

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Holiday Movie with Friends	2 9:30 Newsroom & Morning Chat 10:00 Fun Physical Movements 10:30 Short Break & Holiday Music 11:30 NP/The History of Glacier National Park 1:00-3:00 Vaccines Clinic with Publix, IL/MR 1:30 Madison Line Steppers, IL/ LB 3:00 Monday Mock Tail “Grinch Punch” 4:00 Searching for December	3 9:30 Today News & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Refresh & Refill 11:00 Scenic Ride with Friends 1:45 NP/Creative Kitchen Cooking Club, “Cherry Pie” 3:30 Joyful Christmas Caroling Rehearsal 4:00 Brain Game Package	4 9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 Pool Noodle Balloon Buster 11:30 National Cookies Day 1:45 Colorful Nails 3:00 Classical Piano with Miriam, LB/IL 4:00 Color by Numbers “Winter Wonder Land”	5 9:30 Armchair Exercise 10:00 Scenic Ride & Quick Stop 11:00 Dudley’s bible study 1:30 Colorful Uno 3:30 Joyful Christmas Caroling Rehearsal 4:00 Christmas Tour “Italy” 5:00 Christmas Tree Lighting & MGM Open House, IL/LB	6 9:30 Your Weekly Horoscopes & Chat 10:00 Armchair Aerobics 10:30 Refresh & Refill with Friends 11:00 Devotional Time with Chaplain Alfred 1:30 NP/ Snow Globe Ornaments 3:00 Snowman Target Toss 6:30 Holiday Musical School Performance, IL/ LB	7 9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 NP/Glacier National Park Puzzles 1:30 Movie Matinee “Pearl Harbor” 3:00 Colorful Uno 4:00 Saturday Fun Packet & Music
8 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:30 Christmas Caroling with Girl Scout Troop 21213 4:00 Large Puzzles Corner	9 9:30 Fun Weather Forecast 10:00 Fun Physical Movements 10:30 Short Break & Food Tour 11:30 NP/ Glacier National Park Podcast, BSR 1:30 Traditional Korean Dancers Performance, IL/ LB 3:00 B-I-N-G-O 4:00 Fun Facts and Quick Quiz	10 9:30 Today News & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Little Bite & Music 11:00 Scenic Ride with Friends 1:30 Creative Kitchen, NP/Date Pinwheel Cookies 2:00-4:00 MGM Christmas Pop-Up Shop, IL/LB 3:30 Joyful Christmas Caroling Rehearsal 4:00 Brain Game Package	11 9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 Hydration & Music 11:00 Musical Kickball Circle 1:30 NP/ Creative Craft Corner “Glacier Painting, IL/CR 3:00 Classical Piano with Miriam, LB/IL 4:00 Color by Numbers “Snowman”	12 9:30 Inspirational Chat & Coffee 10:00 Armchair Exercise 11:00 Dudley’s bible study, IL/MR 11:30 Name That Holiday Tune 1:30 Creative Craft Corner, Gingerbread House, IL/CR 3:30 Joyful Christmas Caroling Rehearsal 4:00 Christmas Virtual Tour “France”	13 9:30 Your Weekly Horoscopes & Chat 10:00 Armchair Aerobics 10:30 Refresh & Refill with Friends 11:00 Inspirational Series with Randy from Gentiva Hospice, IL/LB 1:30 Musical Armchair Parachute & Music 2:15 National Hot Cocoa Day & Good Old Time with Tim Goff 6:30 MGM Christmas Performance, DN	14 9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Holiday Tunes & Refreshment 1:45 Teri’s Christmas School Violins Concert, IL/LB 3:00 Movie Matinee “White Christmas” 4:00 Saturday Fun Packet
15 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Holiday Movie with Friends	16 9:30 Newsroom & Morning Chat 10:00 Fun Physical Movements 10:30 Short Break & Holiday Music 11:00 Make Over Monday & Spa Hour 11:30 NP/ Glacier National Park Tour Guide 1:30 B-I-N-G-O 2:30 Movie & “White Christmas Punch” “Miracle on 34th street” THR 6:00 Philippine American Ass of Alabama, IL/LB	17 9:30 Today News & Chat 10:00 Easy Fitness Session with Dr. Angela 10:30 Little Bite & Music 11:00 Joyful Christmas Caroling Rehearsal 1:30 Creative Kitchen Gingerbread man 2:30 Kadoma Violins School Performance, IL/LB 3:45 Christmas Light Show at Toyota Field	18 9:30 Our Daily Bread 10:00 Easy Fitness Session with Dr. Angela 10:30 Pool Noodle Balloon Buster 11:00 Hydration & Music 2:00 MGM Memory Care Christmas Party 3:00 Classical Piano with Miriam, LB/IL 4:00 Color by Numbers “Gingerbread House”	19 9:30 Inspirational Chat & Coffee 10:00 Armchair Exercise 10:30 Penny Auction with Center well, IL/BSR 1:30 Hope United Students Caroling, LB 3:00 NP/Hallmark Movie, named Love in Glacier National Park, THR 4:00 Christmas Virtual Tour “Germany”	20 9:30 Your Weekly Horoscopes & Chat 10:00 Armchair Aerobics 10:30 Refresh & Refill with Friends 11:00 Devotional Time with Chaplain Alfred 1:30 Snowman Target Toss 2:45 Memory Care Christmas Performance, IL/LB 4:00 Searching for Winter	21 9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Fun Music & Devotional with Steve & Lorraine 11:00 Holiday Tunes & Refreshment 1:30 Movie Matinee “Home Alone”, THR 3:00 B-I-N-G-O 4:00 Saturday Fun Packet Winter Begins
22 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Large Puzzles Corner	23 9:30 Fun Weather Forecast 10:00 Fun Physical Movements 10:30 Short Break & Fresh Air 11:00 Make Over Monday & Spa Hour 1:30 B-I-N-G-O for Chocolate 2:30 NP/Monday Mock Tail “Kissing Santa” & Learn 10 Things to do at Glacier National Park/ NP 4:00 Searching for Campfire & Music	24 9:30 Today News & Chat 10:00 Easy Fitness Session 10:30 Refresh & Refill 11:00 Christmas Story with Friends 1:45 NP/ Creative Kitchen Cooking Club “Eggnog Bread” 3:00 Joyful Christmas Karaoke 4:00 Brain Game Package	25 9:30 Coffee with Friends 10:00 Fun Fitness with Friends 10:30 Musical Kick Ball 11:30 Christmas Trivia & Hot Chocolate 1:30 Movie Matinee “How the Grinch Stole Christmas” 3:00 Holiday Melody & Puzzle Corner 4:00 Holiday Fun Package Christmas Hanukkah Begins	26 9:30 Inspirational Chat & Coffee, Armchair Exercise 10:00 Armchair Exercise 10:30 Scenic Ride & Quick Stop 11:00 Dudley’s bible study, IL/ MR 11:30 Fun Facts about Kwanzaa 1:30 What’s in the Bag? 3:00 Classical Piano Concert with Miriam, LB 4:00 Brain Game Package, BSR Boxing Day (Canada) Kwanzaa Begins	27 9:30 Your Weekly Horoscopes & Chat 10:00 Armchair Aerobics 11:00 Devotional Time with Chaplain Alfred 10:30 Quick Stop & Cookies 11:00 NP/ Famous Places to Visit at Glacier National Park 2:00 NP/PJ’s and Hot Chocolate & Movie, THR 4:00 Fun Friday Brain Game Package	28 9:00 Coffee & Social 9:30 Senior Sit & be Fit 10:30 Music & Refreshment 11:00 Musical Kickball 1:30 Movie Matinee “Dolly Parton’s Christmas on the Square” 3:00 Colorful Uno 4:00 Saturday Fun Packet & Music
29 9:30 Virtual Armchair Yoga Video 10:00 Quick Snacks & Service, TV 10:15 Communion 11:00 Kickball & Music 11:30 Old Hymns Trivia, YouTube 1:30 Church Service 3:00 Afternoon Refreshment & Soft Melody 4:00 Holiday Movie with Friends	30 9:30 Fun Weather Forecast 10:00 Fun Physical Movements 10:30 Short Break & Fresh Air 11:00 Make Over Monday & Spa Hour 11:30 Rock & Roll Oldies Armchair Parachute 1:30 B-I-N-G-O for Chocolate 2:30 NP/DIY Colorful Glass Bead Flower, IL/CR 4:00 Searching for New Year’s	31 9:30 Today News & Chat 10:00 Easy Fitness Session 10:30 Little Bite & Music 11:00 Scenic Ride with Friends 11.59 Noon Newyear’s Eve Count Down & Champaign Toast 1:45 NP/ Creative Kitchen Cooking Club, “Frozen Hot Chocolate” 3:00 Around the World Virtual New Year’s Eve Tour 4:00 Brain Game Package New Year’s Eve	<h1>December 2024</h1> <p>Monark Grove Madison Memory Care</p>			

Activities are subject to change based on our residents, Thank you for understanding

