Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Monark Grove of Madiso Independent Living	tober 2024	MGM Scarecrows Trial All Day Always Available Activities 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 NP/Creative Kitchen Cooking Club, "Blue Berry Muffins", BSR 12:30 Resident Ambassadors Meeting, PUB 1:30 Sip & Solve The Riddles, PUB 3:30 Communion with Father Chris, MR 5:40 BUNCO! Club, MR	9:30 Morning Sunshine Stroller, (Independent) Sidewalk 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 October Trivia, BSR 1:30 Canasta Corner, MR 3:00 Classical Piano Concert with	10:00 Armchair Exercise with Amy, MR 10:30 N/P Grand Tetons National Park Virtual Tour, BSR 11:00 Dudley's bible study, MR 1:30 Ladies & Spa Hour, S 3:00 Cornhole & indoor games! LB	4:00 Fun Quiz Friday Packet, BSL	MGM Scarecrows Trial All Day Always Available Activities Football Game with Friends, THR 9:00 Morning Stroll (Independent) 10:00 Senior Sit & be Fit (Video), MR 11:00 Saturday Brains Exercise Package, BSR R 1:30 Rummikub Challenge with Friends (Independent), MR 2:30 Your Choice of Movie, THR 4:00 Afternoon Stroll, (Independent)
All Day Always Available Activities 9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (Independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church Service, MR 4:00 Afternoon Breeze with Friends (Independent), POOL	10:30 Early Riser Exercise with Amy, MR 11:00 NP/ Lakes and River Trivia, BSL	All Day Massages with Dr. Angela (by appointment only) 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 Creative Kitchen Cooking Club, "Pumkin Patch Dirt Cup, BSR 11:30 Easy Music Trivia, BSR 1:30 Bridge Club, MR 3:30 Communion with Father Chris, MR 5:40 BUNCO! Club, MR	All Day Always Available Activities 9:30 Morning Sunshine Stroller, (Independent) Sidewalk 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 Lunch Bunch at Libby's Catfish, LB 1:30 NP/Craft Corner "Sensory Tube Mix Marbling Art, CR 3:00 Classical Piano Concert with Miriam, LB	113pirational Chat & Conee	All Day Always Available Activities 9:00 Shopping at Walmart, LB 10:00 Virtual Exercise with Kay, MR 11:00 Inspirational Series with Randy from Gentiva Hospice, DN 1:30 Activities, Wine & Chat Meeting, PB 3:00 Devotional Hour with Ken, MI 4:00-6:00 Harvest Festival, POOL Yom Kippur Begins	All Day Always Available Activities Football Game with Friends, THR 9:30 Garden club & Social, POOL 10:00 Good Old Time with Tim Goff, LB 11:00 Saturday Brains Exercise Package, BSR 1:30 Mexican Train, MR 2:30 Free Style Painting (Independent), CR 4:00 Afternoon Stroll, (Independent)
All Day Always Available Activities 9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church Service, MR 4:00 Afternoon Breeze with Friends (Independent), POOL	9:30 Gardening Club Meeting, LB 10:30 Early Riser Exercise with Amy, MR 11:00 Columbus Day Trivia, BSL 11:30 Resident's Choice, LB 1:30 B-I-N-G-O, MR	All Day Massages with Dr. Angela (by 15 appointment only) 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 Creative Kitchen Cooking Club, "Apple Cinnamon Donut", BSR 1:30 Mexican Train Corner, MR 3:30 Communion with Father Chris, MR 5:40 BUNCO! Club, MR	9:30 Sunny Sidewalk (Independent) Sidewalk 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR	9:30 Inspirational Chat & Coffee	All Day Always Available Activities 9:00 Shopping at Publix, LB 10:00 Virtual Exercise with Kay, MR 10:30 Coffee & Chat, BSR 11:00 NP/ Button Art, CR 1:45 Pokeno Hour, MR 3:00 Devotional Hour with Ken, MI 4:00 Fun Quiz Friday Packet, BSR	All Day Always Available Activities Football Game with Friends, THR 9:30 Garden club & Social, POOL 10:00 Senior Sit & be Fit (Video), MR 11:00 Saturday Brains Exercise Package, BSR 1:30 Your Choice Movie with Friends, THR 3:00 Table Games with friends (Independent), LB 4:00 Afternoon Stroll, (Independent)
All Day Always Available Activities 20 9:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church Service, MR 3:00 Pumpkin Painting with Girl scout, CR	All Day Always Available Activities 9:30 Gardening Club Meeting, LB 10:00 Botanical Garden Tour, LB 10:30 Virtual Exercise with Kay, MR 11:30 NP/ Inside Grand Teton with Friends, THR 1:30 B-I-N-G-O, MR 3:00 MGM Book Club, PUB 4:00 Sunset Happy Hour, PUB 4:30 Fun Facts and Quick Quiz, FD	All Day Always Available Activities All Day Massages with Dr. Angela (by appointment only) 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 Creative Kitchen Cooking Club, "Crêpe", BSR 1:30 Bridge Club, MR 3:30 Communion with Father Chris, MR 5:40 BUNCO! Club, MR	All Day Always Available Activities 9:30 Morning Sunshine Stroller, (Independent) Sidewalk 10:00 Catholic church, MR 10:45 Exercise Class with Dr. Angela, MR 11:30 Lunch Bunch at Sakura Hibachi, LB 1:30 Canasta Corner, MR 3:00 Classical Piano Concert with Miriam, LB		All Day Always Available Activities 2:9:00 Shopping at Walmart, LB 10:00 Virtual Exercise with Kay, MR 11:00 Autumn Trivia, BSR 11:30 NP/Learning about Grand Tetons Wildlife, BSL 1:30 October Birthday Bash, PUB 3:00 Devotional Hour with Ken, MI 4:00 Fun Quiz Friday Packet, BSR	All Day Always Available Activities Football Game with Friends, THR 8:30 Alzheimer's Walk, LB 9:30 Garden club & Social, POOL 10:00 Senior Sit & be Fit (Video), MR 11:00 Saturday Brains Exercise Package, FD
All Day Always Available Activities 29:30 Virtual Armchair Yoga with Kay, MR 10:00 Group walking club (independent), LB 10:15 Communion, LB 1:30 Games with friends (resident led), BSR 2:15 Church Service, MR 4:00 Afternoon Breeze with Friends (Independent), POOL	All Day Always Available Activities 9:30 Gardening Club Meeting, LB 10:00 Exploring Our City at Hubert Family Farms, LB 11:30 Grand Tetons Podcast & Coffee, BSL 1:30 B-I-N-G-O, MR 2:30 Show & Tell with Bert, MR 4:00 Fun Facts and Quick Quiz, FD	All Day Always Available Activities All Day Massages with Dr. Angela (by appointment only) 8:00 Doctors Appointments, LB 9:30 Exercise Class with Dr. Angela, MR 10:30 NP/Creative Kitchen Cooking Club, "Monkey Bread", BSR 1:30 MGM Points Auction, CR 3:30 Communion with Father Chris, MR 5:40 BUNCO! Club, MR	9:30 Morning Sunshine Stroller, (Independent) Sidewalk 10:00 Catholic church, THR 10:45 Exercise Class with Dr. Angela, MR	All Day Always Available Activities 10:30 Armchair Exercise with Amy, MR 11:00 Dudley's bible study, MR 11:30 Halloween Trivia, BSR 1:45 Halloween Costumes Fashion Show, LB 3:00 Cornhole & indoor games! LB 4:00 Brain Games Package, FD Halloween	MONARK GROVE MADISON	R - Dining Room LB - Lobby CR - Craft Room G- Garden FD- Front Desk BSR - Bistro MR - Meeting Room PB - Pub POOL - Pool GYM - Gym THR - Theater GR - Game Room S-Salon NP-National Park