tim Goff, LB 2:30 Mexican Train (Independent), MR 3:00 Afternoon Stroll, (Independent) 6:00 ATW/Movie Night "THR
MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 11:00-1:00 Father's Day Luncheon, DN 1:30 Games with friends (resident led), BSR	9:00 MGM Water Aerobic, PL 9:30 Gardening Club Meeting, LB 10:00 Alzheimer's Fundraiser Car Wash, LB 10:30 Early Riser Exercise with Kayla, MR 11:30 1:30 B-I-N-G-O, MR 3:30 MGM Book Club, PUB 4:00 Fun Facts and Quick Quiz, BSR	8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Creative Kitchen, , BSR 11:00 Recipe Corner, BSR 1:30 Bridge Club, MR 3:30 Communion Service, THR 5:30 Bunco Club, MR	9:30 Early Chat & Coffee, BSR 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 3:00 Classical Piano Concert with Miriam, LB	9:30 Easy Walk Ministry & Music, 4 LB 10:30 Armchair Exercise with Amy, MR 11:00 Dudley's bible study. MC	2:30 ATW/ Sip & Learn Happy Hour "Summer Guava", PUB 3:00 Devotional Hour with Ken, MR 4:00 Fun Quiz Friday Packet, BSR	9:00 Morning Stroll (Independent) 10:00 Senior Sit & be Fit, MR 10:30 IN2L, Spin & Solve, MR 11:00 Saturday Brains Exercise Package, BSR 11:15 Mexican Train (Independent), MR 1:30 B-I-N-G-O, MR 3:00 Afternoon Stroll, (Independent) 6:45 Saturday Night Laughter Club, LB
9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church of Christ Service, MR 4:00 Sunday Positive Packet, BSR	3.00 INIGINI Water Acrobic, FL	8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 ATW/ Creative Cooking Kitchen "National Chicken Wing Day", BSR 1:30 Bridge Club, MR 3:30 Communion Service, THR 5:30 Bunco Club, MR	10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 1:30	3:30 Cornhole & indoor game! LB	Key: ATW- Around the World "USA" DR - Dining Room, LB – Lobby CR - Craft Room, MC—Memory Care G- Garden, FD- Front Desk BSR – Bistro MR - Meeting Room PB – Pub, THR – Theater, LIB- Library, GR - Game Room, S-Salon, POOL - PL, GY	M - Gym