

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

MONARK GROVE MEMORY CARE

<p>9:00 Senior Sit & be Fit 1 9:30 Snacks & Soft Melody 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Guess That Tunes & Refreshment 1:30 Movie Matinee "Burlesque" 3:00 Afternoon Snacks & Music 4:00 Saturday Fun Packet</p>						
<p>9:30 Virtual Armchair Yoga Video 2 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Ground Hog Day, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends</p>	<p>9:30 Weekly Update & Chat 3 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 ATW/ Virtual Tour "Italy" 1:30 B-I-N-G-O 2:30 Make over Monday & Spa Hour 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz</p>	<p>9:30 Hot Topic & Chat 4 10:00 Easy Fitness Session with Dr. Angela 10:30 ATW/ Creative Kitchen, Italian Meatballs 11:00 Refresh & Refill 11:30 Mardi Gras Trivia 2:30 Mardi Gras Party 4:00 Puzzle & Music Corner Mardi Gras</p>	<p>9:30 Our Daily Bread 5 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 ATW/ Blank Canvas "The leaning Tower of Pisa" 1:30 Bean Bag Toss Challenge 3:00 Classical Piano Concert with Miriam, LB</p>	<p>9:30 Hot Topic with Friends 6 10:00 Armchair Exercise 10:30 Refresh & Refill 11:00 Dudley's bible study 11:30 Joyful Ride & Quick Stop 1:30 Pool Noodle Balloon Buster 3:00 Around The Table Card Masters 4:00 Brain Game Package</p>	<p>9:30 Your Weekly Horoscopes 7 10:00 Devotional Time with Aveana 10:30 Armchair Aerobics 11:00 Friendly Visit with Jaxson, Pet's Therapy 11:30 ATW/ Fun Fact about Italy 1:30 Funtastic Movie Friday, THR/LB 3:00 ATW/ Karaoke & Mocktail Hour Taste of Italy 4:00 Fun Quiz Friday Packet</p>	<p>9:00 Coffee & Social 8 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:30 ATW/ Watch & Learn "Italy" 1:30 Movie Matinee "Blended" THR 3:00 Afternoon Snacks & Music 4:00 Saturday Fun Packet</p>
<p>9:30 Virtual Armchair Yoga Video 9 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Jigsaw Corner Daylight Saving Time Begins</p>	<p>9:30 Weekly Update & Chat 10 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 ATW/ Historical Tour "Italy" 1:30 Korean Traditional Dance Performance, LB 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz</p>	<p>9:30 Hot Topic & Chat 11 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Scenic Ride with Friends 1:30 ATW/ Creative Kitchen, Italian Mini Pizza 3:00 Around the Circle Parachute 4:00 Puzzle & Music Corner</p>	<p>9:30 Our Daily Bread 12 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 National Plant a Flower Day Craft Corner "Succulent", CR 1:30 ATW/ Virtual Jeopardy "Italy" Challenge 3:00 Classical Piano Concert with Miriam, LB</p>	<p>9:30 Easy Walk Ministry & Music, LB 13 10:00 Armchair Exercise 10:30 Refresh & Refill 11:00 Dudley's bible study 1:30 The Sock Hop Club 2:30 ATW/Creative Craft Corner, "Mosaic Coaster", CR 4:00 Brain Game Package Purim Begins</p>	<p>9:30 Your Weekly Horoscopes 14 10:00 Devotional Time with Aveana 10:30 Armchair Aerobics 11:00 ATW, Speakers Corner "Italian" word" 1:30 High Tea Party 3:00 ATW/ Karaoke & Mocktail Hour Taste of Italy "Sgroppino" 4:00 Fun Quiz Friday Packet</p>	<p>9:00 Senior Sit & be Fit 15 9:30 Fun Tunes & Refreshment 11:00 Armchair Kickball 1:30 B-I-N-G-O 2:30 Good Old Time with Tim Goff, LB 3:15 Movie Matinee "An Affair to Remember" 4:00 Saturday Fun Packet & Music</p>
<p>9:30 Virtual Armchair Yoga Video 16 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends</p>	<p>9:30 Weekly Update & Chat 17 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 St. Patrick's Day Trivia 2:00-4:00 Luck of Irish Care Fair & Concert with Bobby, LB 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz St. Patrick's Day</p>	<p>9:30 Hot Topic & Chat 18 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Scenic Ride with Friends 1:30 ATW/ Creative Kitchen, Italian Baked Spaghetti 3:00 Around the Circle Parachute 4:00 Puzzle & Music Corner</p>	<p>9:30 Our Daily Bread 19 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Musical Kickball Circle 1:30 Bean Bag Toss Challenge 3:00 Classical Piano Concert with Miriam, LB</p>	<p>9:30 Hot Topic with Friends 20 10:00 Armchair Exercise 10:30 Refresh & Refill 11:00 Dudley's bible study 11:30 Joyful Ride & Quick Stop 1:30 Yatzy Corner 3:00 Name That Tune Challenge 4:00 Brain Game Package Spring Begins</p>	<p>9:30 Your Weekly Horoscopes 21 10:00 Devotional Time with Aveana 10:30 Armchair Aerobics 11:00 ATW, Speakers Corner "Italian" word" 1:30 National Puppy Day with Magic Poodles Show, LB 3:00 ATW/ Karaoke & Mocktail Hour Taste of Italy "Bellini" 4:00 Fun Quiz Friday Packet</p>	<p>9:00 Senior Sit & be Fit 22 9:30 Coffee & Social 10:30 Fun Music & Devotional with Steve & Lorraine 11:30 ATW/ Watch & Learn "Italy" 1:30 Movie Matinee "Here" THR 3:00 Afternoon Snacks & Music 4:00 Saturday Fun Packet</p>
<p>9:30 Virtual Armchair Yoga Video 23 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Jigsaw Corner</p>	<p>9:30 Weekly Update & Chat 24 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 ATW/ Virtual Vacation in "Italy" 1:30 ATW/Italian Chef Keith Demonstration, BSR 3:00 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz</p>	<p>9:30 Hot Topic & Chat 25 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Scenic Ride with Friends 1:30 ATW/ Creative Kitchen, Italian "Egg Plant Parmesan" 3:00 ATW/ Creative Craft Corner Wine Glass Paint 4:00 Puzzle & Music Corner</p>	<p>9:30 Our Daily Bread 26 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Rock & Roll Kick Ball 1:30 Colorful Uno Corner 3:00 Classical Piano Concert with Miriam, LB 4:00-6:00 Signature Dinner "ITALY" Theme, DN</p>	<p>9:30 Easy Walk Ministry & Music, LB 27 10:00 Armchair Exercise 10:30 Refresh & Refill 11:00 Dudley's bible study 11:00 Penny Auction with Center Well, BSR 1:30 The Sock Hop Club 3:00 ATW/ Food Tour "Italy" 4:00 Brain Game Package</p>	<p>9:30 Your Weekly Horoscopes 28 10:00 Devotional Time with Aveana 10:30 Armchair Aerobics 11:00 ATW/ Passport Corner Performance, LB 1:30 Madison Steppers 2:30 March Birthday Bash, LB 4:00 Fun Quiz Friday Packet</p>	<p>9:00 Senior Sit & be Fit 29 9:30 Fun Tunes & Refreshment 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Armchair Kickball 1:30 Movie Matinee "About Time" 3:00 B-I-N-G-O 4:00 Saturday Fun Packet & Music</p>
<p>9:30 Virtual Armchair Yoga Video 30 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends</p>	<p>9:30 Weekly Update & Chat 31 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 Music Trivia Challenge 1:30 B-I-N-G-O 2:30 Make over Monday & Spa Hour 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz</p>	<p>Key: ATW- Around the World "ITALY" IL- Independent Living CR- Craft Room THR - Theater LB- Lobby DN- Dining room</p> 				

All Activities are subject to change based on our residents, Thank you for understanding