

2025 OCTOBER: Germany

Spirit Program

An Atlas Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendars are subject to change			1 10:00 Chair Yoga 11:00 Book Club 1:00 Worship Music 1:30 Devotions w/ Eric 2:00 Bible Trivia 3:00 Fall Craft	2 10:00 Chair Exercises 11:00 Germany Facts 1:30 Easy Walk Worship 2:30 Basket & Ball Race 3:30 Trivial Pursuit	3 10:00 Music & Dance 11:00 Uno 1:00 Bingo 2:00 Ice Cream Social 3:00 Balloon Volleyball	4 9:00 Stretches 10:00 This Day in History 11:00 Games w/ Friends 1:00 Music Sing-Along 3:00 Games Shows
5 9:00 Stretches & Praises 11:00 Virtual Church 2:00 Hymn Sing Along 3:00 Puzzle Party	6 9:00 Seat Stretches 10:00 Music Sing Along 11:00 Puzzles 1:00 Games w/ Friends 3:00 Coloring	7 9:00 Seat Stretches 10:00 Lovely Hands 11:00 Gingerbread Hearts Craft 1:00 Dice Games 2:30 Gingerbread Snacks & Music	8 10:00 Build a Scarecrow 11:00 Book Club 1:00 Worship Music 1:30 Devotions w/ Eric 2:00 Movie Matinee: Snow White	9 10:00 German Fairy Tales 11:00 Balloon Volleyball 1:00 Gummy Bear song/video 2:00 Bingo 3:00 Gummy Bears Craft and Snack	10 10:00 Garden Time 11:00 Leaf Painting 1:00 Book Club 2:00 Huntsville Traditional Music 3:00 Bowling	11 9:00 Stretches 10:00 Dunkin Donuts Outing 11:00 Pumpkin Craft 1:00 Football Activities 2:00 Game Time
12 9:00 Stretches & Praises 11:00 Virtual Church 2:00 Hymn Sing Along 3:00 Puzzle Party	13 10:00 Aromatherapy 11:00 Manicure Monday 1:00 Halloween Haunted House Craft 2:00 Explore Germany's Castles 3:00 Heart to Heart	14 9:00 Seat Stretches 10:00 Morning Meditation 11:00 Trivial Pursuit 1:00 Nutcracker craft 2:30 Soda Floats and Songs	15 10:00 Chair Yoga 11:00 Book Club 1:00 Worship Music 1:30 Devotions w/ Eric 2:30 Movie Matinee: Casper	16 10:00 Chair Exercises 11:00 Halloween Door Hanger 1:30 Easy Walk Worship 2:30 Uno w/ Julie 3:30 Parachute	17 10:00 German Music & Dance 11:00 Bowling 1:00 Scarecrow Craft 2:00 Bingo 3:00 Balloon Volleyball	18 9:00 Stretches 10:00 This Day in History 11:00 Games w/ Friends 1:00 Music Sing-Along 3:00 Games Shows
19 9:00 Stretches & Praises 11:00 Virtual Church 2:00 Hymn Sing Along 3:00 Puzzle Party	20 9:00 Seat Stretches 10:00 Music Sing Along 11:00 Puzzles 1:00 Games w/ Friends 3:00 Coloring	21 9:00 Seat Stretches 10:00 Lovely Hands 11:00 Dachund Craft 1:00 Dachund Races 2:30 Pretzel activity	22 10:00 Chair Yoga 11:00 Book Club 1:00 Worship Music 1:30 Devotions w/ Eric 2:00 Make a German hat And Volksmarch	23 10:00 Chair Exercises 11:00 Crockpot Creation 1:00 Apple craft 2:00 Apple Bobbing 3:00 Snacks and watch Apple Dumpling Gang	24 10:00 Garden Time 11:00 Creepy Crawly Craft 1:00 Book Club 2:00 Bingo 3:00 Birthday Celebration	25 9:00 Monster Mash 10:00 Wendy's Outing 11:00 Fall Games 1:00 Make and Eat Treats 2:00 Movie Matinee: Hocus Pocus
26 9:00 Stretches & Praises 11:00 Virtual Church 2:00 Hymn Sing Along 3:00 Puzzle Party	27 10:00 Aromatherapy 11:00 Manicure Monday 1:00 History of Holocaust 2:00 Uno 3:00 Balloon Volleyball	28 9:00 Seat Stretches 10:00 Morning Meditation 11:00 Halloween Craft Decoration 1:00 Autobahn Race 2:30 Soda Floats & Music	29 10:00 Chair Yoga 11:00 Book Club 1:00 Worship Music 1:30 Devotions w/ Eric 2:00 Bible Trivia 3:00 Movie Matinee: Disney's Coco	30 10:00 Men's Tee Time 11:00 Halloween Masks 1:30 Easy Walk Worship 2:30 Bingo 3:30 Make Halloween Treats	31 10:00 Music & Dance 11:00 History on Day of the Dead 1:15 Music w/ Kirk 2:30 Halloween Festivities 4:00 Trick or Treat	