

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Memory Care				1 9:45 Sit N Be Fit 10:30 Big Kerplunk 1:00 Junk Drawer Detective 1:30 Scenic Tour 6:00 Movie Matinee (Resident's Choice)	2 9:45 Sit N Be Fit 10:30 Ballroom Dancing 1:00 Crafts w/ Beth 2:00 Big Bowling 6:00 Music Meditation	3 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Word Search 6:00 Classical Music Simchat Torah Begins
4 10:00 This Day in History 1:00 Trivia w/ Friends 2:00 Snacks w/ Laughs 3:00 Daily Chronicles 6:00 Movie (Resident's Pick)	5 9:45 Sit N Be Fit 12:30 Daily Devotions 1:00 Art Class w/ Howard -90's 2:00 Let's Have Homemade Cookies 3:00 Daily Chronicle 6:00 Relaxing Music	6 9:45 Sit N Be Fit 10:00 Catholic Service 1:00 Manicures 2:00 Pumpkin Carving 3:00 Junk Drawer Detective 6:00 Music Melodies	7 10:00 Dance Therapy 10:00 Balloon Volleyball 1:00 Bingo 2:00 Snacktivity (Apple Muffins) 6:00 Music Meditation	8 9:45 Sit N Be Fit 10:30 Puzzle Time 1:30 Scenic Tour 2:30 Bingo 3:30 Big Kerplunk 6:00 Calming Music	9 9:45 Sit N Be Fit 10:30 Finish the Phrase 1:00 Karaoke Kraze -90's 2:00 Parachute Ball 6:00 Sentimental Music	10 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Crossword 6:00 Classical Music
11 9:30 Elevation Church 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Couch Potato Hour 6:00 Music for the Soul	12 9:45 Sit N Be Fit 10:00 Rhythm & Recall 12:30 Daily Devotions 2:00 Bible Study (Library) 3:00 Name That Song 6:00 Relaxing Music Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:45 Sit N Be Fit 10:00 Catholic Service 10:30 Big Kerplunk 1:00 Nail Care 2:30 Chats & Snacks 6:00 Calming Music	14 9:45 Sit N Be Fit 10:00 Parachute Ball 1:00 Bingo -AL 2:00 Snack & Apple Cider Social 6:00 Relaxing Music	15 9:45 Sit N Be Fit 10:30 Crossword -90's 1:30 Scenic Tour Through Sanford 2:00 Hot Chocolate Social 6:00 Calming Music	16 9:45 Sit N Be Fit 10:30 Ballroom Dancing 1:00 Halloween Painting 3:30 Happy Hour w/ Tina -90's 6:00 Movie Matinee	17 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Word Search 6:00 Classical Music
18 9:30 Sunday Mass w/ Luke 10:30 Noodle Ball 1:00 Trivia 2:00 Laughs w/ Snacks 3:00 Couch Potato Hour 6:00 Music for the Soul	19 9:45 Sit N Be Fit 10:30 Finish the Phrase 12:30 Daily Devotions 1:00 1990's (Video Recap) 2:00 Bible Study (Library) 3:00 Iced Tea Social 6:00 Relaxing Music	20 9:45 Sit N Be Fit 10:00 Catholic Service 11:00 Manicures 2:00 Fall Reminisce 3:00 Learning Speak 2 6:00 Music Melodies	21 9:45 Sit N Be Fit 10:00 Dance Therapy 1:00 Snacking on Apples 1:00 Pumpkin Painting 3:30 Trivia 6:00 Music Meditation	22 9:45 Sit N Be Fit 10:00 Balloon Volleyball 1:00 Birthday Bash 2:00 Ukelele Drifter 6:00 Relaxing Music	23 9:45 Sit N Be Fit 1:00 Make Fall Suncatchers 2:00 Bingo 3:00 Daily Chronicles 6:00 Movie Matinee	24 10:00 Sit N Be Fit 1:30 Daily Chronicles 2:00 Snacks N Chats 3:00 Crossword 6:00 Classical Music
25 9:30 Sunday Worship w/ Joel Osteen 1:00 Trivia 2:00 Soft Music w/ Snacks 3:00 Couch Potato Hour 6:00 Music for the Soul	26 9:45 Sit N Be Fit 10:30 Finish the Phrase 12:30 Daily Devotion 1:00 Root Beer Float Social 2:00 Bible Study (Library) 3:00 Finish the Phrase 6:00 Relaxing Music	27 9:45 Sit N Be Fit 10:00 Catholic Service 1:00 Hand Care 2:00 Bingo & Snacks 6:00 Let's Watch Johnny Carson	28 9:45 Sit N Be Fit 10:30 Ball Toss 1:00 Snacktivity 2:00 Mooovin N Groovin w/ Zmira 3:30 Trivia 6:00 Music Meditation	29 9:45 Sit N Be Fit 10:00 Big Bowling 1:30 Scenic Tour Around Town 1:00 Birthday Bash 6:00 Relaxing Music	30 9:45 Sit N Be Fit 1:00 Pet Therapy 2:00 Back Porch w/ Friends 3:30 Coloring w/ Friends 6:00 Puzzle Time	31  Halloween

ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO RESIDENT’S NEEDS ☺