Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan Monark Gi	ruary 2 rove Madison Me	025 Care	 10:00 Easy Fitness Session 10:30 Pool Noodle Balloon Buster 11:00 New Year's Trivia 1:30 Nails & Spa Hour 3:00 Classical Piano with Miriam, 	9:30 Armchair Exercise 10:00 Scenic Ride 10:30 Quick Snacks & Music 11:00 Dudley's bible study, MR/IL 1:30 Colorful Uno 3:00 Target Toss 4:00 Brain Game Package	9:30 Your Weekly Horoscopes & Chat 10:00 Devotional Time with Chaplain Alfred 10:30 Friendly Visit with Jaxson, Pet's Therapy 11:00 Refresh & Refill with Friends 1:30 Virtual Simple "Samba" Beginner 2:30 Hot Chocolate & Karaoke 3:30 Fun Quiz Friday Packet	
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends	9:30 Newsroom & Morning Chat 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 Around the World Armchair Traveling "Brazil" 1:30 B-I-N-G-O for Chocolate 2:30 Make over Monday & Spa Hour 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz	10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Scenic Ride with Friends 1:45 Creative Kitchen, Brazilian Cheese Bread "Pao De Queijo"	 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Musical Kickball Circle 1:30 Colorful Uno Corner 3:00 Classical Piano Concert with 		9:30 Your Weekly Horoscopes & Char 10:00 Devotional Time with Chaplain Alfred 10:30 Refresh & Refill with Friends 11:00 Inspirational Series with Randy from Gentiva Hospice, IL/LB 1:30 Musical Armchair Parachute & Music 3:00 Mocktail Hour Taste of Brazil, The caipirinha (kai-purr-REEN-yah) 4:00 Fun Quiz Friday Packet	1
10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music	9:30 Newsroom & Morning Chat 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 Quick Watch & Learn Carnival Rio Documentary" 1:30 B-I-N-G-O for Chocolate 2:30 Make over Monday & Spa Hour 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz	10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Creative Corner, Make your Own Carnival's Mask, CR/IL 1:30 Creative Kitchen "Brownies"	9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Musical Kickball Circle 1:30 Old Hymns & Sing-along 3:00 Classical Piano Concert with Miriam, LB/IL	9:30 Inspirational Chat & Coffee 10:30 Armchair Exercise 11:00 Dudlev's bible study. IL/MR	9:30 Your Weekly Horoscopes & Chat 10:00 Devotional Time with Chaplain Alfred	9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Music & Refreshment 11:00 Musical Kickball 1:30 B-I-N-G-O 2:15 Good Old Time with Tim Goff 3:00 Afternoon Snacks & Music 4:00 Saturday Fun Packet & Music
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Puzzles with Friends Activity Professionals Week	9:30 Newsroom & Morning Chat 10:00 Fun Physical Movements 10:30 National Popcorn Day 11:00 Fun Fact about Martin Luther King Jr. Day 1:30 B-I-N-G-O for Chocolate 2:30 Make over Monday & Spa Hour 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz Martin Luther King Jr. Day	9:30 Today News & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Scenic Ride with Friends 1:45 Creative Kitchen, "Brazil Nut & Banana Parfait" 3:00 Around the Circle Parachute 4:00 Color by Numbers & Virtual Food Tour	9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Creative Corner "Brazilian Ceramics Charms 1:30 Colorful Uno Corner 3:00 Classical Piano Concert with Miriam, LB/IL 4:00 Brain Game Challenge	9:30 Inspirational Chat & Coffee 10:30 Armchair Exercise 11:00 Dudley's bible study, IL/MR 11:30 Quick Snacks & Chat 1:30 Horseshoe Challenge 3:00 Colorful Brazilian Wooden Arts, CR/IL 4:00 Brain Game Package	9:30 Your Weekly Horoscopes & Charl 10:00 Devotional Time with Chaplain Alfred 11:00 Armchair Aerobics 10:30 Quick Stop & Cookies 1:30 What's in the Bag? 3:00 Mocktail Hour Taste of Brazil, "Colada Brazil" 4:00 Fun Quiz Friday Packet	9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Holiday Tunes & Refreshment 1:30 Movie Matinee "Book Club", THR 3:00 Afternoon Snacks & Music 4:00 Saturday Fun Packet
9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Jigsaw Corner Australia Day (Observed)	9:30 Newsroom & Morning Chat 10:00 Fun Physical Movements 10:30 Short Break & Soft Melody 11:00 Monday Trivia Madness Winter" 1:30 B-I-N-G-O for Chocolate 2:30 Make over Monday & Spa Hour 3:30 Book Club, Share & Tell 4:00 Fun Facts and Quick Quiz	10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Tic-Tac-Toe Challenge 1:45 Creative Kitchen, Taco Tuesday & Brazilian Vinaigrette, BSR 3:00 Pool Noodle Balloon Buster 4:00 Color by Numbers & Virtual Food Tour	9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Fun Facts about Chinese New Year & Trivia 1:30 Chinese New Year Celebration, PUB/IL 3:00 Classical Piano Concert with Miriam, LB/IL 4:00 Brain Game Challenge Chinese New Year (Year of the Snake)	9:30 Inspirational Chat & Coffee 10:30 Armchair Exercise 11:00 Dudley's bible study, IL/MR 1:30 Flag Collection "Brazil" 2:00 January Birthday Bash with Your Choice 3:00 Fun Family Movie Matinee 4:00 Brain Game Package	9:30 Your Weekly Horoscopes & Charl 10:00 Devotional Time with Chaplain Alfred 11:00 Armchair Aerobics 10:30 Quick Stop & Cookies 1:30 Mocktail Hour Taste of Brazil "Bossa Nova" 3:00 Sip & Spa, Salon/IL 4:00 Fun Quiz Friday Packet	MONARK GROVE HADISON