November 2026 - Memory Care

An Atlas Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 Sunday Worship w/ Joel Osteen 1:00 Trivia 2:00 Soft Music w/ Snacks 3:00 Couch Potato Hour 6:00 Music for the Soul	**2** 9:45 Sit N Be Fit 10:30 Trivia 12:30 Daily Devotion ***1:00 Arts Class w/ Howard -2000's*** 7:00 Relaxing Music	**3** 9:45 Sit N Be Fit 10:00 Catholic Service ***10:30 Trivia*** 1:00 Manicures & Rhythm 2:00 Bingo & Snacks 7:00 Soothing Melodies	**4** ***10:00 Dance Therapy*** 10:30 Balloon Volleyball 1:00 Polish & Pamper 2:00 Sweet Treat Mix **3:00 Turkey Trivia** 6:00 Music Melodies	**5** 9:45 Sit N Be Fit ***10:30 Word Search -2000's*** 12:30 Scenic Tour 2:00 Ice Cream Social 7:00 Calming Music	**6** 9:45 Sit N Be Fit ***10:30 Ballroom Dancing*** 1:00 Sponge Painting 3:00 Trivia 7:00 Johnny Carson Marathon	**7** 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Word Search 6:00 Classical Music
8 9:30 Christian Worship Hour 10:30 Noodle Ball 1:00 Finish the Phrase 2:00 Laughs w/ Snacks 3:00 Couch Potato Hour 6:00 Music for the	**9** 9:45 Sit N Be Fit ***10:00 Rhythm & Recall*** 12:30 Daily Devotion (Veterans Day Flag Ceremony)	**10** 9:45 Sit N Be Fit ***10:00 Catholic Service*** 10:30 Parachute Ball 1:00 Nail Care ***3:00 Big Kerplunk*** 7:00 Music Meditation	**11** 9:45 Sit N Be Fit 10:30 Singalong (Patriotic) 1:00 Red White & Blue Snacktivity ***2:00 Flag Painting*** 7:00 Relaxing Music	**12** 9:45 Sit N Be Fit ***10:30 Karaoke – 2000's*** 12:30 Scenic Tour ***2:00 Ice Cream Social*** 7:00 Music Melodies	**13** 9:45 Sit N Be Fit 10:30 Button Sorting 1:00 Back Porch w/ Friends ***3:30 Coloring w/ Friends*** 7:00 Leave it to Beaver	**14** 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Crossword 6:00 Classical Music
15 9:30 Sunday Mass w/ Luke 10:30 Noodle Ball 1:00 Short Story Time 2:00 Laughs w/ Snacks 3:00 Couch Potato Hour 6:00 Music for the Soul	**16** 9:45 Sit N Be Fit 10:30 Big Bowling 12:30 Daily Devotions ***2:00 2000's Coloring Pages*** 7:00 Relaxing Music	**17** 9:45 Sit N Be Fit 10:00 Catholic Service ***1:00 Men's Spa Day*** 2:00 Snacks & Nature Stories 3:00 Big Kerplunk Game	**18** ***10:00 Dance Therapy*** 1:00 Disney Movie Time ***2:00 Snacktivity (Apple Nachos)*** 2:30 Mocktails w/ Mary 7:00 Classical Music	**19** 9:45 Sit N Be Fit ***10:30 Traveling to 2000's*** 12:30 Daily Devotion 1:00 Thanksgiving Movie 2:00 Ice Cream & Bingo 7:00 Relaxing Music	**20** 9:45 Sit N Be Fit ***10:30 Ballroom Dancing*** 1:00 Finish the Phrase 2:00 Happy Hour w/ Tina 7:00 Carol Burnett Marathon	**21** 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Word Search 6:00 Classical Music
22 9:30 Elevation Church 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Couch Potato Hour 6:00 Music for the Soul	**23** 9:45 Chair Exercise 12:30 Daily Devotions ***1:00 Making Turkey Sandwiches*** 3:30 Trivia 7:00 Music Melodies	**24** 9:45 Sit N Be Fit ***10:00 Catholic Service*** 10:30 Singing w/ Friends 1:00 Nail Care 3:00 Junk Drawer Detective 7:00 Movie Matinee	**25** 9:45 Sit N Be Fit ***1:00 Craftsw/ Zmira*** 2:00 Happy Hour w/ Deo 3:30 Trivia 7:00 Music Meditation	**26** • HAPPY THANKSGIVING	**27** 9:45 Sit N Be Fit ***1:00 Pet Therapy*** 2:00 Back Porch w/ Friends ***3:30 Coloring w/ Friends*** 7:00 Puzzle Time	**28** 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Crossword 7:00 Classical Music
29 10:00 This Day in History 1:00 Trivia w/ Friends 2:00 Snacks w/ Laughs 3:00 Daily Chronicles 6:00 Movie (Resident's Pick)	**30** 9:45 Sit N Be Fit 10:30 Finish the Phrase 1:30 Daily Devotions 3:00 Bingo 7:00 Relaxing Music					