

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

INDEPENDENT LIVING & ASSISTED LIVING

PROGRESSIVE ERA
(1900-1909)

NO TRANSPORTATION 1		2		3	
9:00 Phase 10 Card Games 3IL 10:00 Rose Parade (NBC) TH 1:30 Hand & Foot Card Club LB 4:00 Rose Bowl Watch Party TH **BAMA vs Indiana 6:00 Prize BINGO! 3DR		9:00 Scrabble GM 10:00 OUTING - Hobby Lobby 2B 11:00 Year 2025 in Review TH 1:00 New Year's Resolution TH Superstitions 2:00 Happy Hour with Jus Joe 1DR 6:00 Friday Night Movie TH *The Map that Leads to You (PRIME)		9:00 Phase 10 Card Games 3IL 10:00 Chair Exercise PTR 1:30 Hand & Foot Cards LB 1:30 UNO Card Games GM 6:00 Saturday Night Movie TH	
New Year's Day					
NATIONAL ENGLISH TOFFEE DAY 8		NATIONAL LAW ENFORCEMENT DAY 9		10	
9:00 Phase 10 Card Games 3IL 10:00 Donuts, Divas & Dudes LB Talk with Chuck (Enhabit) 11:00 Ambassador Meeting LB 1:30 Hand & Foot Card Club 1DR 6:00 Prize BINGO! 3DR		9:00 Scrabble GM 10:00 Jewelry Sale with Elise 1B 11:00 Karaoke TH 2:00 Happy Hour-The Alexanders 1DR 6:00 Friday Night Movie TH *Titanic		9:00 Phase 10 Card Games 3IL 10:00 Chair Exercise PTR 1:30 Hand & Foot Cards LB 1:30 UNO Card Games GM 6:00 Saturday Night Movie TH	
NATIONAL HAT DAY 15		16		17	
9:00 Phase 10 Card Games 3IL 10:30 Fancy Hat Tea Party 1D 1:30 Hand & Foot Card Club LB 3:00 How Much Do You Know TH *Black History Month 6:00 Prize BINGO! 3DR		9:00 Scrabble GM 10:00 OUTING 2B *Vulcan Park and Museum 2:00 Fun Friday 1DR *Basement Band 6:00 Friday Night Movie TH *Rain Man		9:00 Phase 10 Card Games 3IL 10:00 Chair Exercise PTR 1:30 Hand & Foot Cards LB 1:30 UNO Card Games GM 6:00 Saturday Night Movie TH	
NATIONAL POLKA DOT DAY 22		NATIONAL PIE DAY 23		24	
9:00 Phase 10 Card Games 3IL 10:30 Polka Dot Canvas Painting 4AR 1:30 Hand & Foot Card Club LB 2:00 Blue Period Painting 4AR 6:30 Prize BINGO! 3DR		9:00 Scrabble GM 10:30 Family Feud TH 1:00 Pie Bar 1B 2:00 Fun Friday - Donna McGuffie 1DR 6:00 Friday Night Movie TH *Blue Miracles (Netflix)		9:00 Phase 10 Card Games 3IL 10:00 Chair Exercise PTR 1:30 Hand & Foot Cards LB 1:30 UNO Card Games GM 6:00 Saturday Night Movie TH	
NATIONAL PUZZLE DAY 29		30		31	
9:00 Phase 10 Card Games 3IL 11:00 Intro to FOX Rehab LB Exercise Classes 1:30 Hand & Foot Card Club LB 2:30 Pretzel Bar 1B 6:30 Prize BINGO! 3DR		9:00 Scrabble GM 11:00 Art Show Meeting LB 2:00 Fun Friday - Karaoke TH 6:00 Friday Night Movie TH		9:00 Phase 10 Card Games 3IL 10:00 Chair Exercise PTR 1:30 Hand & Foot Cards LB 1:30 UNO Card Games GM 6:00 Saturday Night Movie TH	

4		5		6		7	
10:00 Sunday Worship with Bobby LB 2:00 PRIZE B-I-N-G-O! 3DR 6:00 Movie Night TH		10:00 Water Aerobics w/Lillie POOL 11:00 Time Travel: 1900-1902 TH 1:00 Catholic Communion LB 1:00 OUTING - PUBLIX 2B 1:30 Piano Time with Johnny GR 6:00 DOLLAR B-I-N-G-O! 1D		10:00 Bible Study with Kelly LB 1:00 Picasso Faces in Watercolor 4AR 1:30 Hand & Foot Card Club LB 2:30 Chair Aerobics w/Lillie PTR 6:00 Poker with Johnny GM		9:00 Scrabble GM 10:00 Chair Dancing Fitness PTR 1:00 Flower Arranging 3AR 1:15 IL Chef's Chat 1DR 1:45 AL Chef's Chat 3DR 6:00 Movie Time TH	
11		12		13		14	
10:00 Sunday Worship with Bobby LB 1:00 Jeff Johnson Sings 3DR 2:00 PRIZE B-I-N-G-O! 3DR 6:00 Movie Night TH		10:00 Water Aerobics w/Lillie POOL 11:00 Time Travel: 1903-1904 TH 1:00 Catholic Communion LB 1:00 OUTING - WALMART 2B 1:30 Piano Time with Johnny GR 6:00 DOLLAR B-I-N-G-O! 1DR		10:00 Bible Study with Kelly LB 1:00 Hot Chocolate & Chat w/Will 2B 1:30 Hand & Foot Card Club LB 2:30 Chair Aerobics w/Lillie PTR 6:00 Poker with Johnny GM		9:00 Scrabble GM 10:00 Jeopardy TH 12:00 Birthday Lunch 1DR 1:00 Flower Arranging 3AR 2:00 Design a Tea Party Hat 4AR 6:00 Puzzle Time GM	
18		19		NATIONAL COFFEE BREAK DAY 20		NATIONAL BAKERS-CRAFTERS-MAKERS DAY 21	
10:00 Sunday Worship with Bobby LB 2:00 PRIZE B-I-N-G-O! 3DR 6:00 Movie Night TH Activity Professionals Week		10:00 Water Aerobics w/Lillie POOL 11:00 Time Travel: 1905-1906 TH 1:00 Catholic Communion LB 1:00 OUTING - PUBLIX 2B 1:30 Piano Time with Johnny GR 3:00 Celebrating MLK, Jr. TH 6:00 DOLLAR B-I-N-G-O! 1DR Martin Luther King Jr. Day		10:00 Bible Study with Kelly LB 11:00 FREE 10-Min Massage GM 1:00 Beginner Watercolor 4AR 1:30 Hand & Foot Card Club LB 2:30 Chair Aerobics w/Lillie PTR 3:30 AL Town Hall 3DR 6:00 Poker with Johnny GM		9:00 Scrabble GM 10:00 OUTING - Painted Tree 2B 1:00 Flower Arranging 3AR 2:00 N. Shelby Library Book Xchange LB 3:00 IL Town Hall LB 6:00 Movie Time TH	
25		26		27		28	
10:00 Sunday Worship with Bobby LB 2:00 PRIZE B-I-N-G-O! 3DR 6:00 Movie Night TH Australia Day (Observed)		10:00 Water Aerobics w/Lillie POOL 11:00 Time Travel: 1907-1909 TH 1:00 Catholic Communion LB 1:00 OUTING - WALMART 2B 1:30 Piano Time with Johnny GR 6:00 DOLLAR B-I-N-G-O! 1DR		10:00 Bible Study with Kelly LB 1:00 From Crayons to Canvas 4AR 1:30 Hand & Foot Card Club LB 2:30 Chair Aerobics w/Lillie PT 6:00 Poker with Johnny GM		9:00 Scrabble GM 10:00 OUTING 2B *Southern Museum of Flight 1:00 Flower Arranging 3AR 2:00 Meet Your Neighbors GR 6:00 Movie Time TH	

1DR=1st Floor Dining Room 1AR=1st Floor Activity Room 1C=1st Floor Courtyard 1B=1st Floor Bistro 2B=2nd Floor Bistro 3DR=3rd Floor Dining Room 3AR=3rd Floor Activity Room 4AR=4th Floor Activity Room
4COM=4th Floor Common Area GM=Game Room GR=Great Room GYM=Gym LB=Library PTR-Physical Therapy POOL=Pool SALON=Salon TH=Theatre PUB=Pub